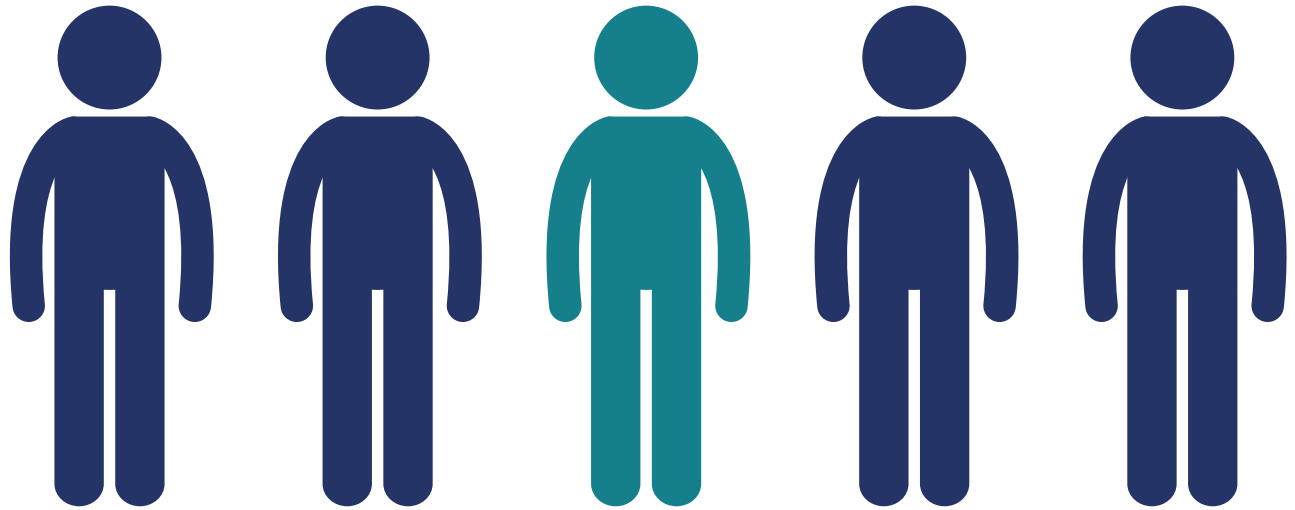


Did you know...

Over **1 in 5** youth ages 13-18



either currently or at some point during their life,  
have had a seriously debilitating mental illness.

(2023, CDC)



Those who display the Hear to Help logo have a deeper understanding of mental health and substance use and can help connect individuals with appropriate resources.

[www.kent.edu/cpph](http://www.kent.edu/cpph)