



**Kent State University
Master of Science/Dietetic Internship
Program Handbook**



**School of Health Sciences
Kent State University
Dietetic Internship Class XXI
August 2024**

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Kent State University
Master of Science/Dietetic Internship
(KSU MS/DI)
Program Handbook

Part I: Program Information

Kent State University

Master of Science/Dietetic Internship Program

The Kent State University Master of Science/Dietetic Internship program is housed under the College of Education, Health, and Human Services and is offered by the Department of Nutrition and Dietetics in the School of Health Sciences.

Mission

The Kent State University's Master of Science in Nutrition/Dietetic Internship Program is dedicated to providing advanced professional education, broadening intellectual perspectives, and promoting ethical professional practice based on humanitarian values. At Kent State University, a major focus is to foster a learning environment where students and interns are taught to respond to social, cultural, intellectual, and technological challenges. In addition, emphasis is placed on the development of skills for continuing professional development and enhanced ability, including leadership, to respond to the versatile demands of the dietetics profession.

The program at Kent State University is designed to prepare dietetic interns to become entry-level Registered Dietitian Nutritionists (RDN) with the added strength of a Master of Science in Nutrition. Throughout the 21-month program, interns will be provided with a professional and academic environment in which to develop the skills needed to become competent in the areas of nutrition therapy, community dietetics, management, business, and leadership.

Accreditation

The Kent State University Dietetic Internship is fully accredited by the Accreditation Council for Education in Nutrition and Dietetics (ACEND) of the Academy of Nutrition and Dietetics, 120 South Riverside Plaza, Suite 2000, Chicago, IL 60606-6995, 312/899-5400. Website: <https://www.eatrightpro.org/acend>

Kent State University Master of Science/Dietetic Internship Program Program Goals and Measurable Objectives

Program Goal 1: To prepare program graduates to practice as competent entry-level Registered Dietitian Nutritionists (RDN).

Program Goal 1 Objectives:

- *At least 80% of program interns complete program/degree requirements within 31-months.*
- *Of graduates who seek employment, 80% are employed in nutrition and dietetics or related fields within 12 months of graduation.*
- *80% of program graduates take the CDR credentialing exam for dietitian nutritionists within 12 months of program completion.*
- *The program's one-year pass rate (graduates who pass the registration exam within one year of first attempt) on the CDR credentialing exam for dietitian nutritionists is at least 80%.*
- *At least 80% of responding employers will rate graduates as competent (i.e. a score of 3 or > on a scale of 1-5) for entry-level practice when surveyed one-year post graduation.*
- *At least 80% of responding graduates will rate that they felt prepared (i.e. a score 3 or > on a 1-5 scale) when surveyed one-year post graduation.*

Program Goal 2: To develop program graduates to be entry-level Registered Dietitian Nutritionists (RDN) that utilize their foundation of knowledge and skills in leadership.

Program Goal 2 Objectives:

- *At least 80% of interns will identify an increased knowledge base of leadership (using a YES/NO scale) during the internship when surveyed using the End Internship Program Evaluation.*
- *At least 80% of interns will affirm (using a YES/NO scale) that they have utilized their leadership knowledge (that they obtained during the internship) in one or more professional settings during the internship when surveyed using the End Internship Program Evaluation.*
- *At least 80% of responding graduates will affirm (using a YES/NO scale) that they have utilized their leadership knowledge (that they obtained during the internship) in one or more professional settings post internship when surveyed one-year post graduation.*
- *At least 80% of responding employers will rate 3 or > in response to graduates exhibiting leadership skills in the practice setting when surveyed one-year post graduation.*

Kent State University

Master of Science/Dietetic Internship Program

Requirements and Schedule

The following outline represents the schedule and sequence of classes leading to a Master of Science in Nutrition and Dietetics and completion of the requirements for the Dietetic Internship. Please refer to the Nutrition & Dietetics Graduate Handbook and the Kent State University Graduate Schools Catalog for additional information such as course descriptions and graduation requirements. Refer to the Kent State University Schedule of Classes for course registration information for each semester.

