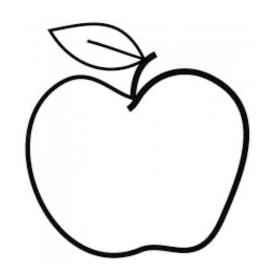


## Kent State University Master of Science/Dietetic Internship Program Handbook



School of Health Sciences Kent State University Dietetic Internship Class XX August 2022

Emily Baker MS, RDN, LD Dietetic Internship Program Director ebaker9@kent.edu 330-672-2064

# Kent State University Master of Science/Dietetic Internship (KSU MS/DI) Program Handbook

**Part I: Program Information** 

## Kent State University Master of Science/Dietetic Internship Program

The Kent State University Master of Science/Dietetic Internship program is housed under the College of Education, Health, and Human Services and is offered by the Department of Nutrition and Dietetics in the School of Health Sciences.

#### Mission

The Kent State University's Master of Science in Nutrition/Dietetic Internship Program is dedicated to providing advanced professional education, broadening intellectual perspectives, and promoting ethical professional practice based on humanitarian values. At Kent State University, a major focus is to foster a learning environment where students and interns are taught to respond to social, cultural, intellectual, and technological challenges. In addition, emphasis is placed on the development of skills for continuing professional development and enhanced ability, including leadership, to respond to the versatile demands of the dietetics profession.

The program at Kent State University is designed to prepare dietetic interns to become entry-level Registered Dietitian Nutritionists (RDN) with the added strength of a Master of Science in Nutrition. Throughout the 21-month program, interns will be provided with a professional and academic environment in which to develop the skills needed to become competent in the areas of nutrition therapy, community dietetics, management, business, and leadership.

#### Accreditation

The Kent State University Dietetic Internship is fully accredited by the Accreditation Council for Education in Nutrition and Dietetics (ACEND) of the Academy of Nutrition and Dietetics, 120 South Riverside Plaza, Suite 2000, Chicago, IL 60606-6995, 312/899-5400. Website: <a href="https://www.eatrightpro.org/acend">https://www.eatrightpro.org/acend</a>

## Kent State University Master of Science/Dietetic Internship Program Program Goals and Measurable Objectives

Program Goal 1: To prepare program graduates to practice as competent entry-level Registered Dietitian Nutritionists (RDN).

#### Program Goal 1 Objectives:

- At least 80% of program interns complete program/degree requirements within 31-months.
- Of graduates who seek employment, 80% are employed in nutrition and dietetics or related fields within 12 months of graduation.
- 80% of program graduates take the CDR credentialing exam for dietitian nutritionists within 12 months of program completion.
- The program's one-year pass rate (graduates who pass the registration exam within one year of first attempt) on the CDR credentialing exam for dietitian nutritionists is at least 80%.
- At least 80% of responding employers will rate graduates as competent (i.e. a score of 3 or > on a scale of 1-5) for entry-level practice when surveyed one-year post graduation.
- At least 80% of responding graduates will rate that they felt prepared (i.e. a score 3 or > on a 1-5 scale) when surveyed one-year post graduation.

### Program Goal 2: To develop program graduates to be entry-level Registered Dietitian Nutritionists (RDN) that utilize their foundation of knowledge and skills in leadership.

#### Program Goal 2 Objectives:

- At least 80% of interns will identify an increased knowledge base of leadership (using a YES/NO scale) during the internship when surveyed using the End Internship Program Evaluation.
- At least 80% of interns will affirm (using a YES/NO scale) that they have utilized their leadership knowledge (that they obtained during the internship) in one or more professional settings during the internship when surveyed using the End Internship Program Evaluation.
- At least 80% of responding graduates will affirm (using a YES/NO scale) that they have utilized their leadership knowledge (that they obtained during the internship) in one or more professional settings post internship when surveyed one-year post graduation.
- At least 80% of responding employers will rate 3 or > in response to graduates exhibiting leadership skills in the practice setting when surveyed one-year post graduation.

