Kent State University Counselor Education and Supervision (CES) Program

Addictions Counseling Certificate Program (ACCP) Graduate/Post-Baccalaureate Certificate

https://www.kent.edu/ehhs/ldes/ces/addictions-counseling-certificate-program

Overview of the ACCP

- Housed in/sponsored by the Counselor Education and Supervision (CES) program at KSU
- Dr. Cynthia Osborn (cosborn@kent.edu), LPCC-S, LICDC, is the ACCP coordinator
- Offered to: (a) KSU graduate students enrolled in a behavioral sciences program, <u>and</u> (b) non-KSU students/in-career professionals (e.g., LPCs/LPCCs, social workers, recovery coaches, clergy) with a bachelor's degree or a graduate degree who desire to expand their expertise and credentials in addictions counseling
- Total training clock hours (195 hours of education) exceed the minimum training clock hours of 180 required by the Ohio Chemical Dependency Professionals Board (OCDPB; http://ocdp.ohio.gov) for eligibility as a licensed chemical dependency counselor (LCDC II, LCDC III or LICDC)
- 15-credit certificate for graduate/post-baccalaureate students
- Five CES courses taught/offered in-person/on-ground at the Kent campus
- If begun in the Fall semester, the ACCP can be completed in 12 months
- All ACCP credits for currently enrolled degree-seeking KSU students can be earned while pursuing their KSU degree
- Former KSU students or students currently enrolled in another university can transfer in only 6 credits toward the 15-credit ACCP

<u>Five-Course Sequence of the ACCP</u> (intended to be taken in the following 1-5 sequence):

- 1. **CES 6/77662: Foundations of Addictions Counseling**: offered in first half (7½ weeks) of Fall semester and Spring semester
 - Content in this course satisfies the 40 hours of education covering six defined content areas required for eligibility as a chemical dependency counselor assistant (CDCA Preliminary) in Ohio, an employable credential
 - Additional content area included in this course that is not required by the OCDPB is pharmacology (3 clock/training hours)
 - Required course for Clinical Mental Health Counseling (CMHC) master's degree students
- 2. CES 6/77664: Theories and Practices in Addictions Counseling: offered in second half (7½ weeks) of Fall semester
 - Theories and models of addiction (including public health and harm reduction, social learning, biological/medical, disease)
 - Further training in pharmacology/substance classification
 - Introduction to counseling procedures in addictions counseling (e.g., screening, assessment, diagnostic assessment) and recommended approaches (e.g., client-centered care), including several evidence-based practices (e.g., community reinforcement and family training, motivational interviewing, contingency management)

- 3. **CES 6/77665: Treatment Planning in Addictions Counseling**: offered in first half (7½ weeks) of Spring semester
 - Screening and assessment measures
 - DSM-5 criteria and diagnoses for substance use disorders
 - Further training in pharmacology, including medication assisted treatment (MAT)
 - The American Society of Addiction Medicine (ASAM) Criteria
 - Case conceptualization practices as basis for treatment planning
 - Defining relapse and methods for promoting maintenance
 - Legal and ethical considerations in treatment planning
 - Use of simulated clients in class to teach/learn specific practices
- 4. CES 6/77666: Evidence-based Practices in Addictions Counseling: offered in second half (7½ weeks) of every other Spring semester (odd years)
 - Approximately 6 evidence-based practices (EBPs) will be introduced, including community reinforcement approach, contingency management, mindfulness-based approaches, and coping skills training as part of cognitive-behavior treatment/therapy
 - Use of simulated clients in class to teach/learn specific practices
 - * CES 6/77668: Motivational Interviewing can be substituted for this course
- 5. **CES 6/77692: Practicum in Addictions Counseling**: offered over 10 weeks of Summer and, as needed, 15 weeks of Fall or Spring semester; can be taken for up to 6 credits (3 credits minimum)
 - Course content (15 education hours) covered during class sessions includes professional development practices, such as self-care and making use of supervision
 - Intended to be completed in a treatment facility that provides services to persons with substance use disorders
 - ACCP coordinator will identify and approve appropriate practicum sites in the NE Ohio area by working with current providers at treatment facilities
 - Practicum clock hours (315-525 clock hours, depending on number of credit hours [3-6] taken) will count toward 2,000 supervised practical experience clock hours required for LCDC II, LCDC III, and LICDC eligibility
 - 20% of total practice hours need to be in addiction-related services
 - a minimum of 220 clock hours total to complete practicum, hours that can be categorized in more than one of the 12 core functions of an addictions counselor
 - the OCDPB has no requirements for direct client contact minimum for the 2,000 practice experience hours
 - On-site supervisor will need to be licensed as a LICDC/LICDC-CS, LPCC-S, psychologist, or LISW
 - KSU CES School Counseling (SCON), Clinical MH Counseling (CMHC), and Clinical Rehabilitation Counseling (CLRC) students (and graduates of a CACREP-accredited master's or doctoral degree program who completed a practicum or internship in past 5 years) can substitute either their SCON, CMHC, or CLRC practicum or internship under certain conditions
 - KSU graduate students enrolled in another behavioral sciences program (minimum of 27 semester credit hours) that offers a practicum and/or internship can substitute their degree program practicum or internship under certain conditions
- * To apply to the graduate/post-baccalaureate certificate in addictions counseling, go to: https://www.kent.edu/admissions/apply