

AAS IN SPORT & EXERCISE STUDIES TO BS IN EXERCISE SCIENCE, EXERCISE SPECIALIST CONCENTRATION

The B.S. in Exercise Science is fully offered On-Ground at the Kent Campus

SUGGESTED SEQUENCE AT CUYAHOGA COMMUNITY COLLEGE

Semester One	16-17 Credits	KSU Equivalent
HLTH 1100 Personal Health Education	3	HED 11570
SES 1001 Introduction to Sport and Exercise Studies	2	EXSC 15010
SES 1040 Teaching Exercise Training Techniques	3	PWS 1X000
BIO 1500 Principles of Biology I	4	BSCI 10120 (KBS, KLAB)
ENG 1010 College Composition I or ENG 101H (Honors)	3	ENG 11011 (KCP1)
Select one of the following: PE 1000 Personal Fitness or PE 1010 Personal Strength Development or PE 1020 Weight Training	1-2	PWS 1X000 or PWS 1X000 or PWS 12324
Semester Two	17 Credits	KSU Equivalent
MATH 1530 College Algebra	3	MATH 11010 (KMCR)
SES 2000 Essentials of Sports Injury Care	3	ATTR 25036
SES 2310 Advanced Training Concepts/Techniques	3	ATTR 35040
BIO 2331 Anatomy and Physiology I**	4	BSCI 21010 (KBS, KLAB)
PSY 101 General Psychology or PSY 101H (Honors)	3	PSYC 11762 (KSS, DIVD)
Select one of the following: HLTH 1310 Cardiopulmonary Resuscitation or EMT 1310 Cardiopulmonary Resuscitation or HLTH 1230 Standard First Aid and Safety	1	HED 1X000 or TRAN 1X000 or HED 1X000
Semester Three	16 Credits	KSU Equivalent
SES 2100 Sport & Exercise Physiology	3	EXSC 45080 (WIC)
SES 2410 Exercise Testing and Prescription	3	EXSC 45065
SES 2500 Health and Wellness Coach Cert Prep	3	EXSC 2X000
BIO 2341 Anatomy & Physiology II**	4	BSCI 21020 (KBS, KLAB)
ENG 1020 College Composition II or ENG 102H (Honors)	3	ENG 21011 (KCP2)
Semester Four	14 Credits	KSU Equivalent
DIET 1200 Basic Nutrition	3	NUTR 23511 (KBS)
SES 2130 Kinesiology: Fund of Human Movement	3	EXSC 35054
SES 2420 Advanced Exercise Testing and Prescription	3	EXSC 35075
SES 2840 Practicum: Sport and Exercise Studies	2	EXSC 2X000
SES XXXX (Technical Elective) *	3	Please consult the Transfer Credit Guide

63-64 TOTAL CREDIT HOURS TO COMPLETE AAS FROM CUYAHOGA COMMUNITY COLLEGE

SUGGESTED SEQUENCE AT KENT STATE

Semester Five	14 Credits
CHEM 10060 General Chemistry I (KBS) @	4
CHEM 10062 General Chemistry I Lab (KLAB) @	1
GERO 14029 Introduction to Gerontology (KSS, DIVD) @	3
SEPP 20026 Psychological Foundations of Sport and Exercise	3
Kent Core Humanities (KHUM) @	3
Semester Six	14 Credits
CHEM 10061 General Chemistry II (KBS) @	4
CHEM 10063 General Chemistry II Lab (KLAB) @	1
EXSC 35068 Statistics for the Exercise Scientist @	3
EXSC 45481 Seminar in Exercise Physiology	3
Kent Core Fine Arts (KFA) @	3
Semester Seven	15 Credits
ATTR 45040 Pathology and Pharmacology for Allied Health Care Providers or EXSC 41000 Exercise Implementation: An Exercise Intervention Program	3
EXSC 40612 Exercise Leadership for the Older Adult	3
EXSC 45070 Electrocardiography for the Exercise Physiologist	3
SPAD 35025 Facility Management or PH 30015 United States Health Care System	3
Kent Core Humanities or Fine Arts (KHUM, KFA) @	3
Semester Eight	14 Credits
NURS 20950 Human Growth and Development for Health Professionals @	3
or PESP 25033 Lifespan Motor Development @	
EXSC 45492 Internship in Physical Fitness/Cardiac Rehabilitation (ELR)	3
EXSC 45022 Exercise Leadership or EXSC 45023 Professional Certificate Preparation	2
General Electives (If needed to reach 120 total hours)	5
Upper-Division Elective	1
120-121 TOTAL CREDIT HOURS TO COMPLETE BS FROM KSU, INCLUDING TRANSFER COURSEWORK	

*Students should not choose SES 2340 as electives as it will result in duplicate credit which cannot be counted toward the BS.

** If BIO 2331 and BIO 2341 are both completed with a passing grade, the requirement for Human Anatomy and Physiology I and Human Anatomy and Physiology II in the Bachelor of Science (BS), Exercise Science is satisfied.

@ Course may be taken at Cuyahoga Community College and transferred to Kent State. However, please be aware of Kent State's residence policy. Once an associate degree is earned, additional courses taken at Tri-C may not be eligible for financial aid. Please see Financial Aid for details.

Requirements to graduate with the BS degree program: To graduate, students must have minimum 120 credit hours, 39 upper-division credit hours of coursework, a minimum 2.25 major GPA and minimum 2.00 cumulative GPA. They must also fulfill an approved experiential learning experience, a two-course diversity requirement (domestic and global), complete a writing intensive course with a minimum C (2.000) grade. More specific graduation requirement information can be found in the Academic Policies section of the Kent State University Catalog (www.kent.edu/catalog).

This information is provided solely for the convenience of the reader, and Kent State University expressly disclaims any liability which may otherwise be incurred. This publication is neither a contract nor an offer to make a contract. While every effort has been made to ensure the accuracy of the information, Kent State University reserves the right to make changes at any time with respect to course offerings, degree requirements, services provided, or any other subject addressed herein.

It is recommended that students intending to pursue the Bachelor of Science (BS) in Exercise Science through Kent State University consult with academic advisors at both Cuyahoga Community College and Kent State University.

Contact Information:

Kent State University

Academic Partnerships
Enrollment Management Operations & Administration
330-672-7341
pathways@kent.edu

Cuyahoga County Community College

Campus Counseling Center
www.tri-c.edu/counseling-center

Last Updated June 2021