## Kent State University Master of Science/Dietetic Internship Program

#### **Requirements and Schedule**

The following outline represents the schedule and sequence of classes leading to a Master of Science in Nutrition and Dietetics and completion of the requirements for the Dietetic Internship. Please refer to the Nutrition & Dietetics Graduate Handbook and the Kent State University Graduate Schools Catalog for additional information such as course descriptions and graduation requirements. Refer to the Kent State University Schedule of Classes for course registration information for each semester.

#### **Program Requirements**

The Kent State University Master of Science in Nutrition/Dietetic Internship Program is completed in 43 credit hours. The program is usually finished in 4 semesters and one summer semester. The supervised practice component of the program must be completed within 2 years of the start of the program; exceptions to this requirement must be approved by the internship faculty.

Upon completion of the 21-month program and all degree requirements, graduates will receive a Dietetic Internship Verification Statement, documenting completion of the internship requirements and will be eligible to take the CDR Credentialing exam for dietitian nutritionists. In addition, program graduates will have completed the requirements for the Master of Science degree and will receive a Master of Science from Kent State University.

## **Assessment of Prior Learning and Credit Toward Program Requirements:**

The Combined KSU/Dietetic Internship Program does not award credit from previous experience(s) toward the total hours required for the internship.



## Program Requirements Master of Science/Dietetic Internship

#### **Dietetic Internship Supervised Practice Requirements**

#### **Rotation Emphasis Areas**

#### **1550 Required Hours**

Experiences for all weeks listed include a total of 24 hours/week, usually Monday, Wednesday, and Friday except for the Hospital Clinical Experience which is completed full-time, usually M-F for 12 weeks.

I. Community (12 weeks)

288 Hours

Renal (5 weeks)
Outpatient Nutrition Clinic/WIC (4 weeks)
School (3)

II. Business (5 weeks)

120 Hours

III. Management (15 weeks)

368 Hours

Food Service Management (12 weeks)

- Hospital (9 weeks)
- School (3 weeks)

Clinical Nutrition Management (3 weeks and 1 day or 10 days)

V. Clinical (16 weeks)

576 Hours

Hospital (12 weeks Full Time) Long Term Care (4 weeks)

VI. Elective Rotations (6 weeks)

144 Hours

VII. Internship Orientation

40 Hours

VIII. Pediatric Seminar (2 days)

14 Hours

#### **KSU Dietetic Internship Supervised Practice Experiences**

#### **Food Service Management – 288 Total Hours**

Food Service Management is completed in 288 hours. The experiences are completed over 12 weeks during the academic semesters by working 24 hours per week.

The Food Service Management experiences include the following:

Hospital Food Service Management 216 hours (9 weeks) School Food Service Management 72 hours (3 weeks)

#### **Clinical Nutrition Management - 80 Total Hours (10 days)**

Clinical Nutrition Management rotations are completed in 80 hours during the academic semesters by working 8 hours per day for 10 days. The Clinical Nutrition Management experience is usually completed in the hospital setting.

#### **Community – 288 Total Hours**

Community rotations are completed in 288 hours during the academic semesters. Interns work for 24 hours per week for 12 weeks.

The required Community experiences include the following:

Outpatient Nutrition Clinic/WIC 96 hours (4 weeks)
Dialysis Center 120 hours (5 weeks)
School Nutrition Education 72 hours (3 weeks)

#### **Clinical Nutrition Therapy - 576 Total Hours**

Clinical Nutrition Therapy rotations are completed in 576 hours during the academic semesters and during the summer. During one summer, interns work full-time at a major medical center for 12 weeks (480 hours) and complete Pediatrics, Medicine, Surgery, Critical Care, and Geriatric supervised practice experiences.

Clinical dietetic rotations in Long Term Care facilities are completed in 96 hours during the academic semesters. The intern works 24 hours per week for 4 weeks at a long term care facility.

#### **Business - 120 Total Hours**

Business experiences include 120 hours during the academic semesters. The intern works 24 hours per week for 5 weeks in business supervised practice experiences.

The Business experience will include sales, marketing, food distribution, food delivery services, and/or other aspects of the business sector as appropriate for the organization.

