



HOME

Lunch	Roasted BBQ Chicken, Mac and Cheese (M,S,W), Sweet Corn Succotash and Slow Collard Greens [calories 60-675]
Dinner	Fish and Chips (F,W,M), Peas and Carrots, French Fries (S) and Tartar Sauce (S,E) [calories 40-770]

TRANSFORMATION

Lunch/Dinner	Mac and Cheese Bar with assorted toppings [calories 285-890]
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VEGAN

Breakfast	Tofu Scramble (S), Vegan Sausage (S) and Vegan Pancakes (S,W) [calories 100-500]
Lunch	Bibimbap Bowl (S,W,SS) [calories 1035]
Dinner	Vegan Teriyaki "Chicken" (S,W), Vegetable Yakisoba (S,W) and Ginger & Garlic Broccoli [calories 140-845]

GLUTEN SOLUTIONS

Breakfast	Scrambled Eggs (E), Scrambled Egg Whites (E), Turkey Bacon, Pork Sausage, Breakfast Spiced Diced Potatoes [calories 60-890]
Lunch	Psari Plaki Cod (F), Roasted Lemon Parsley Red Potatoes, Fassolakia Lathera, Mediterranean Roasted Vegetables [calories 70-655]
Dinner	Grilled BBQ Chicken, BBQ Baked Beans (F), Slow Cooked Collard Greens and Spiced Green Beans [calories 35-585]

GRILL

Breakfast	Biscuits (E,W,S,M), Gravy (S,W) and Biscuits and Sausage Sandwich (S,W) [calories 280-715]
Lunch	Crispy Bacon Swiss Sandwich (S,W,M), Bacon Cheeseburger (S,W) and Shoestring Fries (S,W) [calories 170-900] <i>Available upon request</i> - Veggie Burger (S,W) [calories 280]
Dinner	Chicken Nuggets (S,W), Bacon Cheeseburger (S,W) and Tater Tots [calories 150-560] <i>Available upon request</i> - Veggie Burger (S,W) [calories 280]

ACTION

Lunch	Made-to-Order Pasta Bar [calories 285-1200]
Dinner	Made-to-Order Stir Fry Bar [calories 130-910]

PIZZA

Lunch/Dinner	Cheese (M,S,W), Pepperoni (M,S,W), Veggie (M,S,W), Sausage (M,S,W), Garlic Pizza (M,S,W), Caesar Salad (M,W,S,E,F - anchovies) [calories 165-325]
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W – Contains Wheat S – Contains Soy E – Contains Eggs
M – Contains Milk P – Contains Peanuts T – Contains Tree Nuts
SF – Contains Shellfish SS – Contains Sesame F – Contains Fish

2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional Nutrition information available upon request.
Consuming raw or undercooked eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.