Program Requirements

The Kent State University Master of Science in Nutrition/Dietetic Internship Program is completed in 43 credit hours. The program is usually finished in 4 semesters and one summer semester. The Kent State University Master of Science/Dietetic Internship Program follows the Kent State University Academic Calendar which can be found at <https://www.kent.edu/academic-calendar>. The supervised practice component of the program must be completed within 31 months of the start of the program; exceptions to this requirement must be approved by the internship faculty.

Upon completion of the 21-month program and all degree requirements, graduates will receive a Dietetic Internship Verification Statement, documenting completion of the internship requirements and will be eligible to take the CDR Credentialing exam for dietitian nutritionists. In addition, program graduates will have completed the requirements for the Master of Science degree and will receive a Master of Science from Kent State University.

Assessment of Prior Learning and Credit Toward Program Requirements:

The Combined KSU/Dietetic Internship Program does not award credit from previous experience(s) toward the total hours required for the internship.

Remote/Virtual Supervised Practice Experience Requirements:

Interns placed in supervised practice experiences that are virtual will be required to have a minimum of a personal laptop and internet access. The Dietetic Internship Program Director will work with the virtual rotation site to determine specific intern requirements for the experience. The Dietetic Internship Program Director will also ascertain that the intern meets the requirements needed prior to placing them in a remote experience. Onsite placements will be available for interns who do not meet the requirements for a virtual experience.

All online testing is conducted using the Canvas learning system through Kent State which necessitates a user name/password for intern identity verification.



Program Requirements
Master of Science/Dietetic Internship

Dietetic Internship Supervised Practice Requirements

Rotation Emphasis Areas

1550 Required Hours

Experiences for all weeks listed include a total of 24 hours/week, usually Monday, Wednesday, and Friday except for the Hospital Clinical Experience which is completed full-time, usually M-F for 12 weeks.

I. Community (12 weeks)	288 Hours
Renal (5 weeks)	
Outpatient Nutrition Clinic/WIC (4 weeks)	
School (3)	
II. Business (5 weeks)	120 Hours
III. Management (15 weeks)	368 Hours
Food Service Management (12 weeks)	
- Hospital (9 weeks)	
- School (3 weeks)	
Clinical Nutrition Management (3 weeks and 1 day or 10 days)	
V. Clinical (16 weeks)	576 Hours
Hospital (12 weeks Full Time)	
Long Term Care (4 weeks)	
VI. Elective Rotations (6 weeks)	144 Hours
VII. Internship Orientation	40 Hours
VIII. Pediatric Seminar (2 days)	14 Hours

KSU Dietetic Internship Supervised Practice Experiences

Food Service Management – 288 Total Hours

Food Service Management is completed in 288 hours. The experiences are completed over 12 weeks during the academic semesters by working 24 hours per week.

The Food Service Management experiences include the following:

Hospital Food Service Management	216 hours (9 weeks)
School Food Service Management	72 hours (3 weeks)

Clinical Nutrition Management - 80 Total Hours (10 days)

Clinical Nutrition Management rotations are completed in 80 hours during the academic semesters by working 8 hours per day for 10 days. The Clinical Nutrition Management experience is usually completed in the hospital setting.

Community – 288 Total Hours

Community rotations are completed in 288 hours during the academic semesters. Interns work for 24 hours per week for 12 weeks.

The required Community experiences include the following:

Outpatient Nutrition Clinic/WIC	96 hours (4 weeks)
Dialysis Center	120 hours (5 weeks)
School Nutrition Education	72 hours (3 weeks)

Clinical Nutrition Therapy - 576 Total Hours

Clinical Nutrition Therapy rotations are completed in 576 hours during the academic semesters and during the summer. During one summer, interns work full-time at a major medical center for 12 weeks (480 hours) and complete Pediatrics, Medicine, Surgery, Critical Care, and Geriatric supervised practice experiences.

Clinical dietetic rotations in Long Term Care facilities are completed in 96 hours during the academic semesters. The intern works 24 hours per week for 4 weeks at a long term care facility.

Business - 120 Total Hours

Business experiences include 120 hours during the academic semesters. The intern works 24 hours per week for 5 weeks in business supervised practice experiences.

