



SUNDAY

Menus subject to change.

HOME

Dinner Chicken Alfredo (W,M), Penne Pasta (V,W), Roasted Broccoli (VG,GF), Breadsticks (S,W). [Calories 25-1,120]

VEGAN

Dinner Thai Coconut Curry (S,T(Coconut)), Jasmine Rice, Steamed Spiced Snap Peas, Stir Fry Bok Choy (SS). [Calories 40-385]

GLUTEN SOLUTION

Dinner Pot Roast (S), Garlic Blistered Green Beans, Mashed Sweet Potatoes (T (Coconut)), Fire Roasted Peppers & Sweet Corn, Gravy. [Calories 80-950]

GRILL

Dinner Grilled Marinated Chicken Sandwich (S,W,M), Hamburger (S), Grilled Cheese Sandwich (M,W,S), BBQ Pork Sandwich (W,S), Tater Tots (S), Lettuce, Tomato, Onion, Pickle. [Calories 5-2,770]

PIZZA

Dinner Cheese (V,M,W,S), Pepperoni (M,W,S), Veggie (V,M,W,S), Garlic Pizza (V,M,W,S). [Calories 290-410]

W – Contains Wheat
M – Contains Milk
SF – Contains Shellfish

S – Contains Soy
P – Contains Peanuts
SS – Contains Sesame

E – Contains Eggs
T – Contains Tree Nuts
F – Contains Fish

2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional Nutrition information available upon request.

Consuming raw or undercooked eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.



MONDAY

Menus subject to change.

HOME

Breakfast Croissant (V,M,W), English Muffin (VG,W), White Bagel (VG,W), Flour Tortilla (VG,W), Egg Patty (V,M,E), Cheddar Cheese (V,M), Ham, Bacon, Sliced Tomato, Pepper Jack Slice (V,M), Spinach, Sausage Patty, Sausage Gravy (M,W), Biscuits (V,M,S,W,E) [Calories 3-1753]

Lunch Chicken Fried Orange (S,SS,W), Khao Pad Fried Rice (S,SF), Chinese Style Green Beans, Ginger Bok Choy (S,SS), Egg Roll (S,W). [Calories 70-1150]

Dinner Salmon Grilled Cream Tomato Herb Sauce (F,M), Rice Brown Lemon and Herb, Roasted Potatoes, Vegetable Roasted Mediterranean. [Calories 60-640]

ROUND GRILL

Breakfast Scrambled Eggs (V,E), Sausage Links, Shredded Hash Browns, Bacon, Blueberry Pancake (V,E,W,S,M), Sausage Gravy (W,M), Biscuits (V,E,W,S,M), Plain Pancake (V,E,W,S,M), French Toast (V,E,W,S,M), Chocolate Chip Pancake (V,E,W,S,M). [Calories 80-1870]

Lunch /Dinner Philly Cheesesteak Bar; Beefy Philly Meat (GF), Chicken Philly Meat (GF), Hoagie Roll (W,S), Roasted Bell Peppers & Onions (VG,GF), Cheddar Sauce (S,V,M), Sliced Mushrooms, Banana Peppers, Pizza Sauce (S), Black Olives. [Calories 5-1280]

VEGAN

Breakfast Vegan Breakfast Sandwich (W,S), Vegan Sausage Patty (S,W), Vegan Scrambled Eggs. [Calories 100-670]

Lunch Vegan Chicken Philly; Chicken Gardein (W,S), French Fries (S), Bell Peppers & Onions Roasted, Hoagie Roll (W,S), Vegan Cheddar Cheese Slice, Vegan Chocolate Chip Cookie. [Calories 60-760]

Dinner Vegan Shepard’s Pie, Roasted Garlic Broccolini, Sugar Snap Peas & Baby Carrots, Peas Spicy (SS). [Calories 60-315]

GLUTEN SOLUTION

Breakfast Scrambled Eggs (E), Turkey Bacon, Pork Sausage Link, Potatoes O'Brien. [Calories 60-760]

