Name:

Hilda A Pettit

Submission Date: 10/14/2014

Organization: Vacca Office of Student Services

Course Catalog Update

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Course Catalog Update Information:

STU0004

Reference Number: CCU007516 Date: 04-SEP-14

Level: 2.00 of 2.00 Currently On The Worklist Of: Joanne Arhar, jarhar

Owner: Office of Curriculum Services, 330-672-8558 or 330-672-8559, curriculum@kent.edu

Basic Course	Data	
Change type:		
Faculty meml	per submitting this proposal: Yvonne Mich	nali
Requested Ef	fective Term: 201580	
Campus: Kent		
College: EH-E	ducation, Health and Human Services	
Department:	LDES-Lifespan Development and Educational	Sciences
Course Subje	ct: CCS-Career and Community Studies	
Course Numb	er: 00035	
Course Title:	Health and Wellness I: Personal Social Skills	
Title Abbrevia	tion: HW I Pers <mark>onal Social Skills</mark>	
Slash Course	and Cross-list Information :	
Credit Hours		
Minimum Cree	fit/Maximum Credit: 3 to 3	
Contact Hours	: Lecture - Minimum Hours/Maximum I	Hours: 3 to 3
Contact Hours	: Lab - Minimum Hours/Maximum Hour	S:
Contact Hours	: Other - Minimum Hours/Maximum Ho	ırs:
Attributes		
Is this course	part of the LER, WIC or Diversity requir	ements: No
If yes, course	attributes: 1. 2. 3.	
Can this cours	e be repeated for credit: No Repeat	Course Limit: 1 OR Maximum Hours:
Course Level:	Undergraduate	Grade Rule: B-Standard letter
Rationale for	an IP grade request for this course (if a	oplicable):
Schedule Type	e(s): 1. LEC-Lecture 2. 3.	
Credit by Exar	n: N-Credit by exam-not approved	
Prerequisites	& Descriptions	
Current Prere	quisite/Corequisite/Catalog Description	I
skills are preser	ited in order to improve the health of the stu	hances personal, family, and community health. Select personal and social ident. The student will participate in activities that allow them to practice and dent creates a portfolio of course assignments for evaluation.
Prerequisites	(edited): Career and Community Studies (C	CS) Major
Corequisites (edited): None	
Registration is	by special approval only: No	
Content Infor	nation	
Content Outlin	e:	
Content Hours per Course Topic	Topic Description	
6	Applying self-determination skills to personal relationship: decision-making skills and communication strategies; conflict resolution; consequences; advocation	
13	Communication skills within interpersonal relationships: prevent, manage, resolve	

conflicts without harm to self or others;

	nonverbal language; subtleties of communication; refusal skills; listening skills
13	Personal safety: physical, emotional, psychological needs; identifying emotions
13	Personal responsibilities to the relationship: appropriate roles; establish and maintain close relationships; friendships
Displa,/Hide Delimite	ed Course Outline

Total Contact Hours: 45

Textbook(s) used in this course: There is no required textbook.

Writing Expectations: Students will complete various written assignments using appropriate forms, conventions, and styles to communicate ideas and information with attention given to professionalism.

Instructor(s) expected to teach: It is expected that there will be one CCS or KSU instructor who will teach the various topics, and who will facilitate the learning experience

Instructor(s) contributing to content: Dr. Donna Bernhert

Proposal Summary

Explain the purpose for this proposal:

