



**Sunday**  
*Menus subject to change.*

## VEGAN

- Breakfast** Tofu Scramble (S), Vegan Sausage (S) and Vegan Pancakes (S,W) [calories 100-500]
- Dinner** Chickpea Gumbo, Vegetable Dirty Rice, Spiced Green Beans and Roasted Cauliflower with Pecans (T-pecans) [calories 140-535]

## GRILL

- Dinner** Bacon Grilled Cheese (M,S,W), Turkey Burger with Pepper Jack Cheese (M,S,W), and Shoestring Fries [calories 170-690] *Available upon request* - Veggie Burger (S,W) [calories 280]

## ACTION

- Breakfast** Scrambled Eggs (E), Scrambled Egg Whites (E), Turkey Sausage, Pork Bacon, Hash Brown Patty (S) [calories 60-890]
- Dinner** Made-to-Order Stir Fry Bar [calories 130-910]

W – Contains Wheat S – Contains Soy E – Contains Eggs  
M – Contains Milk P – Contains Peanuts T – Contains Tree Nuts  
SF – Contains Shellfish SS – Contains Sesame F – Contains Fish

2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional Nutrition information available upon request.  
Consuming raw or undercooked eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.