Lunch Grilled Marinated Chicken Breast (S), Mashed Potatoes (S), Corn, Gluten Free Gravy. [Calories 5-435]

Dinner Pork al Pastor, Steamed Beans Green Spiced (VG), Pineapple Salsa (VG), Mexican Street Corn (M), Jasmine Rice (VG). [Calories 50-765]

GRILL

Lunch Grilled Marinated Chicken Sandwich (M,S,W), Hamburger (S), Grilled Cheese Sandwich (V,M,W,S), BBQ Chicken Nuggets (W,S), Shoestring Fries, Lettuce, Tomato, Onion, Pickle. [Calories 5-2,300]

Dinner Fried Chicken Sandwich (S,W), Turkey Burger (S), Grilled Cheese Sandwich (V,M,W,S), Turkey Burger with Pepper Jack (S,W,M), Shoestring Fries (S,W), Lettuce, Tomato, Onion, Pickle. [Calories 5-1635]

PIZZA

Lunch/Dinner Cheese (V,M,W,S), Pepperoni (M,W,S), Veggie (V,M,W,S), Mac & Cheese (V,M,S,W). [calories 290-1,310]

W – Contains Wheat
M – Contains Milk
SF – Contains Shellfish

S – Contains Soy
P – Contains Peanuts
SS – Contains Sesame

E – Contains Eggs
T – Contains Tree Nuts
F – Contains Fish

2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional Nutrition information available upon request.

Consuming raw or undercooked eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.



TUESDAY

Menus subject to change.

HOME

Breakfast Croissant (V,M,W), English Muffin (VG,W), White Bagel (VG,W), Flour Tortilla (VG,W), Egg Patty (V,M,E), Cheddar Cheese (V,M), Ham, Bacon, Sliced Tomato, Pepper Jack Slice (V,M), Spinach, Sausage Patty, Sausage Gravy (M,W), Biscuits (V,M,S,W,E). [Calories 3-1,753]

Lunch BBQ Pork, Food Truck Macaroni and Cheese (W,M), Hamburger Bun (W), Baked Beans (GF,F- Anchovy), Collard Greens (VG,GF). [Calories 25-1455]

Dinner Roasted Herb Pork Lion (GF), Spicy Steamed Green Beans (VG,GF), Herbed Mashed Potatoes (V,M), Mushroom Gravy (S). [Calories 25-570]

ROUND GRILL

Breakfast Scrambled Eggs (V,E), Sausage Links, Potatoes O’Brien (V), Bacon, Blueberry Pancake (V,M,S,W,E), Sausage Gravy (M,W), Biscuits (V,M,S,W,E), Plain Pancake (V,M,S,W,E), French Toast (V,M,S,W,E), Chocolate Chip Pancake (V,M,S,W,E). [Calories 60-1,850]

Lunch/Dinner Nacho Bar; Tortilla Chips, Cilantro Lime Rice, Mexican Rice (S), Taco Seasoned Tofu (VG,S), Turkey Taco Meat, Beef Barbacoa (W), Fajita Chicken, Black Beans, Refried Beans, Shredded Lettuce, Shredded Cheese (M), Nacho Cheese (M), Salsa, Sour Cream (M), Guacamole, Jalapenos. [Calories 5-1,775]

VEGAN

Breakfast Vegan Banana Pancakes (W,S), Vegan Sausage Patty (S,W), Tofu Scramble Pepper & Onion. [Calories 100-500]

Lunch Vegan Buffalo Chicken Mac and Cheese (W,S), Roasted Broccoli (GF), Roasted Asparagus (GF), Roasted Cauliflower (GF). [Calories 60-640]

Dinner Tofu Baked Gravy Mushroom (S), Roasted Lemon Parsley Red Potatoes (GF), Steamed Broccoli Florets (GF), Swiss Chard w/ Pine Nuts & Golden Raisins (T (Pine Nuts), GF). [Calories 40-550]

