

MAY 2023 | ISSUE 13

THE MDC BULLETIN

Contents of this Issue:

Year in Review

Asian Pacific Heritage Month

Jewish American Month

LGBT Pride Month

MDC Mentee Spotlights



Year in Review

It's been a big year for the MDC

We heard from Dr. Joel Hughes on careers in psychology

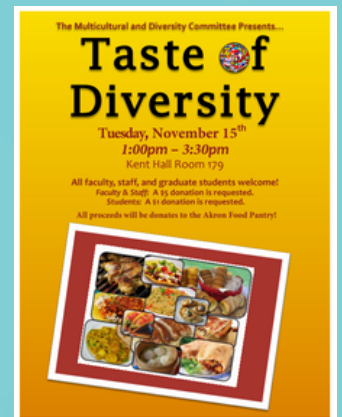


Graduate students Madison Quinn and Michael Pellicane presented on the state of the science in depression and anxiety research



We heard from a panel of experts on neuropsychology careers.

Graduate students (Fall '22) and faculty (Spring '23) prepared and shared food from cultures all around the world. As part of the spring Taste of Diversity, we also discussed our research that focuses on diversity.



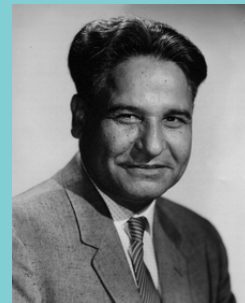
We hosted a Master's Fair event with representatives from graduate programs at Akron University, Cleveland State University, and Kent State University

May: Asian Pacific American Heritage Month

The Library of Congress, National Archives and Records Administration, National Endowment for the Humanities, National Gallery of Art, National Park Service, Smithsonian Institution and United States Holocaust Memorial Museum join in paying tribute to the generations of Asian and Pacific Islanders who have enriched America's history and are instrumental in its future success.

January 3, 1957

Dalip Saund of California is sworn in as a U.S. Representative, becoming the first Asian-American, first Indian American, and first Sikh to serve in Congress



August 24, 1959

Honolulu-born Hiram L. Fong is sworn in as Hawaii's first U.S. Senator, becoming the first Asian American elected to the chamber.

July 21, 2000

President Bill Clinton swears in Norman Mineta as the U.S. secretary of commerce, making him the first Asian American to serve in a presidential cabinet.



January 20, 2021

Kamala D. Harris is sworn in as the first female, first Asian American, and first Black vice president of the United States.

Sources:

<https://www.asianpacificheritage.gov/>

<https://www.history.com/topics/immigration/asian-american-timeline>

May: Jewish American Heritage Month

Jewish American Heritage Month (JAHM) Spotlight: Judith Heumann



Judith (“Judy”) E. Heumann, a founder of the disability rights movement, is known worldwide as a leader of the disability rights community. She was instrumental in the development in disability rights legislation, such as the Americans with Disabilities Act (ADA), the Individuals with Education Act, and the UN Convention on the Rights of Persons with Disabilities. In 1977, she led a 26-day takeover of a San Francisco federal building. The protest led to implementation of federal legislation (Section 504 of the Rehabilitation Act of 1973), a precursor of the Americans with Disabilities Act. Heumann is the author with Kristen Joiner of *Being Heumann: An Unrepentant Memoir of a Disability Rights Activist*. She is featured in the award-winning Netflix documentary *Crip Camp*.

HOW TO JAHM IN YOUR COMMUNITY

- ☐ Spread the word that May is JAHM!
- ☐ Post using #MyJAHM & #OurSharedHeritage
- ☐ Host a book club and explore the Jewish literary world from Bernard Malamud’s novel, *The Natural*, to Michael W. Twitty’s culinary journey in *Koshersoul*.
- ☐ Support Jewish American creatives in your community by attending a film screening, going to a concert, or finally eating at that restaurant!
- ☐ Visit JAHM partner museums, libraries, and cultural institutions in person and online!
- ☐ Reach out to your local elected officials and ask them to recognize JAHM.
- ☐ Speak out against antisemitism
- ☐ Visit [JewishAmericanHeritage.org](https://www.jewishamericanheritage.org) for information and shareable resources... including this nifty poster.

SHARE YOUR JAHM: [#MYJAHM](https://www.jewishamericanheritage.org/) [#OURSHAREDHERITAGE](https://www.jewishamericanheritage.org/)

Sources:

<https://www.jewishheritagemonth.gov/> || <https://jewishamericanheritage.org/>

June: LGBT Pride Month

June is Pride Month to honor the 1969 Stonewall Uprising in Manhattan



Checkout
<https://lgbtcleveland.org/pride/>
for the upcoming celebration in
the greater CLE area



Pride month has been celebrated for 50+ years, but President Bill Clinton officially declared June as Gay and Lesbian Pride Month in 2000. President Obama expanded the observance in 2011 to Lesbian, Gay, Bisexual, and Transgender Pride Month

PRIDE! Kent is an organization at Kent State founded in 1971 created to support and advocate for the LGBTQ+ community. Check out their social media at:
<https://facebook.com/pridekent/>



Checkout this column on courageous leaders and activists behind LGBTQ progress: Marsha P. Johnson, Billie Jean King, Harvey Milk, Audre Lorde, Larry Kramer, and RuPaul Charles.
Link: <https://www.cnn.com/2019/06/26/us/most-influential-lgbtq-activists/index.html>

MDC Mentee Spotlights

Hear from our 2023 MDC Graduates!