The purpose of this proposal is to establish a new course. The purpose of the course is for students to develop independence, selfconfidence, and socially acceptable behaviors which are critical skills for students to learn if they are to adjust satisfactorily in the community. This course focuses on how responsible individuals use verbal and non-verbal skills to develop and maintain healthy personal relationships. The ability to organize and to convey information and feelings is the basis for strengthening interpersonal interactions and reducing or avoiding conflict in a healthy way. Learning Outcomes: 1. The student will demonstrate how to make thoughtful and healthful decisions using a decision model. 2. The student will evaluate decisions to determine if they are healthy or unhealthy, 3. The student will use decision-making skills and positive communication strategies to resolve conflict appropriately. 4. The student will anticipate consequences related to decision made concerning relationships and develop and evaluate alternatives. 5. The student will demonstrate how to ask for and offer assistance to enhance the health of self and others. 6. The student will demonstrate strategies to prevent, to manage, or to resolve interpersonal conflicts without harming self or others. 7. The student will recognize nonverbal gestures and respond appropriately and know subtleties of communication. 8. The student will demonstrate refusal skills. 9. The student will demonstrate how to communicate assertively with appropriate words and gestures. 10. The student will demonstrate how to listen to and communicate respectfully with others. 11. The student will practice personal safety. 12. The student will identify physical, emotional, and psychological needs. 13. The student will recognize appropriate roles. 14. The student will establish and maintain close relationships. 15. The student will make and maintain friendships. In Class Activities: 1. Participating actively in each class by working consistently, independently, and as a team member. 2. Completing assigned activities. 3. Practicing appropriate skills through participation in role playing interactions, 4. Creating a portfolio that demonstrates student knowledge and understanding of each topic. 5. Self-evaluations and assessments are completed regularly on student participation, propriety, professionalism, punctuality, and other soft skills that will generalize to all other settings, environments, and relationships. 6. Taking routine quizzes and exams to gauge knowledge. 7. Completing written assignments that will help the student to critically think about weekly topics and to self-evaluate current and future personal relationships. Out Of Class Activities: This course will have various assignments to be completed outside of the classroom. These assignments include: readings, written work, and hands-on activities pertaining to the weekly topics which are to be practiced before the next class meeting,

Explain how this proposal affects program requirements and students in your unit:

This course will be offered to approximately 20 students. This course is a Career and Community Studies (CCS) program requirement with credit hour(s) incorporated into total requisite credits for graduating from this program of study

Explain how this proposal affects courses, program requirements and student in other units:

There will be no negative conflicts with other courses or students in other units. However, there are opportunities for students in other units to participate in the CCS program and courses offerings as either a volunteer academic mentor or tutor, or to complete service learning, experiential learning, field experience, practicum or internship credit that may satisfy requirements in their program of study.

Explain how this proposal affects enrollment and staffing:

There will be approximately 20 students enrolled in this course requiring one faculty.

Units consulted (other departments, programs or campuses affected by the proposal):

Deans and Directors of colleges and schools have been consulted and endorsement has been granted.

Comments (500 Character Maximum):

NOTE: Please do not use the following restricted characters: (~ * / \ --)

Appro	ve Return To Init	iator	Return To Prior Approver	Deny	
Comments					
Date User			Comment	7	
10/14/2014 Yvonne Ellen Michali			No comments available.		
History:			_	_	
Date	User				
10/14/2014	Mary M. Dellmann-Jenkins	Approved	i i		
	Yvonne Ellen Michali	Submitte	- .1		

Approve Page 1 of 3



Name:

Hilda A Pettit

Submission Date: 10/14/2014

X

Organization: Vacca Office of Student Services

Course Catalog Update

<< Go back to Course Catalog Update form

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Course Catalog Update Information:

STU0004

Reference Number: CCU007524

Date: 04-SEP-14

Level: 2.00 of 2.00 Currently On The Worklist Of: Joanne Arhar, jarhar

Owner: Office of Curriculum Services, 330-672-8558 or 330-672-8559, curriculum@kent.edu