GLUTEN SOLUTION

Breakfast Scrambled Eggs (V,E), Pork Bacon, Turkey Sausage Patty, Spiced Diced Potato, Gluten Free Pancakes. [Calories 60-475]

Lunch Grilled Teriyaki Salmon (S,F), Roasted Cauliflower with Pecans (T (Pecans, VG), Broccoli Ginger & Garlic (VG), Lemon Herb Rice (VG). [Calories 90-470]

Dinner Blackened Chicken, Potatoes Red Rosemary Garlic, Honey Glazed Carrots (V,M), Maple Roasted Brussel Sprouts (M,V). [Calories 100-830]

GRILL

Lunch Fried Chicken Sandwich (S,W), Turkey Burger (S), Grilled Cheese Sandwich (V,M,W,S), Taquitos (W,S,E), Steak Fries (S), Lettuce, Tomato, Onion, Pickle. [Calories 5-1,355]

Dinner Grilled Marinated Chicken Sandwich (M,S,W), Hamburger (S), Grilled Cheese Sandwich (V,M,W,S), Nuggets (S,W), Steak Fries (S), Lettuce, Tomato, Onion, Pickle. [Calories 5-2,180]

PIZZA

Lunch/Dinner Cheese (V,M,W,S), Pepperoni (M,W,S), Veggie (V,M,W,S), Margarita (V,M,W). [Calories 290-1,120]

W – Contains Wheat
M – Contains Milk
SF – Contains Shellfish

S – Contains Soy
P – Contains Peanuts
SS – Contains Sesame

E – Contains Eggs
T – Contains Tree Nuts
F – Contains Fish



WEDNESDAY

Menus subject to change.

HOME

Breakfast Croissant (V,M,W), English Muffin (VG,W), White Bagel (VG,W), Flour Tortilla (VG,W), Egg Patty (V,M,E), Cheddar Cheese (V,M), Ham, Bacon, Sliced Tomato, Pepper Jack Slice (V,M), Spinach, Sausage Patty, Sausage Gravy (M,W), Biscuits (V,M,S,W,E) [Calories 3-1753]

Lunch Chicken Tender (W,S), Waffles (S,W,M), Peas & Carrots (VG,GF), Syrup. [Calories 40-690]

Dinner Noodle Chow Mein Pork (S,W,SS), Vegetables Stir Fry Seasoned (VG,GF,S), Broccoli with Sesame Garlic Sauce (S,SS), Egg Roll (S,W). [Calories 110-765]

ROUND GRILL

Breakfast Scrambled Eggs (V,E), Sausage Patty, Breakfast Spiced Potatoes (VG,GF), Bacon, Blueberry Pancake (V,M,S,W,E), Sausage Gravy (M,W), Biscuits (V,M,S,W,E), Plain Pancake (V,M,S,W,E), French Toast (V,M,S,W,E), Chocolate Chip Pancake (V,M,S,W,E). [Calories 80-1665]

Lunch Pasta Bar; Bowtie Pasta (VG,W), Alfredo (S,M), Marinara (S,VG), Bread Stick (W), Fajita Chicken, Yellow Onions, Green Peppers, Sliced Mushrooms, Fresh Spinach, Diced Tomato, Pesto, Parmesan Cheese (M), Whole Wheat Penne (VG,W). [Calories 5-1,815]

VEGAN

Breakfast Vegan Breakfast Burrito (W), Vegan Sausage Patty (S,W), Sweet Potato Tofu Hash. [Calories 100-860]

Lunch Vegan Chickpea Tacos (S,W), Brown Spanish Rice (GF), Vegan Mozzarella Cheese, Corn Tortilla, Spicy Peas (SS,GF), Vegan Chocolate Chip Cookie. [Calories 60-875]

Dinner Creole Red Beans & Rice, Blistered Green Beans w/Garlic (GF), Maque Choux (GF). [Calories 50-410]

GLUTEN SOLUTION

Breakfast Scrambled Eggs (E), Turkey Bacon, Sausage Patty, Triangle Hash Browns (S). [Calories 60-610]