#### Possible rotations include:

KSU Food 4 Thought Cyber Café

KSU Center for Nutrition Outreach

KSU Campus Kitchen

Dietitians in Private Practice

Wellness/Recreation Programs

Employee Wellness Programs

Organizations that are expanding Nutrition Services

#### **Electives - 144 Total Hours**

Interns select 144 hours (6 weeks) during the academic semester to complete elective rotations.

**Optional International Elective Practice Experience** - Kent State University is approved from the Accrediting Council for Education in Nutrition and Dietetics to offer an International Elective Option. Interns interested in this option will have to submit a proposal to the Internship Director and follow polices and procedures for this option as outlined in the Internship Handbook.

The following are possible additional optional elective rotations:

-KSU Campus Kitchen

-Meals on Wheels

-Farmer's Market

-Wellness Programs

-Functional Medicine

-Integrative Medicine

-KSU Nutrition Outreach

-Outpatient Oncology

-KSU KIDS Camp

-Journalism Experience

-Bariatric Nutrition

-Pediatric Diabetes Camp

-Telehealth

-KSU Athletics

-Dietitians in Private Practice

-Media

-Children's Hunger Network

-Academy of N & D National Meeting

-Head Start

-Health Department

-Legislation

-Food Bank

-Outpatient Eating Disorders

-Head Start

\*

<sup>\*\*\*</sup>Other organizations as approved by Program Director

#### **Program Requirements for KSU MS/Dietetic Internship**

#### **Master of Science Degree Requirements (43 Hours)**

Master	of Science	Credit Hours				
NUTR	61016	Research Methods in Nutrition I	3.0			
NUTR	61017	Research Methods in Nutrition II	3.0			
NUTR	63519	Advanced Study of Micronutrients	3.0			
NUTR	63520	Macronutrient Nutrition	3.0			
NUTR	63521	Nutrition in Disease: Clinical Application	3.0			
Additio	Additional Core Requirements for Master of Science/Dietetic Internship:					
NUTR	51095	Communication: Management and				
		Professionalism in Nutrition	3.0			
NUTR	63525	Dietetic Practice Seminar: Community	1.0			
NUTR	63526	Dietetic Practice Seminar: Management	1.0			
NUTR	63527	Dietetic Practice Seminar: Clinical	1.0			
NUTR	63592	Dietetic Internship	10.0			
Suppor	ting Cou	rses:				
Thesis (	Option*					
NUTR	63199	Thesis I	6.0			
In consu	ıltation w	ith advisor, select 6.0 hours as elective cours	es 6.0			
Masters	s Project	OR Option**				
NUTR	•	Masters Project	6.0			
In consultation with advisor, select 6.0 hours as elective courses 6.0						
Elective						
		x credits from the following graduate nutri	ition classes:			
NUTR		Workshop in Nutrition (1-3)				
	51095	Special Topic (1-4)				
	51096	Individual Investigation in Nutrition (1-3)				
	53013	Research and Statistical Methods in Nutrition	on and Dietetics (3)			
NUTR		World Food Customs (3)				
NUTR	53030	Food Service Systems Management (3)				
NUTR	53515	Community Nutrition (3)				
NUTR	53518	Lifecycle Nutrition (3)				
NUTR	53520	Sports Nutrition (3)				
NUTR	53522	Integrative and Functional Nutrition (2)				
NUTR	53532	Methods and Experiences in Nutrition Outr	each (3)			
NUTR	61098	Research in Nutrition (1-6)				
NUTR	63591	Nutrition Seminar (2-3) (Max 3 credits tow	ards degree)			
NUTR	63524	Perspectives on Prevention and Practice in	Community Nutrition (3)			

Remaining credit hours can be selected from other clearly related graduate courses, as approved by graduate faculty.

#### **Thesis/Masters Project**

Students can select a Thesis or a Master Project Option.

A total of 6 credits must be taken for either the Thesis or Master Project option. These credits can be taken one semester or divided into two semesters. Interns need to be careful to meet the deadlines for requirements of either option that are provided by the College of Education, Health, and Human Services, so they can graduate on time. Interns should communicate questions and progress toward program completion with their advisor.