Basic Course	Note:		
Change type:			
	per submitting this proposal: Yvonne Mich	nali	
	fective Term: 201580		
Campus: Kent			
College: EH-Ed	ducation, Health and Human Services		
Department: i	LDES-Lifespan Development and Educational	Sciences	
Course Subject	ct: CCS-Career and Community Studies		
Course Numbe	er: 00135		
Course Title:	Health and Wellness II: Human Sexuality		
Title Abbrevia	tion: HW II Human Sexuality		
	and Cross-list Information:		
Credit Hours			
Minimum Cred	fit/Maximum Credit: 3 to 3		
Contact Hours	: Lecture - Minimum Hours/Maximum	Hours: 3 to 3	
	:: Lab - Minimum Hours/Maximum Hours		
	: Other - Minimum Hours/Maximum Ho		
Attributes			
	part of the LER, WIC or Diversity requir	ements: No	
<u> </u>	attributes: 1. 2. 3.		
	e be repeated for credit: No Repeat	Course Limit:	OR Maximum Hours:
Course Level:		Grade Rule: B-Standard lette	
	an IP grade request for this course (if a	L.	
	e(s): 1. LEC-Lecture 2. 3.	······································	
	n: N-Credit by exam-not approved		
	& Descriptions		
	quisite/Corequisite/Catalog Description	<u> </u>	
	iption (edited): Focus of the course is to un		related to human sexuality
	(edited): Career and Community Studies (C		reactor to instituti sociality)
Corequisites (<u> </u>	305) 1 10juri	
Registration is	s by special approval only: No		
Content Inform	nation		
Content Outlin	e:		
Content Hours per Course Topic	Topic Description		
9	Understanding human sexuality: what is sexuality; gender; healthy relationships; rules, rights, and responsibilities related to relationships		
9	Reproduction System: identify and understand male reproduction; identify and understand female reproduction.		
9	Using self-determination skills in relationships: individual versus collaborative decision-making; barriers		i

	that hinder healthy decision-making when examining sexuality and disability.
1 9	Influences on Human Sexuality Issues: public health policies and government regulations on health promotion and disease prevention; perceptions of norms; influence of personal values and beliefs.
9	Responsibilities in Sexual Relationships: abstinence and contraception; HIV and STI prevention; conception, pregnancy, childbirth, parenting; care of children.

Display/Hide Delimited Course Outline

Total Contact Hours: 45

Textbook(s) used in this course: There is no required textbook.

Writing Expectations: Students will complete various writing assignments using appropriate forms, conventions, and styles to communicate ideas and information with attention given to professionalism.

Instructor(s) expected to teach: It is expected that there will be one CCS or KSU instructor who will teach the various topics, and who will facilitate the learning experience.

Instructor(s) contributing to content: Dr. Donna Bernhert contributed to content.

Proposal Summary

Explain the purpose for this proposal:

The purpose of this proposal is to establish a new course. The purpose of the course is to understand behaviors and issues related to human sexuality. Various topics are discussed with refusal skills, decision-making, personal and social skills being emphasized. The curriculum and experiences are designed and implemented utilizing methods necessary to help all students learn and succeed in a manner that promotes the attainment and application of knowledge and skills related to the rights and responsibilities of maintaining a healthy sexual relationship. Student behavior that encourages responsible choices for lifelong health and wellness will be supported. Learning Outcomes: 1. The student will know the rules, rights, and responsibilities related to relationships and marriage needs. 2. The student will understand gender and what sexuality means. 3. The student will recognize different kinds of healthy relationships. 4. The student will identify and understand the male and female reproductive system. 5. The student will be able to justify when individual or collaborative decision-making is appropriate in healthy relationships and partner selection and life commitments. 6. The student will examine barriers that can hinder healthy decision making when examining sexuality and disability. 7. The student will analyze how public health policies and government regulations can influence health promotion and disease prevention. 8. The student will analyze how the perceptions of norms influence healthy and unhealthy behaviors. 9. The student will analyze the influence of personal values and beliefs on individual health practices and behaviors. 10. The student will understand various responsibilities in sexual relations such as abstinence, contraception, HIV and STD prevention, conception, pregnancy, and childbirth. 11. The student will understand the psychological aspects of parenting. 12. The student will demonstrate skills needed to raise children and to demonstrate physical care of a child. In Class Activities: 1. Increasing vocabulary and literacy related to healthy relationships, 2. Activities to help the student to identify personal beliefs, attitudes, values, and behaviors that influence sexuality. 3. Completing worksheets and activities to identify if thoughts and behaviors about sex are "normal". 4. Participating in classroom and homework assignments that help the student to understand how sterotypes structure what is believed to be "knowledge". 5. Understanding how sexuality is influenced and shaped by popular culture and the mass media through watching videos, looking at advertisements, and other media venues. 6. Role playing and practicing refusal skills and advocating for how one wants to be treated. 7. Participating in a group project to demonstrate characteristics of a healthy relationship. 8. Watching videos that provide knowledge and understanding of sexually transmitted diseases, 9. Practicing the correct use of condoms on life-like replicas. 10. Participating in a class project that increases knowledge and understanding of the responsibilities of raising children. 11. Taking quizzes and exams to measure knowledge of issues surrounding human sexuality. Out Of Class Activities: This course will have various assignments to be completed outside of the classroom. These assignments include: readings, written work, and hands-on activities pertaining to the weekly topics which are to be practiced before the next class meeting.