Lunch Herb Marinated Grilled Flank Steak, Potatoes Red Roasted Lemon Parsley (VG), Peppers & Green Beans Roasted (VG), Roasted Asparagus (VG). [Calories 90-980]

Dinner Chicken Curry, Brown Rice Vegetable (V), Turmeric Roasted Cauliflower (VG), Carrots Roasted Cardamom (VG). [Calories 60-1205]

GRILL

Lunch Grilled Marinated Chicken Sandwich (M,S,W), Hamburger (S), Grilled Cheese Sandwich (V,M,W,S), Bacon Cheese Burger (S,W), House Made Chips (S,VG), Lettuce, Tomato, Onion, Pickle. [Calories 5-2420]

Dinner Fried Chicken Sandwich (S,W), Turkey Burger (S), Grilled Cheese Sandwich (V,M,W,S), Corn Dog (W,S,E), House Made Chips (VG,S), Lettuce, Tomato, Onion, Pickle. [Calories 5-1565]

PIZZA

Lunch/Dinner Cheese (V,M,W,S), Pepperoni (M,W,S), Veggie (V,M,W,S), Buffalo Chicken Pizza (M,S,W). [Calories 290-1120]

W – Contains Wheat
M – Contains Milk
SF – Contains Shellfish

S – Contains Soy
P – Contains Peanuts
SS – Contains Sesame

E – Contains Eggs
T – Contains Tree Nuts
F – Contains Fish

2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional Nutrition information available upon request.

Consuming raw or undercooked eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

HOME

Breakfast Croissant (V,M,W), English Muffin (VG,W), White Bagel (VG,W), Flour Tortilla (VG,W), Egg Patty (V,M,E), Cheddar Cheese (V,M), Ham, Bacon, Sliced Tomato, Pepper Jack Slice (V,M), Spinach, Sausage Patty, Sausage Gravy (M,W), Biscuits (V,M,S,W,E) [Calories 3-1753]

Lunch Pesto Baked Cod (W,F,M), Gemelli Artichoke Pasta (W,M), Garlic & Parmesan Roasted Cauliflower (V,M), Mediterranean Roasted Vegetables (VG,GF). [Calories 90-700]

Dinner Meatballs (M,S,W), Hoagie Roll (W), Marinara, Onion Rings (W,M,S), Coleslaw (E,S), Fire Roasted Peppers & Corn (VG). [Calories 45-875]

ROUND GRILL

Breakfast Scrambled Eggs (E,V,GF), Sausage Patty, Triangle Hash Browns (S), Bacon, Blueberry Pancake (M,S,W,E,V), Sausage Gravy (M,W), Biscuits (V,M,S,W,E), Plain Pancake (M,S,W,E,V), French Toast (M,S,W,E,V), Chocolate Chip Pancake (M,S,W,E,V). [Calories 80-1665]

Lunch/Diner Gyro Bar; Grilled Chicken Souvlaki (GF), Beef Gyro Slices (W,S), Pita Bread (W,VG), Tzatziki Sauce (M,GF), Hummus (VG,GF), Shredded Lettuce, Diced Red Onion, Kalamata Olives, Diced Cucumber, Feta Cheese (M,GF), Banana Peppers, Mediterranean Roasted Vegetables (VG,GF), Basmati Rice (VG,GF), Vegan Chicken Souvlaki (S,VG,GF). [Calories 5-1680]

VEGAN

Breakfast Vegan Breakfast Sandwich (W,S), Vegan Sausage Patty (S,W), Vegan Scrambled Eggs (GF). [Calorie 100-620]

Lunch Vegan Baked Potato Bar; Vegan Mozzarella Cheese, Steamed Broccoli Florets (GF), Roasted Mushrooms (GF), Roasted Cauliflower (GF), Vegetarian Chili, Potatoes Baked Whole (VG). [Calories 40-720]