\*The Thesis option is intended to provide students with the opportunity to conduct original research. Approval of a thesis proposal by the student's thesis committee is required, as is the successful completion of an oral examination conducted by the thesis committee. If the intern has completed a total of 6 credits of Thesis I, the intern will be required to sign up every semester until graduating for NUTR 63299 Thesis II.

\*\*The Masters Project Option is intended for students approaching research in a more applied manner. For this option, approval of the intended project by the student's Masters Project committee is required, as is the successful completion of an oral final examination conducted by the committee.

#### **Program Schedule for Master of Science/Dietetic Internship**

#### **Dietetic Internship/Class Schedule**

(Sequence may vary depending on Academic Year)

Term Course Number	43 Credit Hours						
Fall I Semester (2022)							
NUTR 63519 Advanced Study of Micronutrients	3.0						
NUTR 63526 Dietetic Practice: Management	1.0						
NUTR 63592 Dietetic Internship	2.0						
*Graduate Nutrition Elective	3.0						
Spring I Semester (2023)							
NUTR 61016 Research Methods in Nutrition 1	3.0						
NUTR 63521 Nutrition and Disease: Clinical Application	3.0						
NUTR 63520 Macronutrient Nutrition	3.0						
NUTR 63527 Dietetic Practice: Clinical	1.0						
NUTR 63592 Dietetic Internship	2.0						
Summer Semester (2023)							
NUTR 63592 Dietetic Internship	4.0						
Fall II Semester (2023)							
NUTR 61017 Research Methods in Nutrition II	3.0						
NUTR 63525 Dietetic Practice: Community	1.0						
NUTR 63592 Dietetic Internship	2.0						
NUTR 61198 Master Project or NUTR 63199 Thesis	3.0						
NUTR 51095 Communication: Management and Profession	onalism						
In Nutrition	3.0						
Spring II							
NUTR 61198 Master Project or NUTR 63199 Thesis	3.0						
* Graduate Nutrition Elective	3.0						

#### Select at least six \*Elective credits from the following graduate nutrition classes:

<sup>\*</sup>Elective credit hours can be selected from nutrition or other clearly related graduate courses as approved by an academic advisor.

51093	Workshop in Nutrition (1-3)
51095	Special Topic (1-4)
51096	Individual Investigation in Nutrition (1-3)
53013	Research and Statistical Methods in Nutrition and Dietetics (3)
53016	World Food Customs (3)
53030	Food Service Systems Management (3)
53515	Community Nutrition (3)
	51095 51096 53013 53016 53030

NUTR	53518	Lifecycle Nutrition (3)
NUTR	53520	Sports Nutrition (3)
NUTR	53522	Integrative and Functional Nutrition (2)
NUTR	53532	Methods and Experiences in Nutrition Outreach (3)
NUTR	61098	Research in Nutrition (1-6)
NUTR	63591	Nutrition Seminar (2-3) (Max 3 credits towards degree)
NUTR	63524	Perspectives on Prevention and Practice in Community Nutrition (3)

#### Kent State University Master of Science/Dietetic Internship Estimated Program Costs (subject to annual update)

Listed approximate costs for the 21-month program include: Please note that the below costs are <u>approximate and may change</u> during the course of the program.

**Tuition and Fees:** \$23,048 In-state Resident (\$536/credit hour)

\$42,957 Out-of-state Resident (\$999/credit hour)

**Room:** \$18,775-\$20,990 Average on-campus double

(\$3,755-\$4,198/semester)

\$21,265-\$22,915 Average on-campus single (\$4,253-

\$4,583/semester)

\*\*Please note: off-campus housing is available near campus. Area apartments rent for approximately \$300-600 per month.

**Professional Liability Insurance:** ~\$26/year (please choose the \$2 M per

incident-\$5 M aggregate coverage)

Please visit www.proliability.com to learn

More and register.