Explain how this proposal affects program requirements and students in your unit:

This course will be offered to approximately 20 students. This course is a Career and Community Studies (CCS) program requirement with credit hour(s) incorporated into total requisite credits for graduating from this program of study.

Explain how this proposal affects courses, program requirements and student in other units:

There will be no negative conflicts with other courses or students in other units. However, there are opportunities for students in other units to participate in the CCS program and courses offerings as either a volunteer academic mentor or tutor, or to complete service learning, experiential learning, field experience, practicum or internship credit that may satisfy requirements in their program of study.

Explain how this proposal affects enrollment and staffing:

There will be approximately 20 students enrolled in this course requiring one faculty

Units consulted (other departments, programs or campuses affected by the proposal):

Deans and Directors of colleges and schools have been consulted and endorsement has been granted.

Comments (500 Character Maximum):

NOTE: Please do not use the following restricted characters: (~ * / \--)

Approve Return To Initiator Return To Prior Approver Deny

Comments:

Date	User	Comment
10/14/2014	Yvonne Ellen Michali	No comments available.

History:

Date	User	Status
10/14/2014	Mary M. Dellmann-Jenkins	Approved
10/14/2014	Yvonne Ellen Michali	Submitted



Name:

Hilda A Pettit

Submission Date: 10/14/2014

X

Organization: Vacca Office of Student Services

Course Catalog Update

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Course Catalog Update Information:

STU0004

Reference Number: CCU007563

Date: 05-SEP-14

Level: 2.00 of 2.00

Currently On The Worklist Of: Joanne Arhar, jarhar

Owner: Office of Curriculum Services, 330-672-8558 or 330-672-8559, curriculum@kent.edu

Basic Course I	Data		
Change type:	Establish		
Faculty memb	er submitting this proposal: Yvonne Mich	iali	
Requested Eff	ective Term: 201580		
Campus: Kent			
College: EH-Ed	ucation, Health and Human Services	-	
Department: L	DES-Lifespan Development and Educational	Sciences	
Course Subjec	t: CCS-Career and Community Studies		
Course Numbe	er: 00235		
Course Title:	lealth & Wellness III: Injury Prevention		
Title Abbrevia	tion: HW III Inj <mark>ury Prevention</mark>		
Slash Course a	and Cross-list Inf ormation:		
Credit Hours			
Minimum Cred	it/Maximum Credit: 3 to 3		
Contact Hours	: Lecture - Minimum Hours/Maximum F	lours: 3 to 3	
_	: Lab - Minimum Hours/Maximum Hours		
	: Other - Minimum Hours/Maximum Hou		
Attributes	· · · · · · · · · · · · · · · · · · ·		
Is this course	part of the LER, WIC or Diversity requir	ements: No	
	attributes: 1. 2, 3,		
	e be repeated for credit: No Repeat	Course Limit:	OR Maximum Hours:
Course Level: I		Grade Rule: B-Standard lette	
Rationale for a	n IP grade request for this course (if a	oplicable):	
	(s): 1, LEC-Lecture 2. 3.	-	
Credit by Exam	: N-Credit by exam-not approved		
Prerequisites 8	& Descriptions		
	uisite/Corequisite/Catalog Description	•	
	ption (edited): The focus of the course is t		sues related to personal injury and safety.
	edited): Career and Community Studies (C		, , , , , , , , , , , , , , , , , , , ,
Corequisites (e			
Registration is	by special approval only: No	,	
Content Inform	nation		
Content Outlin	e:		
Content Hours	Topic Description		
12	Unsafe Behaviors: negative impacts of specific behaviors; health risks; analyze potential severity of injury or illness.		,
11	Influences on Health Behaviors: family, peers, culture, community, media, technology; personal susceptability to		
	illness or injury; access valid informtion and products.		3
11			*

