GROUP LEADERSHIP TRAINING: WHAT IS LEARNED USING A FISHBOWL METHOD (215 pp.)

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This study examined the learning that occurred among counselor trainees who were observers of student-led groups, using the Fishbowl Method of group work training. Participants were graduate students enrolled in a basic group work course, in counselor education programs at Kent State University and The College of the Bahamas. A total of 83 students volunteered to participate, of which 72 students completed a Things Learned Questionnaire and a Demographic Information Questionnaire, and 11 students participated in individual interviews with the researcher. An inductive, qualitative research design was used, integrating NUD*IST N5 research software for analysis of data. Interview and questionnaire responses consistently indicated a majority of participants learned something about coleaders or coleading a group. Observer focus was found to be placed on group process over group content. Implications of this study point toward the importance of group leadership training and how to best use the experiential component of training future group workers.