The Business experience will include sales, marketing, food distribution, food delivery services, and/or other aspects of the business sector as appropriate for the organization.

Possible rotations include:

- Dietitians in Private Practice
- Wellness/Recreation Programs
- Employee Wellness Programs
- Organizations that are expanding Nutrition Services

Electives - 144 Total Hours

Interns select 144 hours (6 weeks) during the academic semester to complete elective rotations.

Optional International Elective Practice Experience - Kent State University is approved from the Accrediting Council for Education in Nutrition and Dietetics to offer an International Elective Option. At this time, Kent State University does not have international elective experiences available to program interns.

The following are possible additional optional elective rotations:

- | | |
|--------------------------|------------------------------------|
| -Performance Nutrition | -Telehealth |
| -Beef Council | -KSU Athletics |
| -Dairy Council | -Dietitians in Private Practice |
| -Wellness Programs | -Media |
| -Functional Medicine | -Institute for Child Nutrition |
| -Integrative Medicine | -Academy of N & D National Meeting |
| -KSU Nutrition Outreach | -Head Start |
| -Outpatient Oncology | -Health Department |
| -Sustainability | -Legislation |
| -Journalism Experience | -Food Bank |
| -Bariatric Nutrition | -Outpatient Eating Disorders |
| -Pediatric Diabetes Camp | -Outpatient Weight Management |

***Other organizations as approved by
Program Director

Program Requirements for KSU MS/Dietetic Internship

Master of Science Degree Requirements (43 Hours)

Master of Science Core Requirements: Credit Hours

NUTR	61016	Research Methods in Nutrition I	3.0
NUTR	61017	Research Methods in Nutrition II	3.0
NUTR	63519	Advanced Study of Micronutrients	3.0
NUTR	63520	Macronutrient Nutrition	3.0
NUTR	63521	Nutrition in Disease: Clinical Application	3.0

Additional Core Requirements for Master of Science/Dietetic Internship:

NUTR	63522	Communication: Management and Professionalism in Nutrition	3.0
NUTR	63525	Dietetic Practice Seminar: Community	1.0
NUTR	63526	Dietetic Practice Seminar: Management	1.0
NUTR	63527	Dietetic Practice Seminar: Clinical	1.0
NUTR	63592	Dietetic Internship	10.0

Supporting Courses:

Thesis Option*

NUTR	63199	Thesis I	6.0
In consultation with advisor, select 6.0 hours as elective courses			6.0

OR

Masters Project Option**

NUTR	61198	Masters Project	6.0
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In consultation with advisor, select 6.0 hours as elective courses 6.0

Electives:

Select at least six credits from the following graduate nutrition classes:

NUTR	51093	Workshop in Nutrition (1-3)
NUTR	51095	Special Topic (1-4)
NUTR	51096	Individual Investigation in Nutrition (1-3)
NUTR	53013	Research and Statistical Methods in Nutrition and Dietetics (3)
NUTR	53016	World Food Customs (3)
NUTR	53030	Food Service Systems Management (3)
NUTR	53515	Community Nutrition (3)
NUTR	53518	Lifecycle Nutrition (3)
NUTR	53520	Sports Nutrition (3)
NUTR	53522	Integrative and Functional Nutrition (2)
NUTR	53532	Methods and Experiences in Nutrition Outreach (3)
NUTR	61098	Research in Nutrition (1-6)
NUTR	63591	Nutrition Seminar (2-3) (Max 3 credits towards degree)
NUTR	63524	Perspectives on Prevention and Practice in Community Nutrition (3)

Other courses can be selected from clearly related graduate courses, as approved by graduate faculty.

Thesis/Masters Project

Students can select a Thesis or a Master Project Option.

A total of 6 credits must be taken for either the Thesis or Master Project option. These credits can be taken one semester or divided into two semesters. Interns need to be careful to meet the deadlines for requirements of either option that are provided by the College of Education, Health, and Human Services, so they can graduate on time. Interns should communicate questions and progress toward program completion with their advisor.

