

Good for Your Health and Your Wallet

Livongo helps you stay on top of your health. Join today and get connected devices, personalized guidance, on-demand coaching, an easy-to-use app, and more.

The program is offered at no cost to employees and their eligible dependents covered under the university-sponsored health plan.



Connected Devices

Livongo connected devices send readings right to your mobile app. View trends in one place and get personalized tips to help you live healthier.

Expert Health Coaching

Our expert coaches can help create a custom plan that fits your lifestyle. Get advice on healthy eating, exercise, and more.

**GET
STARTED**



Register at be.livongo.com/KENTSTATE/register or call **(800) 945-4355** with code: **KENTSTATE**

Program includes trends and support on your secure Livongo account and mobile app, but does not include a phone, tablet, or smartwatch.