**Program Application fees:** \$45 (Graduate Program)

**Medical Insurance (Through KSU):** \$2,313 for 12 months

(graduate student only, estimates) \$1099 for Fall semester only

\$1,213 for Spring/Summer semester only

\$617 for Summer semester only

Physical Examination\* ~\$25 (appointment required, DeWeese Health Center,

330-672-2322)

Hepatitis B Vaccinations ~\$219 total (\$73 per shot) for series of 3 shots (1st

shot, 2<sup>nd</sup> shot 1month later, last shot 5 months after

the 2<sup>nd</sup> shot)

TB Testing \$18 (\$9 each; given one week apart)

(must have 2-Step PPD by start of rotations)

<sup>\*\*</sup> Please visit <a href="https://www.kent.edu/uhs/student-health-insurance-plan">https://www.kent.edu/uhs/student-health-insurance-plan</a> for more information

<sup>\*\*</sup>Students enrolled in the KSU student health program can elect to enroll on a per semester basis or can enroll for a full 12 months, beginning August 21st of each year.

<sup>\*\*</sup>Prices subject to change each academic year.

\*\* The physical, Hep B, and TB are quoted as self-pay rates only through the DeWeese Health Center. If choose to use insurance, please note that price may be different. **Prices are estimates only and may be subject to change**.

#### Lab coat, books, meetings, etc.: \$650+

This includes a few required assignments during the internship that have nominal fees that will be your responsibility to cover. These include attending two local dietetic association meetings (student membership to local dietetic organizations typically cost \$10-15 per year).

#### **Intern Name Tag:** ~\$15.00

All interns will be required to purchase a Kent State University name plate during orientation. Name tags are to be worn to all practice site experiences.

<u>The Academy of Nutrition & Dietetics</u> \$58 per year (apply on line at <u>eatright.org</u>)
<u>Student Membership</u>

<u>Criminal Background Check</u> Ohio Criminal Background Check (BCI) and

Federal Background Check both required on an

annual basis.

Locations in the state of Ohio that can administer background checks can be found at: <a href="https://www.ohioattorneygeneral.gov/Business/Services-for-Business/WebCheck/Webcheck-Community-Listing">https://www.ohioattorneygeneral.gov/Business/Services-for-Business/WebCheck/Webcheck-Community-Listing</a>

\*It will be key check the site availability/hours prior to scheduling a time to visit

IMPORTANT: Please use Fingerprint Code-4759 061 (State of Ohio Medical Board-Initial License as a Dietitian) It will be imperative that you request that the results sent to your home address or to DI Director at the following address:

Kent State University School of Health Sciences ATTN: Emily Baker 100 Nixson Hall Kent, Ohio 44242

Drug Screening ~\$22

Only a few sites require drug screening (10 panel); can be done through appointment at the University Health Services Center, 330-672-2322; sometimes required to

be completed on site

<sup>\*</sup>Costs/items needed may vary from site to site: Please check before you go

#### **Parking**

~\$225/year, not including summer; Parking Services, Michael Schwartz Building; 330-672-4432 or <a href="https://www.kent.edu/parking">https://www.kent.edu/parking</a>

#### **Auto Insurance/Transportation:**

Auto insurance and transportation-related costs are not included in the total costs outlined above. Interns will need to provide their own auto insurance and transportation to and from affiliate sites. Most, if not all, site placements will not have access to public transportation.

#### **Kent State University Student Support Services**

Kent State University provides students with a wide range of accessible supportive services available without charge.

**Academic Success Center for Undergraduate Excellence**: The Academic Success Center is KSU's basic skills program. Reading Skills: Comprehension development, textbook reading techniques, developmental reading courses. Math Skills: Tutoring for particular classes. Writing Skills: Writing skills development, tutoring.

114/169 Center for Undergraduate Excellence (330) 672-3190 https://www.kent.edu/asc

Career Exploration and Development Center provides career counseling, placement and credential services, and on-campus recruiting programs for KSU students and alumni seeking employment. Some of the services provided by the Placement Center are a computerized job/applicant retrieval system, resume writing clinics, interviewing techniques workshops, and evening drop-in sessions. 261 Michael Schwartz Center. 330-672-2360. <a href="https://www.kent.edu/career">https://www.kent.edu/career</a>

Commuter and Off-Campus Student Organization provides rental and parking information and helps off-campus students become involved in campus activities.