*The Thesis option is intended to provide students with the opportunity to conduct original research. Approval of a thesis proposal by the student's thesis committee is required, as is the successful completion of an oral examination conducted by the thesis committee. If the intern has completed a total of 6 credits of Thesis I, the intern will be required to sign up every semester until graduating for NUTR 63299 Thesis II.

**The Masters Project Option is intended for students approaching research in a more applied manner. For this option, approval of the intended project by the student's Masters Project committee is required, as is the successful completion of an oral final examination conducted by the committee.

Program Schedule for Master of Science/Dietetic Internship

Dietetic Internship/Class Schedule

(Sequence may vary depending on Academic Year)

Term	Course Number	43 Credit Hours
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Fall I Semester (2023)

NUTR 63519	Advanced Study of Micronutrients	3.0
NUTR 63526	Dietetic Practice: Community	1.0
NUTR 63592	Dietetic Internship	2.0
NUTR 63522	Communication: Management and Professionalism In Nutrition	3.0

Spring I Semester (2024)

NUTR 61016	Research Methods in Nutrition 1	3.0
NUTR 63521	Nutrition and Disease: Clinical Applications	3.0
NUTR 63520	Macronutrient Nutrition	3.0
NUTR 63527	Dietetic Practice: Clinical	1.0
NUTR 63592	Dietetic Internship	2.0

Summer Semester (2024)

NUTR 63592	Dietetic Internship	4.0
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Fall II Semester (2024)

NUTR 61017	Research Methods in Nutrition II	3.0
NUTR 63525	Dietetic Practice: Management	1.0
NUTR 63592	Dietetic Internship	2.0
NUTR 61198	Master Project or NUTR 63199 Thesis	3.0
	*Graduate Nutrition Elective	3.0

Spring II Semester (2025)

NUTR 61198	Master Project or NUTR 63199 Thesis	3.0
	* Graduate Nutrition Elective	3.0

Select at least six *Elective credits from the following graduate nutrition classes:

**Other courses can be selected from clearly related graduate courses, as approve by graduate faculty.*

NUTR	51093	Workshop in Nutrition (1-3)
NUTR	51095	Special Topic (1-4)
NUTR	51096	Individual Investigation in Nutrition (1-3)
NUTR	53013	Research and Statistical Methods in Nutrition and Dietetics (3)
NUTR	53016	World Food Customs (3)

NUTR	53030	Food Service Systems Management (3)
NUTR	53515	Community Nutrition (3)
NUTR	53518	Lifecycle Nutrition (3)
NUTR	53520	Sports Nutrition (3)
NUTR	53522	Integrative and Functional Nutrition (2)
NUTR	53532	Methods and Experiences in Nutrition Outreach (3)
NUTR	61098	Research in Nutrition (1-6)
NUTR	63591	Nutrition Seminar (2-3) (Max 3 credits towards degree)
NUTR	63524	Perspectives on Prevention and Practice in Community Nutrition (3)

Kent State University Master of Science/Dietetic Internship Estimated Program Costs (subject to annual update)

Listed approximate costs for the 21-month program include: Please note that the below costs are approximate and may change during the course of the program.

Tuition and Fees:

\$23,048 In-state Resident (\$536/credit hour)
\$42,957 Out-of-state Resident (\$999/credit hour)

**Financial Aid and Scholarships are available through University Office of Scholarships and Financial Aid at: <https://www.kent.edu/financialaid>*

**The KSU Combined MS/DI Program does not offer stipends to dietetic interns.*

Room:

\$18,775-\$20,990 Average on-campus double
(\$3,755-\$4,198/semester)
\$21,265-\$22,915 Average on-campus single (\$4,253-\$4,583/semester)

****Please note:** off-campus housing is available near campus. Area apartments rent for approximately \$300-600 per month.

Professional Liability Insurance:

~\$26/year (please choose the \$2 M per incident-\$5 M aggregate coverage)
Please visit www.proliability.com to learn More and register.

Program Application fees:

\$45 (Graduate Program)

Medical Insurance (Through KSU): (graduate student only, estimates)

\$2,313 for 12 months
\$1099 for Fall semester only
\$1,213 for Spring/Summer semester only
\$617 for Summer semester only

****** Please visit <https://www.kent.edu/uhs/student-health-insurance-plan> for more information

******Students enrolled in the KSU student health program can elect to enroll on a per semester basis or can enroll for a full 12 months, beginning August 21st of each year.

