HEART ATTACK SYMPTOMS: MEN VS. WOMEN

By American Heart Association News

The most common symptom of a heart attack for both men and women is chest pain. But women may experience less obvious warning signs.

MEN

Nausea or vomiting



Jaw, neck or back pain



Squeezing chest pressure or pain



Shortness of breath







Nausea or vomiting



Jaw, neck or upper back pain



Chest pain, but not always



Pain or pressure in the **lower chest** or **upper abdomen**



Shortness of breath



Fainting



Indigestion



Extreme fatigue



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