227 Kent Student Center. 330-672-3768. https://www.kent.edu/coso

Counseling and Human Development Center offers individual, couple, family, child and group counseling for developmentally-related concerns as well as help with personal and social adjustment 325 White Hall. 330-672-2208. https://www.kent.edu/hr/university-counseling

**Department of Recreational Services** provides Kent State University students with numerous recreational, fitness, and wellness opportunities. The Student Recreation and Wellness center includes a 35-foot indoor climbing wall, three mile pool natatorium, sports arena, 1/7th mile suspended indoor jogging track, full service fitness and wellness suite, and healthy choice cafe. 1550 Ted Boyd Dr., 330-672-4732. . <a href="https://www.recservices.kent.edu">https://www.recservices.kent.edu</a>

**Division of Diversity, Equity and Inclusion** ensures the effective translation of diversity themes into policies, procedures, programs and practices. 330-672-2442. <a href="https://www.kent.edu/diversity">https://www.kent.edu/diversity</a>

\*\*Education, Health and Human Services (EHHS) Graduate Student Services can answer questions about credits for graduation and houses permanent student files in 418 White Hall. Phone: 330-672-2576 or <a href="https://www.kent.edu/ehhs/ogs">https://www.kent.edu/ehhs/ogs</a>

**Instructional Resource Center** provides criminal background checks/fingerprinting. Located in Room 221, White Hall; 330-672-2353. https://www.kent.edu/ehhs/centers/irc

**Libraries and Media Services** The Kent State University Libraries, a member of the Association of Research Libraries and a selective depository library since 1962, has one of the

major research collections in Northeast Ohio with holdings of over 2 million volumes. www.library.kent.edu, 330-672-3456.

**Parking and Transit Services** provides parking permits and campus parking information. 123 Michael Schwartz Center, 330-672-4432, https://www.kent.edu/parking

**Psychological Clinic** offers a wide range of psychological services, including testing, and long and short-term therapy for individuals, couples, children and families. 800 East Summit St., 330-672-3000. https://www.kent.edu/psychology/clinic

**Residence Services. Graduate Student Housing** provides assistance with graduate student housing. 330-672-7000. 1425 Petrarca Dr. <a href="https://www.kent.edu/housing/department-residence-services">https://www.kent.edu/housing/department-residence-services</a>

**Student Accessibility Services** provides assistance to the physically disabled and liaison services to community and state rehabilitation agencies. 1125 Risman Dr. University Library Suite 100, 330-672-3391. https://www.kent.edu/sas

**Student Financial Aid** provides information, applications, and counseling for financial aid and student employment concerns. University Library First Floor . 330-672-6000. <a href="https://www.kent.edu/financialaid">https://www.kent.edu/financialaid</a>

**Student Life (Part of the Division of Student Affairs)** oversees the registration and operation of many extra-curricular activities, including social service, political, religious, cultural, athletic, and general recreational student organizations. 250 Kent Student Center. 330-672-4050. <a href="https://www.kent.edu/today/student-life">https://www.kent.edu/today/student-life</a>

\*University Health Services provides no-cost medical services for all students, on and off campus, as well as low-cost infirmary and pharmacy facilities. DeWeese Health Center 1500 Eastway Dr., 330-672-2322, <a href="https://www.kent.edu/uhs">https://www.kent.edu/uhs</a>

University Psychological Services provides confidential mental health services, including individual and group counseling, crisis intervention and personal growth groups. The staff of psychologists and counselors is available by appointment or on an emergency only walk-in basis. DeWeese Health Center 1500 Eastway Dr.. 330-672-2487 <a href="https://www.kent.edu/caps">https://www.kent.edu/caps</a>

**Women's Center** exists to facilitate the advancement of and to enhance the quality of educational experience and professional life for women students, faculty and staff of all campuses. The Women's Center serves as a resource for advocacy by providing education, information, and referral programs and services. Williamson House 1200 Main St. 330-672-9280. https://www.kent.edu/womenscenter

**The Writing Commons** aids students having difficulty with writing assignments in any subject area. 418 University Library. 330-672-1787 <a href="https://www.kent.edu/writingcommons">https://www.kent.edu/writingcommons</a>

\*All Kent State University students can use the Health Services at the University. \*\*Graduate scholarships are available on a competitive basis each Spring semester.