SKILL DEVELOPMENT

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| **SCHOOLS** | **PARENTS** | **STUDENTS** |
| Keep high expectations  Natural consequences  Dignity of Risk  Work Yourself Out of a Job  IEP targets development of self-determination skills  Increase self-awareness – a true or realistic understanding of self  Work Experience focuses on 5 P’s of:  Punctuality  Preparedness  Performance  Propriety  Participation  Provide feedback to student self-evaluations  Help students take ownership of strengths, preferences, interests, and needs (SPINs)  Flood with opportunities – including work experiences  Match student identified career interests – “How close to the jet can you get him?”  Honor the choices the student makes  Self-directed IEP – is not equal to self-determination but a piece of it  Student directed vs teacher directed learning  Computer skills a must!  Help students identify technology apps to use for time management, organization, etc. for when there will be “No more school bells!”  Budgeting skills  Sex Ed  Voting rights  Laws – American Disabilities Act, Rehab 504  Mobility, Mobility, Mobility  Respect for the rights and properties of others  Responding in emergency situations – without prompting  Identify personal values through work  Meet demands of quality work  Job interview skills  Resume writing, cover & thank-you letters  Identify societal values through work – contributing member of society  Healthy eating and exercise | Everything under the school list  Keep high expectations  Work Yourself Out of a Job  Making things easier is usually not skill building  Natural consequences  Dignity of Risk  Must have chores  Self-determination  Independent living skills  Cooking  Using basic kitchen appliances  Care of clothing – simple mending  Sex Ed  Manage health care: make doctor appointment, call in Rx refills, know common symptoms of illnesses, prevention, treatment, Over the Counter vs RX  Health eating habits, exercise  Use of transportation  Voting rights – register to vote  Grocery shopping  Read road signs, pump gas  Respect rights and properties of others  Emergency situations – practice responding  Accountability for completing chores – consistency  Honor choices a student makes  Student understands their disability  Know laws - Adult disability laws very different from IDEA “Success vs Access” and FERPA  Get comfortable with less control!!!! | Hold high expectations  It is Your Job  Understand their disability  Know what personal strengths, interests, and needs  Develop self-determination skills: problem-solving, choice-making, decision-making, goal setting, self-regulation, goal attainment, self-advocacy, self-awareness, self-efficacy  Master the 5 P’s: punctuality, performance, propriety, participation, preparedness  Internal motivation  Take responsibility for their choices  Recognize positive and negative consequences  Computer skills  Healthy eating habits, exercise  Understands Rights & Responsibilities  Know disability laws  Respect rights and property of others  Internet/texting/calling etiquette  Mobility, public transportation  Appropriate response to emergencies |