

HOME

Menus subject to change.

Breakfast	Scrambled Eggs (E), Tater Tots (S), Turkey Sausage or Pork Bacon [calories 60 - 770]
Lunch	Chicken Tenders (W,S), Peas and Carrots, Waffles (S,M,W,E,T) (Coconut) and Syrup [calories 70-850]
Dinner	Chicken Cacciatore, Herb Pasta (W), Mediterranean Roasted Vegetables and Herby Parmesan Roasted Squash and Lentils [calories 180-970]

ROUND GRILL

Breakfast	Made to Order - Omelets (E) and Pancakes (E, S, M, W), Biscuits (M, E, S, W) and Sausage Gravy (W, M) [calories 80-800]
Lunch/Dinner	Breakfast Bar with assorted toppings [calories 25-865]

VEGAN

Breakfast	Available Upon Request - Sweet Potato Tofu Hash, Breakfast Burrito (S), Breakfast Sandwich (S, W), Breakfast Sausage (S, W) [calories 140-1190]
Lunch	Thai Coconut Curry (S,T) (Coconut), Jasmine Rice and Steamed Spiced Snap Peas [calories 40-340]
Dinner	Tofu and Potato Goulash (S), Braised Red Cabbage and Brown Rice [calories 100-530]

GLUTEN SOLUTION

Lunch	Grilled Marinated Chicken (S), Mashed Potatoes (S), Corn, and Steamed Spiced Broccoli [calories 40 – 470]
Dinner	Moroccan Spice Roasted Chicken (S), Herb Mashed Potatoes (S), Honey Glazed Carrots (M), Spiced Green Beans and Gravy (M,S) [calories 35–810]

GRILL

Lunch	3-Cheese Grilled Cheese (W,S,M) or Turkey Burger with Pepper Jack Cheese (W,S,M) and Waffle Fries (S) [calories 420-1060]
Dinner	Buffalo Chicken Nuggets (W,S) or Hamburger with Cheddar Cheese (M,W,S) and Shoestring Fries (S) [calories 140–590]

Pizza	Available upon request - Incogmeato Burger (W,S) or Veggie Burger (W,S) [calories 220-280]
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Lunch/Dinner	Cheese, Pepperoni, Veggie, Sausage (M, S, W) [calories 165-210]
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- W – Contains Wheat

M – Contains Milk

SF – Contains Shellfish
- S – Contains Soy

P – Contains Peanuts

SS – Contains Sesame
- E – Contains Eggs

T – Contains Tree Nuts

F – Contains Fish

2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional Nutrition information available upon request.

Consuming raw or undercooked eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.