



SUICIDE IS THE 2ND LEADING CAUSE OF DEATH AMONG PEOPLE AGED 10-14 AND 20-34. (CDC, 2023)

KNOW WHERE TO FIND HELP FOR YOURSELF, A FRIEND, OR A LOVED ONE. VISIT [WWW.KENT.EDU/H2H-RESOURCES](http://WWW.KENT.EDU/H2H-RESOURCES) FOR MENTAL HEALTH RESOURCES.



Those who display the Hear to Help logo have a deeper understanding of mental health and substance use and can help connect individuals with appropriate resources.

**[www.kent.edu/h2h-resources](http://www.kent.edu/h2h-resources)**