Healthy Choices: alternatives to unsafe activities; steps to responsible decision-making; reduce or prevent injuries; personal responsibility in enhancing health.

Display/Ride Dellmited Course Outline

Total Contact Hours: 45

Textbook(s) used in this course: There is no required textbook.

Writing Expectations: Students will complete various written assignments using appropriate forms, conventions, and styles to communicate ideas and information with attention given to professionalism.

Instructor(s) expected to teach: It is expected that there will be one KSU or CCS instructor who will teach the various topics, and who will facilitate the learning experience.

Instructor(s) contributing to content: Dr. Donna Bernhert and Amanda Burke

Proposal Summary

Explain the purpose for this proposal:

The purpose of this proposal is to establish a new course. The purpose of the course is to understand behaviors and issues related to injury and safety. Various topics are discussed with refusal skills, decision-making, personal and social skills being emphasized. The curriculum and experiences are designed and implemented utilizing methods necessary to help all students learn and succeed in a manner that promotes the attainment and application of knowledge and skills related to injury and safety education. Student behavior that encourages responsible choices for lifelong health and wellness will be supported. Learning Outcomes: 1. The student will identify reasons some people may choose unsafe behaviors. 2. The student will identify and explain negative impacts that specific behaviors have on individual health. 3. The student will analyze how some health risk behaviors can influence the likelihood of engaging in unhealthy behaviors. 4. The student will analyze the potential severity of injury or illness if engaging in unhealthy behaviors. 5. The student will analyze the influence of family, peers, culture, community, media, and technology on healthy behaviors. 6. The student will analyze personal susceptibility to injury, illness or death if engaging in unhealthy behaviors. 7. The student will demonstrate the ability to access valid information, products, and services to enhance health. 8. The student will use decision-making and refusal skills to enhance health andor to avoid risks to health, 9. The student will state specific techniques that can be used for handling peer pressure. 10. The student will describe basic steps to refuse unwanted behaviors. 11. The student will identify alternatives to unsafe activities. 12. The student will describe basic steps of responsible decision-making. 13. The student will propose ways to reduce or prevent injuries and health problems. 14. The student will demonstrate a variety of behaviors that avoid or reduce health risks to self and others. 15. The student will analyze the role of individual responsibility in enhancing health. In Class Activities: 1. Participating in small groups to identify and to create a list of reasons why some young people may choose unsafe behaviors. 2. Researching the negative impacts that specific behaviors have on Individual health. 3. Interviewing family members in order to understand family values, beliefs, and behaviors concerning healthy behaviors. 4. Demonstrating the ability to access valid information, products, and services to enhance health. 5. Learning and practicing specific techniques that can be used for handling peer pressure through activities such as role modeling, video clips, and reflective writings, 6. Completing assignments. 7. Participating in class group activities, and participation evaluated in terms of how actively the student participates in class sessions. 8. Sharing resources and ideas, and providing possible solutions and engaging in discussions. 9. Self-assessment on how one believes they are participating and completing assignments. 10. Practicing and demonstrating various skills learned. 11. Discussing, writing, and watching videos on dating violence, sexual harassment, bullying, suicide, self-injury, and general violence. 12. Taking quizzes and exams to measure knowledge acquisition. Out Of Class Activities: This course will have various assignments to be completed outside of the classroom. These assignments include: readings, written work, and hands-on activities pertaining to the weekly topics which are to be practiced before the next class meeting.