Kassy Hottmann

Mentor: Sam Cassidy

"I am a first-generation student and attended the first two years of my undergraduate at a local community college in my hometown. I started at Kent State in the spring of 22' and have been working towards a bachelor's in psychology with a concentration in counseling careers and a minor in sociology."



"Sam has been an amazing help to me. I have learned so much from Sam. She helped me to understand what the differences are between a clinical mental health counselor and a clinical psychologist. As well as what it really entails to be in a clinical psychology PhD program. Sam has been able to help guide me on how to prepare for graduate school and applications. As well as just being there for me for whatever questions I had. All of which have been an amazing asset for me to have."



"I wanted to be around and learn from people who have a diverse background."

Alexis Richeson

Mentor: Emily Rabinowitz

Alexis is a 2-year MDC member. Alexis was recipient of the Outstanding Senior Award and her NSF-GRFP won an honorable mention. Alexis was accepted into a PhD program to study Prevention Science this Fall.

"I knew I wanted to go to graduate school, but I had no idea how to get in. I wanted to be around and learn from people who have a diverse background." From mentor Emily Rabinowitz, "I learned the skills required to get into a graduate program. In the future, I hope to have the opportunity to mentor people, I think being mentored in the MDC program influenced this."

MDC Mentee Spotlights

Tia Bryant

Mentor: Keaton Somerville

"I hope to study clinical psychology. With that degree I want to open up my own practice in the future targeted to help teens and adults with Borderline Personality Disorder.

By far my favorite MDC event was the multicultural food day. It was amazing to try new foods from different cultures and talk to others we had not met thus far in the semester."

I have always been curious about why I and others do the things they do. I find that our health starts in the mind and helping others with that is what I want to do. I wanted to find more people interested in psychology who also looked like me. Also, I was looking for guidance in the best choices to make for my future which is what I got in MDC."

"I wanted to find more people interested in psychology who also looked like me."



Teresa Moreno

Mentor: Karlee Patrick

I am a first-generation College Graduate. My father was born in Mexico and my mother Mexican American was born in Ohio. My father had no educational background but when he came to the United States, he quickly applied his self and worked hard. My father passed away two years ago. I am thankful for the opportunities he has created for me. My mother was a migrant worker in Michigan; one of twelve children and born to Mexican born parents; who also came to United States in hopes for a better future. My mother pursued cosmetology and soon after became a business owner of a

beauty shop. There is no secret to where my drive, motivation and hard work come from.



I always wanted a mentor! I have been fortunate to meet many supportive people during my educational journey. I felt it would be beneficial to join MDC in hopes to get guidance during my time at KSU. I plan to start a graduate program in the fall of 2024. I would love to pursue a Career in Clinical Mental Health/School Counseling.

I enjoyed the Grad fair this Spring. It really gave me insight on some graduate programs and gave me the opportunity to talk to Grad students who have experience.



MDC Mentee Spotlights

"Urja has been a great mentor and has opened me up to many opportunities I would not have received otherwise."

Julie Schupbach

Mentor: Urja Bhatia

Virtual learning made it difficult to network with people in my department and I felt pretty clueless about different options after undergrad. I never thought of my situation (a first-generation college student) as diverse, but I was really interested in the mentorship program for advice from someone who has been in my shoes before.

"I am someone who sets high expectations for myself and can get a bit frustrated when things aren't going the way I had hoped or planned for. The most valuable thing Urja taught me is that it's okay to not have everything figured out all the time. She has helped me realize that I can afford to take things at a slower pace and to enjoy the process more than be anxious about what is to come. Urja has been a great mentor and has opened me up to many opportunities I would not have received otherwise. I wish she could be my mentor for life! MDC helped influence my goal to mentor other diverse students in schools to promote their academic and mental well-being"

Upcoming Events

May 1 through June 18, 2023:

"Modern Japan" Cleveland Museum of Art

May 16: William Shemin (Jewish Medal of Honor recipient) and the Medal of Honor (Live on Zoom - Registration Required)

June 22, 5:00 - 8:00 PM: History on Tap - PRIDE with the Cleveland History Center

MDC Member Shoutout

Congrats to MDC Member and Chair of Retention: Emily Rabinowitz.

Emily recently received the Graduate Student Advancing Equity Award through the Graduate College.

The story is available at this link:
<https://www.kent.edu/graduatecollege/news/graduate-student-advancing-equity-award-emily-rabinowitz>

Have a great summer!

For more information, you can contact the MDC Chair of Retention, Emily Rabinowitz, erabinow@kent.edu, or MDC president, Keaton Somerville, ksomerv5@kent.edu

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