Dinner Vegan Chicken Souvlaki (S), Pita Bread, Mediterranean Roasted Vegetables (GF), Vegan Mayo (S), Steamed Basmati Rice (GF) . [Calories 90-720]

GLUTEN SOLUTION

Breakfast Scrambled Eggs (E), Bacon, Turkey Sausage Link, Shredded Hash Browns, Gluten Free Pancakes (M,E). [Calories 60-830]

Lunch Noodle Pad Thai Chicken (E,S), Steamed Spiced Broccoli (VG), Roasted Cauliflower (VG). [Calories 40-520]

Dinner Grilled BBQ Pork Chop (S,E), Spiced Black Beans (VG), Salsa Mango Floribbean (VG), Black Eyed Peas, Roasted Sweet Potato. [Calories 70-1,030]

GRILL

Lunch Fried Chicken Sandwich (S,W), Turkey Burger (S), Grilled Cheese Sandwich (V,M,W,S), Bacon Grilled Cheese (M,W,S), Sweet Potato Fries, Lettuce, Tomato, Onion, Pickle. [Calories 5-1,945]

Dinner Grilled Marinated Chicken Sandwich (M,S,W), Hamburger (S), Grilled Cheese Sandwich (V,M,W,S), Chicken Burger Buffalo Sandwich (M,S,W), Sweet Potatoes Fries, Lettuce, Tomato, Onion, Pickle. [Calories 5-2650]

PIZZA

Lunch/Dinner Cheese (V,M,W,S), Pepperoni (M,W,S), Veggie (V,M,W,S), Garlic Pizza (V,M,S,W). [Calories 290-1250]

W – Contains Wheat
M – Contains Milk
SF – Contains Shellfish

S – Contains Soy
P – Contains Peanuts
SS – Contains Sesame

E – Contains Eggs
T – Contains Tree Nuts
F – Contains Fish

2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional Nutrition information available upon request.

Consuming raw or undercooked eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.



FRIDAY

Menus subject to change.

HOME

Breakfast Croissant (V,M,W), English Muffin (VG,W), White Bagel (VG,W), Flour Tortilla (V,W), Egg Patty (V,M,E), Cheddar Cheese (V,M), Ham, Bacon, Sliced Tomato, Pepper Jack Slice (V,M), Spinach, Sausage Patty, Sausage Gravy (M,W), Biscuits (V,M,S,W,E) [Calories 3-1753]

Lunch Baked Chicken Taquitos (M,S,W), Spanish Rice (VG,GF), Refried Beans, Roasted Zucchini Cotija (V,M). [Calories 100-570]

VEGAN

Breakfast Vegan Banana Pancakes (W,S), Vegan Sausage Patty (W,S), Tofu Scramble Pepper & Onion (S). [Calories 100-500]

Lunch Black Bean Bowl. [Calories 405]

GLUTEN SOLUTION

Breakfast Scrambled Eggs (E), Turkey Bacon, Pork Sausage Link, Potatoes O'Brien (V). [Calories 60-760]

Lunch Herb Roasted Chicken (S), Sugar Snap Peas & Baby Carrots (VG), Brussel Sprouts Roasted (VG), Mashed Potatoes (V,M). [Calories 70-1,200]

GRILL

Lunch Grilled Marinated Chicken Sandwich (M,S,W), Hamburger (S), Grilled Cheese Sandwich (M,W,S), Buffalo Nuggets (W,S), Fish and Chips (W,M,F), Waffle Fries, Lettuce, Tomato, Onion, Pickle. [Calories 5-2,710]

PIZZA

Lunch/Dinner Cheese (V,M,W,S), Pepperoni (M,W,S), Veggie (V,M,W,S), Sausage (M,S,W, E). [Calories 290-1260].

W – Contains Wheat
M – Contains Milk
SF – Contains Shellfish

S – Contains Soy
P – Contains Peanuts
SS – Contains Sesame

E – Contains Eggs
T – Contains Tree Nuts
F – Contains Fish

2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional Nutrition information available upon request.

Consuming raw or undercooked eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.