Explain how this proposal affects program requirements and students in your unit:

This course will be offered to approximately 20 students. This course is a Career and Community Studies (CCS) program requirement with credit hour(s) incorporated into total requisite credits for graduating from this program of study.

Explain how this proposal affects courses, program requirements and student in other units:

There will be no negative conflicts with other courses or students in other units. However, there are opportunities for students in other units to participate in the CCS program and courses offerings as either a volunteer academic mentortutor, or to complete service learning, experiential learning, field experience, practicum or internship credit that may satisfy requirements in their program of study.

Explain how this proposal affects enrollment and staffing:

There will be approximately 20 students enrolled in this course requiring one faculty.

Units consulted (other departments, programs or campuses affected by the proposal):

Deans and Directors of colleges and schools have been consulted and endorsement has been granted.

Comments (500 Character Maximum):

NOTE: Please do not use the following restricted characters: ($\sim * / \setminus --$)

Page 3 of 3 Approve

Approve Return To Initiator Return To Prior Approver Deny Comments: Date 10/14/2014 User Comment Yvonne Ellen Michali No comments available.

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Date	User	Status
10/14/2014	Mary M. Dellmann-Jenkins	Approved
10/14/2014	Yvonne Ellen Michali	Submitted

Approve Page 1 of 3



Name:

Hilda A Pettit

Submission Date: 10/14/2014

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Organization: Vacca Office of Student Services

Course Catalog Update

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STU0004

Course Catalog Update Information:

\$10000

Reference Number: CCU007564 Date: 05-SEP-14

Level: 2.00 of 2.00 Currently On The Worklist Of: Joanne Arhar, jarhar

Owner: Office of Curriculum Services, 330-672-8558 or 330-672-8559, curriculum@kent.edu

Basic Course	Data			
Change type:				
	per submitting this proposal: Yvonne Mic	hali		
<u> </u>	<u> </u>	11011	Addressed v. 10.	
	fective Term: 201580	 		
Campus: Kent				
College: EH-Ed	ducation, Health and Human Services			
Department:	LDES-Lifespan Development and Educationa	l Sciences		
Course Subject	ct: CCS-Career and Community Studies			
Course Numb	er: 00335			
Course Title:	Health & Wellness IV: Healthy Living and Su	ıbstance Abuse		
Title Abbrevia	t ion: HW IV He <mark>alth</mark> y Living and <mark>SA</mark>			
Slash Course	and Cross-list <mark>Information:</mark>			
Credit Hours				
Minimum Cred	dit/Maximum Credit: 3 to 3			
Contact Hours	s: Lecture - Minimum Hours/Maximum	Hours: 3 to 3		
Contact Hours	:: Lab - Minimum Hours/Maximum Hou	rs:		
Contact Hours	: Other - Minimum Hours/Maximum Ho	urs:		
Attributes				
Is this course	part of the LER, WIC or Diversity requi	rements: No		
If yes, course	attributes: 1. 2. 3.			
Can this cours	e be repeated for credit: No Repeat	Course Limit:	OR Maximum Hours:	
Course Level:	Undergraduate	Grade Rule: B-Stand	dard letter	
Rationale for a	an IP grade request for this course (if a	pplicable):		
Schedule Type	e(s): 1. LEC-Lecture 2. 3.			
Credit by Exam	n: N-Credit by exam-not approved			
Prerequisites	& Descriptions			
Current Prerec	quisite/Corequisite/Catalog Description	1:		
health and wellr		ition. Topics to be disci	es students to make responsible choices for lifelong cussed include personal and social skills, nutrition an revention.	d
Prerequisites	(edited): Career and Community Studies (CCS) Major		
Corequisites (edited): None	· -		
Registration is	s by special approval only: No			
Content Infor	mation			
Content Outlin	ie:			_
Content Hours per Course Topic	Topic Description			
15	Analyze personal health behavior and health status: identify and explain negative impacts that specific behaviors have on health.			
15	Change unhealthy behaviors: access valid information; enhance health and avoid or reduce health risks, use decision-making and refusal skills, techniques for managing stress.			

