## **Veggie Entrees**

Hummus, choice of vegetable, pickles, wrapped in pita bread. (340 cal)

Falafel Wrap \$10.19 so oo oo

Falafel, tahini sauce, hummus, choice of veggies, pickles, wrapped in pita bread. (1,150 cal)

Falafel Platter \$10.19 @ ® ®

Falafel (5), tahini sauce, pickles, hummus (1,030 cal)
\* Add slice of pita bread– (160 cal) @

Chickpea Salad \$7.690000

Cucumbers, tomatoes, onion chickpeas, feta cheese (optional), olives (340 cal)

### **Toppings:**

- Onion (5 cal) 🔞
- Tomato (5 cal) 🔞
- Lettuce (5 cal) 🚾
- Pickles (5 cal) 🦽
- Swiss Cheese (70 cal) 👊

## **Meat Entrees**

Tahini MC Burger \$ 7.69 00 0

Beef burger with spices (730 cal)

Toppings: 🚾 🚭

- Onion (5 cal) 👵
- Tomato (5 cal) 🕝
- Lettuce (5 cal)<sub>@</sub>
- Pickles (5 cal) 🧑
- Swiss Cheese (70 cal) 👊

## Chicken Shawarma \$10.19 000

Spiced chicken, garlic sauce, pickles, wrapped in pita bread. (660 cal)

Chicken Shawarma Platter \$10.19 00 S

Spiced chicken, garlic sauce, side of pita bread (680 cal)

## **Chicken Wings**

6 (\$7.19) or 10 (\$10.19) whole wings with your choice of two sauces:

- Mild Sauce (225 cal) <sub>GF</sub>
- Ranch (140 cal) 🚭
- \* Add rice for + \$2 🔞
- \* 16oz container of rice (\$4) w



## Mediterranean Cuisine.

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## **Sides**

**Rice \$4.19 @** (540 cal, 16 oz)

French Fries \$4.19 @ @ (420 cal)

**Yogurt** \$3.19 **© ©** (150 cal)

**Side Pita** \$1.00 **♥ © (**160 cal)

Potato Chips \$2.19 (150 cal)

Grape Leaves \$4.19 @ 4 grape leaves stuffed with rice, onions and herbs (110 cal)

## Dessert

Baklava \$4.19 000 0 0 0

Paper-thin layers of phyllo dough, chopped walnuts, butter, and syrup (130 cal)

Gluten Free Chocolate Cake \$4.19 (540 cal) @ 6

## **Drinks**

Bubble tea 20 oz each \$5.49

- Mango (215 cal) 🚭 🚾
- Peach (100 cal) 🙃 🚾
- Strawberry (220 cal) 🚭 🚾
- Taro Milk (315 cal) 🚭 🕡 🕓
- Moreno Tea (315 cal) @ roo

Mint Lemonade \$5.49 @ @

Fresh-made lemonade with fresh mint leaves (140 cal)

Ayran \$3.19 ©
Refreshing sour yogurt drink

Tahini MC Smoothie \$5.49 of

Strawberry, Orange juice, milk, banana, blueberry, fresh mint (340 cal)

Rathskeller Smoothie \$5.49 • GF Mango, pineapple, milk, water, banana (320 cal)

Water, Soda or Gatorade \$2.69

# Mediterranean Cuisine.

## **Meal Exchange Items**

Each Meal Exchange comes with fries and a drink (Water, Soda or Gatorade)

## Tahini MC Burger 900

Beef burger with spices (730 cal) **Toppings:** 

- Onion (5 cal) 🛚 🕝
- Tomato (5 cal) 🕝
- Lettuce (5 cal) 🦽
- Pickles (5 cal) 🦽
- Swiss Cheese (70 cal) 👊

## (Vegan) Beyond Burger® 💇 🕲 🔞 🕦

Veggie burger with spices (250 cal)

## Toppings:

- Onion (5 cal) 🛭 👨
- Tomato (5 cal) 🚾
- Lettuce (5 cal) 🚾
- Pickles (5 cal) 🔞
- Swiss Cheese (70 cal) m

## Organic Hummus Sandwich ©® V

hummus, lettuce, tomato, cucumber, and pickles, on a bun (340 cal)

## Shawarma Sandwich © © 0 0

Chicken Shawarma, garlic sauce, cucumber, on a bun (730 cal)

## Falafel Sandwich 💿 🔞 🕦 🔞

Falafel, lettuce, tomato, hummus, cucumber, and pickles, on a bun (880 cal)

## **Hours:**

Monday-Friday 11:30 a.m. -9 p.m. Closed: Saturday & Sunday









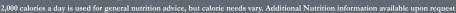












Contains Milk