<u>Mental Health Referral Tracker</u>

In the blank space provided below, we ask that you keep track of the number of people *you* refer to mental health or related services over the course of the next three months, so that you can accurately fill out the referral survey we will send to you at the end of the quarter.

The referral surveys will be sent to you at the beginning of January, April, July, and October.

What counts as a referral?

- Anytime you refer someone to a crisis hotline (I.e., supplying them with a phone number)
- Anytime you supply someone with a website, phone number, or location of a counseling or related agency
- Anytime you physically bring someone to a mental health related resource
- Referrals can be anyone not just students. You can count referring a friend, a family member, a coworker, etc.

What information do you need to keep track of?

- Just the number of people you have referred. You do not need to keep track of their names or any other information.
- Please use the blank space to the right to keep a tally of the number of people you have referred.
- Referral time periods are:
 - January-March
 - April-June
 - July-September
 - October-December

<u>Questions?</u>

Visit our website at **www.kent.edu/mhsu/neomhat** OR

Email Diana Kingsbury-Patel at dkingsb2@kent.edu





Center for Public Policy and Health



Keep Track of Referrals Here:		