****Prices subject to change each academic year.**

Physical Examination*

~\$25 (appointment required, DeWeese Health Center, 330-672-2322)

Hepatitis B Vaccinations

~\$219 total (\$73 per shot) for series of 3 shots (1st shot, 2nd shot 1 month later, last shot 5 months after the 2nd shot)

TB Testing

\$18 (\$9 each; given one week apart)

(must have 2-Step PPD by start of rotations)

***** The physical, Hep B, and TB are quoted as self-pay rates only through the DeWeese Health Center. If choose to use insurance, please note that price may be different. Prices are estimates only and may be subject to change.***

Lab coat, books, meetings, etc.:

\$650+

This includes a few required assignments during the internship that have nominal fees that will be your responsibility to cover. These include attending two local dietetic association meetings (student membership to local dietetic organizations typically cost \$10-15 per year).

Intern Name Tag: ~\$15.00

All interns will be required to purchase a Kent State University name plate during orientation. Name tags are to be worn to all practice site experiences.

The Academy of Nutrition & Dietetics Student Membership

\$58 per year (apply on line at eatright.org)

Criminal Background Check

Ohio Criminal Background Check (BCI) and Federal Background Check both required on an annual basis.

Locations in the state of Ohio that can administer background checks can be found at:

<https://www.ohioattorneygeneral.gov/Business/Services-for-Business/WebCheck/Webcheck-Community-Listing>

**It will be key check the site availability/hours prior to scheduling a time to visit*

**Costs/items needed may vary from site to site: Please check before you go*

IMPORTANT: Please use Fingerprint Code- 4759 061(State of Ohio Medical Board-Initial License as a Dietitian) It will be imperative that you request that the results sent to your home address or to DI Director at the following address:

***Kent State University
School of Health Sciences
ATTN: Emily Baker
100 Nixson Hall
Kent, Ohio 44242***

Drug Screening

~\$22

Only a few sites require drug screening (10 panel); can be done through appointment at the University Health Services Center, 330-672-2322; sometimes required to be completed on site

Parking

~\$225/year, not including summer; Parking Services, Michael Schwartz Building;
330-672-4432 or <https://www.kent.edu/parking>

Auto Insurance/Transportation:

Auto insurance and transportation-related costs are not included in the total costs outlined above. Interns will need to provide their own auto insurance and transportation to and from affiliate sites. Most, if not all, site placements will not have access to public transportation.

Kent State University Student Support Services

Kent State University provides students with a wide range of accessible supportive services available without charge.

Academic Success Center for Undergraduate Excellence: The Academic Success Center is KSU's basic skills program. Reading Skills: Comprehension development, textbook reading techniques, developmental reading courses. Math Skills: Tutoring for particular classes. Writing Skills: Writing skills development, tutoring.
114/169 Center for Undergraduate Excellence (330) 672-3190 <https://www.kent.edu/asc>

Bursars Office can assist with the payment of tuition bills. Schwartz Center, room 131
330-672-2626. <https://www.kent.edu/bursar>

Career Exploration and Development Center provides career counseling, placement and credential services, and on-campus recruiting programs for KSU students and alumni seeking employment. Some of the services provided by the Placement Center are a computerized job/applicant retrieval system, resume writing clinics, interviewing techniques workshops, and evening drop-in sessions. Michael Schwartz Center Suite 261. 330-672-2360.
<https://www.kent.edu/career>

Center for Student Involvement oversees the registration and operation of many extra-curricular activities, including social service, political, religious, cultural, athletic, and general recreational student organizations. Room 227 Kent Student Center. 330-672-2480.
<https://www.kent.edu/csi/contact-information>

Commuter and Off-Campus Student Organization provides rental and parking information and helps off-campus students become involved in campus activities.
227 Kent Student Center. 330-672-3768 <https://www.kent.edu/csi/commuter-and-campus-student-organization>

Counseling and Human Development Center offers individual, couple, family, child and group counseling for developmentally-related concerns as well as help with personal and social adjustment 325 White Hall. 330-672-2208. <https://www.kent.edu/hr/university-counseling>

