Career Exploration and Development

RESUME/LETTER WRITING Action Verbs Add Impact



261 Schwartz Center 330-672-2360 www.kent.edu/career

No one seeking employment should be without **carefully chosen action verbs to describe accomplishments**, **skills**, **and experiences** on their resumes and cover letters!

Administrative/Organizational Skills									
abbreviated	charted	continued	optimized	registered	submitted				
abolished	closed	coordinated	orchestrated	reorganized	summarized				
accomplished	distributed	deployed	ordered	repaired	supplied				
adjusted	edited	displayed	organized	replaced	supported				
administered	filed	gathered	outlined	rescheduled	systemized				
admitted	finalized	highlighted	planned	reserved	transcribed				
advanced	formalized	mapped out	prepared	retained	transformed				
arranged	collected	merged	prioritized	routed	updated				
bid	combined	monitored	processed	scheduled	upgraded				
categorized	condensed	normalized	produced	shipped	utilized				
changed	consolidated	operated	projected	streamlined	verified				
Communication/Helping Skills									
acknowledged	bestowed	debated	interviewed	partnered	renegotiated				
acquainted	briefed	discerned	introduced	persuaded	represented				
addressed	calmed	discussed	justified	presented	resolved				
advertised	collaborated	dispensed	listened	prescribed	responded				
advocated	communicated	diverted	marketed	promoted	sold				
aimed	contacted	elevated	mediated	propelled	spoke				
answered	contracted	emphasized	molded	proposed	unified				
appealed	conveyed	endorsed	motivated	provided	verbalized				
appealed arbitrated	cooperated	greeted	navigated	queried	Verbalized				
articulated	corresponded	influenced	negotiated	questioned					
articulated assisted	corresponded	interacted	participated	reconciled					
assisted	corroborated	interacted	participated	reconclied					
Creative Skills									
accentuated	developed	fashioned	innovated	perceived	renewed				
acted	devised	forged	inspired	performed	renovated				
catered	diversified	formed	integrated	positioned	reused				
composed	drafted	fortified	intensified	photographed	solidified				
conceived	enacted	founded	invented	pioneered	sparked				
conceptualized	engineered	illustrated	mastered	produced	specialized				
crafted	enhanced	imagined	minimized	proliferated	transformed				
customized	entertained	implemented	modeled	prospected	transitioned				
created	established	improvised	modified	realigned	trimmed				
derived	exhibited	individualized	optimized	rebuilt	wrote				
designed	extricated	initiated	originated	recycled					
Data/Financial Skills									
accounted for	analyzed	counteracted	exported	lowered	saved				
accumulated	anchored	cut	factored	liquidated	secured				
added	appraised	decreased	financed	maximized	selected				
adjusted	audited	documented	forecasted	measured	slashed				
bought	balanced	earned	furnished	projected	supplemented				
budgeted	budgeted	economized	garnered	processed	totaled				
calculated	catalogued	eliminated	generated	received	tracked				
certified	collected	entered	imported	recorded	transferred				
aligned	compared	estimated	increased	reduced	upgraded				
allocated	computed	expedited	insured	reviewed	yielded				
	counted	•	inventoried	revised	,				
altered		expended			yleided				

Action Verbs for Resumes and Letters

Management/Leadership Skills										
accomplished	chaired	demonstrated	executed	launched	regulated					
achieved	championed	designated	excelled	led	reinforced					
adjudicated	closed	determined	foresaw	leveraged	repositioned					
appointed	commanded	directed	governed	managed	restructured					
approved	commissioned	distinguished	headed	moderated	spearheaded					
attained	considered	dominated	housed	officiated	strategized					
attended	controlled	drove	hosted	orchestrated	supervised					
authorized	curtailed	elected	hired	oversaw	terminated					
brainstormed	critiqued	enforced	involved	presided	thwarted					
centralized	delegated	entrenched	joined	progressed	won					
			,	. •						
	Teaching/Training Skills									
adapted	conducted	empowered	handled	licensed	stimulated					
addressed	consulted	enabled	hired	mentored	studied					
advised	corrected	encouraged	implemented	observed	substantiated					
affirmed	counseled	evaluated	informed	oriented	taught					
captivated	debugged	explained	instilled	quizzed	trained					
cautioned	delivered	facilitated	instituted	recruited	tutored					
celebrated	demonstrated	fostered	instructed	rehabilitated	united					
clarified	educated	graded	interviewed	reinforced						
coached	employed	guided	lectured	serviced						
Technical/Research Skills										
ascertained	conceptualized	discovered	interpreted	rated	separated					
analyzed	conducted	examined	investigated	recaptured	solved					
applied	connected	experimented	located	reengineered	specified					
authenticated	constructed	explored	logged	researched	standardized					
built	converted	focused	manipulated	restored	surveyed					
capitalized	deciphered	generated	manufactured	resulted in	synthesized					
certified	decoded	hypothesized	piloted	retrieved	tested					
classified	defined	identified	pinpointed	revealed	troubleshot					
coded	detected	indicated	predicted	safeguarded	uncovered					
compared	diagnosed	inspected	procured	screened	upgraded					
complied	differentiated	installed	programmed	searched	validated					
Miscellaneous Skills										
accelerated	captured	effected	familiarized	overcame	revitalized					
acquired	catapulted	elicited	formulated	overhauled	sanctified					
administered	commercialized	endured	gained	perfected	satisfied					
aided	compelled	energized	graduated	proved	served					
assembled	completed	enlisted	halted	purchased	spearheaded					
assessed	concluded	ensured	honored	purified	strengthened					
assigned	conserved	exceeded	improved	qualified	succeeded					
assumed	crystalized	exercised	incorporated	raised	surpassed					
assured	decided	exhorted	judged	recognized	synergized					
augmented	detailed	expanded	masterminded	rejuvenated	targeted					
authored	doubled	exploded	maximized	remedied						
awarded	earned	extracted	obtained	returned						

Examples of action verbs in action ...

- "Achieved highest annual sales volume among 90 employees at retail store."
- "Provided network and desktop support to over 100 users across six departments."
- "Collaborated with co-workers to develop a semester teaching unit on culture, ethnicity, and identity."
- "Organized and facilitated two, in-service training programs for residence hall advisors."