

HOME

Menus subject to change.

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|-----------|---|
| Breakfast | Scrambled Eggs (E), Tater Tots (S), Turkey Sausage or Pork Bacon [calories 60 - 770]  |
| Lunch     | Pesto Baked Cod (F,M,W), Gemelli Artichoke Pasta (M,W), Garlic and Parmesan Roasted Cauliflower (M) and Eggplant Caponata [calories 90-350] |
| Dinner    | Beef Meatloaf (M,E,W), Herb Mashed Potatoes (M), Spiced Green Beans, Roasted Baby Carrots with Thyme and Lemon Zest [calories 35-525]       |

ROUND GRILL

|              |   |
|--------------|---|
| Breakfast    | Made to Order - Omelets (E) and Pancakes (E, S, M, W), Biscuits (M, E, S, W) and Sausage Gravy (W, M) [calories 80-800] |
| Lunch/Dinner | Hot Dog Bar with assorted toppings [calories 220-990]   |

VEGAN

|           |   |
|-----------|---|
| Breakfast | Available Upon Request - Sweet Potato Tofu Hash, Breakfast Burrito (S), Breakfast Sandwich (S, W), Breakfast Sausage (S, W) [calories 140-1190] |
| Lunch     | Stuffed Mushroom (T)(Walnuts), Cauliflower Stuffing and Mashed Sweet Potatoes (T) (Coconut) [calories 105-955]                                  |
| Dinner    | Palak Tofu (S), Basmati Rice, and Cauliflower with Turmeric and Raisins [calories 80-410]   |

GLUTEN SOLUTION

|        |  |
|--------|--|
| Lunch  | BBQ Roasted Chicken (S), Baked Bourbon Lentils (S), Roasted Garlic Broccolini and Maque Choux (M) [calories 5 – 885] |
| Dinner | Kalua Pork, Coconut Rice (T)(Coconut), Seasoned Stir Fry Vegetables (S) and Ginger Bok Choy (SS,S) [calories 70–610] |

GRILL

|              |  |
|--------------|--|
| Lunch/Dinner | BBQ Pork Sandwich with Coleslaw (W,S) or Chicken Nuggets (W,S) with Curly Fries (S) [calories 220-942] |
|              | Available upon request - Incogmeato Burger (W,S) or Veggie Burger (W,S) [calories 220-280]             |

PIZZA

|              |   |
|--------------|---|
| Lunch/Dinner | Cheese, Pepperoni, Veggie, Sausage (M, S, W) [calories 165-210] |
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W – Contains Wheat  
M – Contains Milk  
SF – Contains Shellfish

S – Contains Soy  
P – Contains Peanuts  
SS – Contains Sesame

E – Contains Eggs  
T – Contains Tree Nuts  
F – Contains Fish

2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional Nutrition information available upon request.

Consuming raw or undercooked eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.