Department of Recreational Services provides Kent State University students with numerous recreational, fitness, and wellness opportunities. The Student Recreation and Wellness center includes a 35-foot indoor climbing wall, three mile pool natatorium, sports arena, 1/7th mile suspended indoor jogging track, full service fitness and wellness suite, and healthy choice cafe. 1550 Ted Boyd Dr., 330-672-4732. <https://www.kent.edu/recwell>

Division of Diversity, Equity and Inclusion ensures the effective translation of diversity themes into policies, procedures, programs and practices. 330-672-2442.
<https://www.kent.edu/diversity>

****Education, Health and Human Services (EHHS) Graduate Student Services** can answer questions about credits for graduation and houses permanent student files in 418 White Hall. Phone: 330-672-2576 or <https://www.kent.edu/ehhs/ogs>

Information Technology Kent State Student TechHelp Service and Repair Center provides in person support for personal computers, laptops and mobile devices. Services include hardware repair/installation/part ordering, virus/spyware removal, iPad service, and data recovery. It can also assist with troubleshooting of software and operating systems as well as network, wireless and log in support. Service and Repair Center Located- Tri Towers Rotunda 330-672-HELP. <https://www.kent.edu/it/techhelp>

Libraries and Media Services The Kent State University Libraries, a member of the Association of Research Libraries and a selective depository library since 1962, has one of the major research collections in Northeast Ohio with holdings of over 2 million volumes. www.library.kent.edu , 330-672-3456.

Office of Scholarships and Financial Aid The Office of Scholarships and Financial Aid assists in understanding the financial aid process. This office also coordinates the awarding of all scholarships, grants, loans and work-study funding for Kent State University. University Library, First Floor. <https://www.kent.edu/financialaid>

One Stop for Student Services One Stop is an all in one service for student at Kent State University for information on financial aid, scholarships, billing, payment, student records, academic transcripts, and financial wellness. University Library, First Floor 330-672-6000 <https://www.kent.edu/onestop>

Parking and Transit Services provides parking permits and campus parking information. 123 Michael Schwartz Center, 330-672-4432, <https://www.kent.edu/parking>

Psychological Clinic offers a wide range of psychological services, including testing, and long and short-term therapy for individuals, couples, children and families. 600 Hilltop Dr., 330-672-2166. <https://www.kent.edu/psychology/clinic>

Residence Services. Graduate Student Housing provides assistance with graduate student housing. 330-672-7000. 1425 Petrarca Dr. <https://www.kent.edu/housing/departments-residence-services>

Student Accessibility Services provides assistance to the physically disabled and liaison services to community and state rehabilitation agencies. 1125 Risman Dr. University Library Suite 100, 330-672-3391. <https://www.kent.edu/sas>

University Office of Scholarship and Financial Aid provides information, applications, and counseling for financial aid, scholarships and student employment concerns. University Library First Floor . 330-672-6000. <https://www.kent.edu/financialaid>

***University Health Services** provides no-cost medical services for all students, on and off campus, as well as low-cost infirmary and pharmacy facilities. DeWeese Health Center 1500 Eastway Dr., 330-672-2322, <https://www.kent.edu/uhs>

University Psychological Services provides confidential mental health services, including individual and group counseling, crisis intervention and personal growth groups. The staff of psychologists and counselors is available by appointment or on an emergency only walk-in basis. DeWeese Health Center 1500 Eastway Dr.. 330-672-2487
<https://www.kent.edu/caps>

Women's Center exists to facilitate the advancement of and to enhance the quality of educational experience and professional life for women students, faculty and staff of all campuses. The Women's Center serves as a resource for advocacy by providing education, information, and referral programs and services. Williamson House 1200 E. Main St. 330-672-9230. <https://www.kent.edu/womenscenter>

The Writing Commons aids students having difficulty with writing assignments in any subject area. 418 University Library. 330-672-1787 <https://www.kent.edu/writingcommons>

****All Kent State University students can use the Health Services at the University. **Graduate scholarships are available on a competitive basis each Spring semester.***