



Name: Hilda A Pettit

Submission
Date:

11/22/2011



Organization: Vacca Office of Student Services

Course Catalog Update[<< Go back to Course Catalog Update form](#)[Print](#)**Course Catalog Update Information:****STU0004****Reference Number:** CCU003175**Date:** 04-NOV-11**Level:** 2.00 of 2.00**Currently On The Worklist Of:** Joanne Arhar, jarhar**Owner:** Office of Curriculum Services, 330-672-8558 or 330-672-8559, curriculum@kent.edu

Basic Course Data		
Change type: Establish		
Faculty member submitting this proposal: Lettie Gonzalez		
Requested Effective Term: 201280		
Campus: Kent		
College: EH-Education, Health and Human Services		
Department: TLC-Teaching Learning and Curriculum Studies		
Course Subject: PEB-Physical Education - Basic		
Course Number: 11665		
Course Title: Zumba		
Title Abbreviation: Zumba		
Slash Course and Cross-list Information:		
Credit Hours		
Minimum Credit/Maximum Credit: 1 to 1		
Contact Hours: Lecture - Minimum Hours/Maximum Hours: .33 to .33		
Contact Hours: Lab - Minimum Hours/Maximum Hours: 1.33 to 1.33		
Contact Hours: Other - Minimum Hours/Maximum Hours:		
Attributes		
Is this course part of the LER, WIC or Diversity requirements: No		
If yes, course attributes: 1. 2. 3.		
Can this course be repeated for credit: No Repeat	Course Limit:	OR Maximum Hours:
Course Level: Undergraduate	Grade Rule: B-Standard letter	
Rationale for an IP grade request for this course (if applicable):		
Schedule Type(s): 1. LLB-Combined Lecture and Laboratory 2. 3.		
Credit by Exam: N-Credit by exam-not approved		
Prerequisites & Descriptions		
Current Prerequisite/Corequisite/Catalog Description:		
Catalog Description (edited): Zumba® is a fitness program that fuses hypnotic Latin rhythms and easy-to-follow moves and mixes body sculpting movements with dance steps.		
Prerequisites (edited): None.		
Corequisites (edited):		
Registration is by special approval only: No		
Content Information		
Content Outline:		
Content Hours per Course Topic	Topic Description	
5	Learn about the history of Zumba fitness program and its current impact on the fitness industry through various classroom discussions, homework assignments, and Latin	

	dance movement breakdowns.
10	Introduce movements, music, historical and cultural contexts of Latin dance and rhythms of the following Latin styles: salsa, reggaetone, merengue, and cumbia.
10	Build and continue to develop motor coordination and gain a greater sense of spatial awareness through various dance routines.

[Display/Hide Delimited Course Outline](#)

Total Contact Hours: 25

Textbook(s) used in this course: None

Writing Expectations: Quizzes and Final Exam

Instructor(s) expected to teach: Danielle Novotny, Jessica Wallis

Instructor(s) contributing to content: Nike Olabisi, Danielle Novotny, Lettie Gonzalez

Proposal Summary

Explain the purpose for this proposal:

Zumba has been taught as a Special Topics course for several semesters. It is currently one of the first PEB classes to fill each semester. This course is being transferred from a Special Topics course listing to an individual Course Catalog listing. Learning Outcomes: • Students will be able to demonstrate the following Latin dance styles used in Zumba Fitness: Salsa, Merengue, Cumbia, and Reggaetone. • Students will be able to under each style's history, rhythm, instrumentation, songs, and artists. Learning In Class Activities: • Breakdown of 4 basic movements for Salsa • Breakdown of 3 basic movements for Merengue • Breakdown of 3 basic movements for Cumbia • Breakdown of 3 basic movements for Reggaetone • Repetition of various dance routines incorporating these movements • Class discussions on each style's history, rhythm, instrumentation, songs, and artists. Learning out of Class Activities: • Attending-participating in Zumbathon Charity events, as well other Zumba classes in the area. • Completing homework assignments designated towards each Latin dance style. • Practicing the dance routines and specific style movements outside of class.

Explain how this proposal affects program requirements and students in your unit:

This proposal does not affect the program requirements or students in the College of EHHS. It is not a required course for any EHHS major.

Explain how this proposal affects courses, program requirements and student in other units:

This proposal does not affect the program requirements or students in any KSU major. It is not a required course for any KSU major.

Explain how this proposal affects enrollment and staffing:

This course is currently being offered and will not change our staffing needs. We are currently offering multiple sections of this course and each section is at max enrollment each Fall and Spring semester.

Units consulted (other departments, programs or campuses affected by the proposal):

None. No other unit affected by this proposal.

Comments (500 Character Maximum):

NOTE: Please do not use the following restricted characters: (~ * / \ --)

Comments:

Date	User	Comment
11/4/2011	Gloria L Gonzalez	No comments available.

History:

Date	User	Status
11/21/2011	Alexa L Sandmann	Approved
11/4/2011	Gloria L Gonzalez	Submitted