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INCREASING SOCIAL SKILLS AND DECREASING ANXIETY IN ADOLESCENTS

WITH ASPERGER SYNDROME (118 pp.)

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modeling to increase social skills in adolescents diagnosed with Asperger Syndrome. The

The study evaluated the use of social groups, social narratives, and video

study employed a single subject, multiple baseline design to determine the effects of the

three different interventions on the performance of social skills within a school setting. A

literature review evaluated previous studies that used the interventions independently.

The researcher investigated the sequence of interventions and determined that the order

the interventions were presented did not have an effect on the performance of skills. The

study also evaluated the anxiety levels of the participants and investigated whether an

increase in social skill performance influenced anxiety levels of the individuals. Findings

support the use of the interventions and revealed a potentially associated decrease in

anxiety levels after intervention phase