





VEGAN

Breakfast	Tofu Scramble (S), Vegan Sausage (S) and Vegan Pancakes (S,W) [calories 100-500]
Dinner	Shepherd's Pie, Roasted Brussel Sprouts and Sugar Snap Peas and Baby Carrots [calories 70-435]

GRILL

DinnerHot Dog, Turkey Burger with Pepper Jack Cheese (M,S,W) and Shoestring Fries (S,W) [calories 170-620]Available upon request - Veggie Burger (S,W) [calories 280]

ACTION

BreakfastScrambled Eggs (E), Scrambled Egg Whites (E), Turkey Sausage, Pork Bacon, Hash Brown Patty (S)
[calories 60-890]DinnerMade-to-Order Stir Fry Bar [calories 130-910]

SF – Contains Shellfish SS – Contains Sesame F – Contains Fish

2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional Nutrition information available upon request. Consuming raw or undercooked eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.