## Kent State University Counselor Education and Supervision (CES) Program

## Addictions Counseling Certificate Program (ACCP) Graduate/Post-Baccalaureate Certificate

beginning Fall 2018

https://www.kent.edu/ehhs/ldes/ces/addictions-counseling-certificate-program

## Overview of the ACCP

- Housed in/sponsored by the Counselor Education and Supervision (CES) program
- Dr. Cynthia Osborn (cosborn@kent.edu), LPCC-S, LICDC, is the ACCP coordinator
- Offered to: (a) KSU graduate students enrolled in a behavioral sciences program, <u>and</u> (b) non-KSU students/in-career professionals (e.g., LPCs/LPCCs, social workers, recovery coaches, clergy) with a bachelor's degree or graduate degree desiring to expand their credentials/expertise in addictions counseling
- Total training hours (195 hours of education) exceed minimum training hours of 180 required by the Ohio Chemical Dependency Professionals Board (OCDPB; <a href="http://ocdp.ohio.gov">http://ocdp.ohio.gov</a>) for eligibility as a licensed chemical dependency counselor (LCDC II, LCDC III or LICDC)
- 15-credit minimum certificate for graduate/post-baccalaureate students
- Five CES courses taught/offered in 12 months
- All ACCP credits for currently enrolled KSU students can be earned while pursuing their KSU degree
- Former KSU students or students currently enrolled in another university can only transfer in 6 credits toward the 15-credit ACCP

## <u>Five-Course Sequence of the ACCP</u> (intended to be taken in the following 1-5 sequence):

- 1. **CES 6/77662: Foundations of Addictions Counseling**: offered in first 7 weeks of Fall 2018
  - Content in this course will satisfy the 40 hours of education covering six defined content areas required for eligibility as a chemical dependency counselor assistant (CDCA Phase I) in Ohio, an employable credential
  - Additional content area included in this course that is not required by the OCDPB is pharmacology (3 clock/training hours)
  - Beginning Fall 2018, this is a required course for all CES Clinical Mental Health Counseling (CMHC) students
- 2. **CES 6/77664: Theories and Practices in Addictions Counseling**: offered in second 7 weeks of Fall 2018
  - Theories and models of addiction (including public health and harm reduction, social learning, biological/medical, disease)
  - Further training in pharmacology/substance classification
  - Introduction to counseling procedures in addictions counseling (e.g., screening, assessment, diagnostic assessment) and recommended approaches (e.g., client-centered care)

- 3. **CES 6/77665: Treatment Planning in Addictions Counseling:** offered in first 7 weeks of Spring 2019
  - Screening and assessment measures
  - Further training in pharmacology, including medication assisted treatment (MAT)
  - The ASAM Criteria
  - Case conceptualization practices as basis for treatment planning
  - Defining relapse and methods for promoting maintenance
  - Legal and ethical considerations in treatment planning
  - Use of simulated clients in class to teach/learn specific practices
- 4. **CES 6/77666: Evidence-based Practices in Addictions Counseling:** offered in second 7 weeks of Spring 2019
  - Approximately 6 evidence-based practices (EBPs) will be introduced, including community reinforcement approach, contingency management, mindfulness-based approaches, and coping skills training as part of cognitive-behavior treatment/therapy
  - Use of simulated clients in class to teach/learn specific practices
  - CES 6/77668: Motivational Interviewing can be substituted for this course
- 5. **CES 6/77692: Practicum in Addictions Counseling**: offered over 10 weeks of Summer 2019, and possibly Fall 2019 and Spring 2020 also; can be taken for up to 6 credits (3 credits minimum)
  - Course content covered during class sessions includes professional development practices (e.g., self-care, making use of supervision)
  - Intended to be completed in a treatment facility that provides services to persons with substance use disorders
    - ACCP coordinator will identify and approve appropriate practicum sites in the NE
       Ohio area by working with current providers at treatment facilities
  - Practicum clock hours (210-525 clock hours, depending on number of credit hours [3-6] taken) will count toward 2,000 practice experience clock hours required for LCDC II, LCDC III, and LICDC eligibility)
    - 20% of practice hours need to be in addiction-related services
    - the OCDPB has no requirements for direct client contact minimum for the 2,000 practice experience hours
  - On-site supervisor will need to be licensed as a LICDC/LICDC-CS, LPCC-S, psychologist, or LISW
  - KSU CES School Counseling (SCON) and Clinical MH Counseling (CMHC) students (and graduates of a CACREP-accredited master's or doctoral degree program who completed a practicum or internship in past 5 years) can substitute either their SCON or CMHC practicum or internship under certain conditions
  - KSU graduate students enrolled in another behavioral sciences program (minimum of 27 semester credit hours) that offers a practicum and/or internship can substitute their degree program practicum or internship under certain conditions
- \* To apply to the graduate/post-baccalaureate certificate in addictions counseling, go to: <a href="https://www.applyweb.com/kentgrad/index.ftl">https://www.applyweb.com/kentgrad/index.ftl</a>