Create a healthy living plan: establish personal health goals, identify steps toward reaching health goals.

Display, Hide Delimited Course Outline

Total Contact Hours: 45

Textbook(s) used in this course: There is no required textbook.

Writing Expectations: Students will complete various written assignments using appropriate forms, conventions, and styles to communicate ideas and information with attention given to professionalism.

Instructor(s) expected to teach: It is expected that there will be one KSU or CCS instructor who will teach the various topics, and who will facilitate the learning experience.

Instructor(s) contributing to content: Dr. Donna Bernhert and Amanda Burke

Proposal Summary

Explain the purpose for this proposal:

The purpose of this proposal is to establish a new course. The purpose of the course is for students to apply decision-making, conflict resolution, communication, goal-setting, and stress management, sexuality education, substance use, and injury prevention. Research confirms that the practice of health enhancing behaviors can contribute to a positive quality of life. In addition, many diseases and injuries can be prevented by reducing harmful and risk-taking behaviors. This course promotes the acceptance of personal responsibility for health and encourages the practice of healthy behaviors. Learning Outcomes: 1. The student will identify and explain the negative impacts that specific behaviors have on individual health. 2. The student will analyze personal health behavior and health status. 3. The student will demonstrate an understanding of how to change unhealthy behaviors. 4. The student will use interpersonal communication skills to enhance health and avoid or reduce health risks. 5. The student will demonstrate the ability to access valid information, products, and services to enhance health. 6. The student will use decision-making and refusal skills to enhance health andor avoid risks to health. 7. The student will identify specific techniques that can be used for managing stress. 8. The student will establish person health goals. 9. The student will establish personal health goals. 10. The student will describe basic steps of responsible decision-making. In Class Activities: 1. Creating a healthy living plan. 2. Completing worksheets and assessments that help the student to recognize current psychological, emotional, and physical health. 3. Completing a family health history portrait. 4. Increasing communication and refusal skills related to health issues. 5. Demonstrating knowledge through quizzes and class assignments. 6. Finding community health resources. 7. Participating in group discussions on specific health topics. 8. Giving a PowerPoint presentation on an identified health topic. Out Of Class A

Explain how this proposal affects program requirements and students in your unit:

This course will be offered to approximately 20 students. This course is a Career and Community Studies (CCS) program requirement with credit hour(s) incorporated into total requisite credits for graduating from this program of study.

Explain how this proposal affects courses, program requirements and student in other units:

There will be no negative conflicts with other courses or students in other units. However, there are opportunities for students in other units to participate in the CCS program and courses offerings as either a volunteer academic mentortutor, or to complete service learning, experiential learning, field experience, practicum or internship credit that may satisfy requirements in their program of study.

Explain how this proposal affects enrollment and staffing:

There will be approximately 20 students enrolled in this course requiring one faculty.

Units consulted (other departments, programs or campuses affected by the proposal):

Deans and Directors of colleges and schools have been consulted and endorsement has been granted.

Comments (500 Character Maximum):

NOTE: Please do not use the following restricted characters: ($\sim * / \--$)

Approve	Peturn To Initiator	ı	Peturn To Prior Approver	Deny	
		٠,		_	-

Comments

Commentor				
Date	User	Comment		
10/14/2014	Yvonne Ellen Michali	No comments available.		

History:

11101017			
Date	User	Status	
10/14/2014	Mary M. Dellmann-Jenkins	Approved	
10/14/2014	Yvonne Ellen Michali	Submitted	

Approve Page 3 of 3