SKILL DEVELOPMENT

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| **SCHOOLS** | **PARENTS** | **STUDENTS** |
| Keep high expectationsNatural consequencesDignity of RiskWork Yourself Out of a JobIEP targets development of self-determination skillsIncrease self-awareness – a true or realistic understanding of selfWork Experience focuses on 5 P’s of: Punctuality Preparedness Performance Propriety ParticipationProvide feedback to student self-evaluationsHelp students take ownership of strengths, preferences, interests, and needs (SPINs)Flood with opportunities – including work experiencesMatch student identified career interests – “How close to the jet can you get him?”Honor the choices the student makesSelf-directed IEP – is not equal to self-determination but a piece of itStudent directed vs teacher directed learningComputer skills a must!Help students identify technology apps to use for time management, organization, etc. for when there will be “No more school bells!”Budgeting skillsSex EdVoting rightsLaws – American Disabilities Act, Rehab 504Mobility, Mobility, MobilityRespect for the rights and properties of othersResponding in emergency situations – without promptingIdentify personal values through workMeet demands of quality workJob interview skillsResume writing, cover & thank-you lettersIdentify societal values through work – contributing member of societyHealthy eating and exercise | Everything under the school listKeep high expectationsWork Yourself Out of a JobMaking things easier is usually not skill buildingNatural consequencesDignity of RiskMust have choresSelf-determination Independent living skillsCookingUsing basic kitchen appliancesCare of clothing – simple mendingSex EdManage health care: make doctor appointment, call in Rx refills, know common symptoms of illnesses, prevention, treatment, Over the Counter vs RXHealth eating habits, exerciseUse of transportationVoting rights – register to voteGrocery shoppingRead road signs, pump gasRespect rights and properties of othersEmergency situations – practice respondingAccountability for completing chores – consistencyHonor choices a student makes Student understands their disabilityKnow laws - Adult disability laws very different from IDEA “Success vs Access” and FERPAGet comfortable with less control!!!! | Hold high expectationsIt is Your JobUnderstand their disabilityKnow what personal strengths, interests, and needsDevelop self-determination skills: problem-solving, choice-making, decision-making, goal setting, self-regulation, goal attainment, self-advocacy, self-awareness, self-efficacyMaster the 5 P’s: punctuality, performance, propriety, participation, preparednessInternal motivationTake responsibility for their choicesRecognize positive and negative consequencesComputer skillsHealthy eating habits, exerciseUnderstands Rights & ResponsibilitiesKnow disability lawsRespect rights and property of othersInternet/texting/calling etiquetteMobility, public transportationAppropriate response to emergencies |