

SEPTEMBER 2022 | ISSUE 10

THE MDC BULLETIN

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Welcome to the Fall 2022 semester!

First MDC Event of the Fall: Psychology Careers with Dr. Joel Hughes



Dr. Joel Hughes kicked off the first MDC event of the semester with a presentation on psychology career pathways.

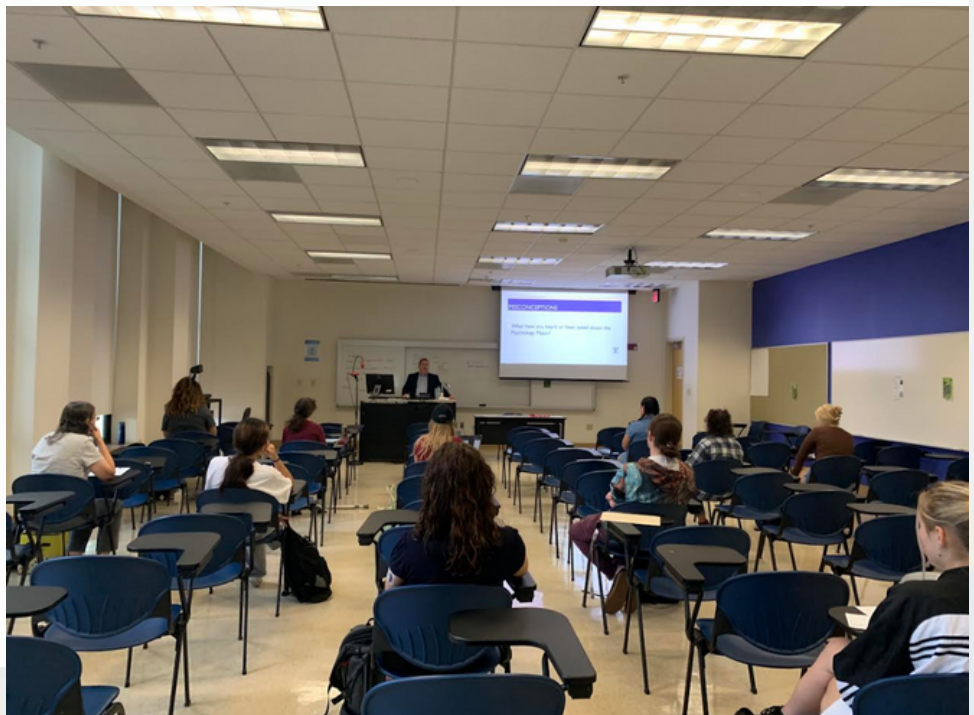


Graphic source: <https://www.reviewadda.com/institute/article/286/career-options-in-psychology>

Special shout out to Dr. Sharon Sciartelli and grad students Madison Quinn, Jenny Earnest, and Sam Cassidy for attending.

The next event is a seminar on Depression and Anxiety on October 17th.

For more information or to get involved, contact the MDC chair, Emily Rabinowitz, at erabinow@kent.edu.



MDC Events in Fall 2022

**MDC has 4 events
Currently Planned for the
Fall Semester**



- 9/12 Psychology Careers with Dr. Joel Hughes
- 10/17 Seminar on Depression and Anxiety (KTA 101 at 5:30 PM)
- 11/7 Careers in Neuropsychology Panel (KTA 101 at 5:30 PM)
- 11/15 Taste of Diversity In-Person Lunch (KH 179 1:00-3:30 PM)

KTA = Kent Hall Addition; KH = Kent Hall

How to Donate to MDC



Last year, MDC raised nearly \$200 to support the Akron Food Bank to the Brimfield Cupboard and our MDC mentees to cover application fees.

You can donate at MDC events or via Venmo anytime to Dr. Mary Himmelstein.

Venmo Link:
@Mary-Himmelstein

Why come to an event or join MDC?

- If you are an undergraduate psychology major, you will be matched with a graduate student member of the MDC for guidance and support
 - Monthly meetings with your mentor
 - The ability to ask questions about courses, the GRE, getting research and clinical experience, applying for graduate school, graduate life, and anything else!

The MDC aims to make a positive difference in the education of all students within the Department of Psychological Sciences at Kent State University through promoting an atmosphere of cultural acceptance, humility, and inclusion.

September 15th - October 15th: Hispanic-Latino Heritage Month



National Hispanic Heritage Month honors the culture, heritage, and contributions of Hispanic Americans each year. The event began in 1968 when Congress deemed the week including September 15 and 16 National Hispanic Heritage Week to celebrate the contributions and achievements of the diverse cultures within the Hispanic community. The dates were chosen to commemorate two key historic events: Independence Day, honoring the formal signing of the Act of Independence for Costa Rica, El Salvador, Guatemala, Honduras, and Nicaragua (September 15, 1821), and Mexico's Independence Day, which denotes the beginning of the struggle against Spanish control (September 16, 1810). It was not until 1988 that the event was expanded to month-long period, which includes El Dia de la Raza on October 12, which celebrates the influences of the people who came after Christopher Columbus and the multicultural, multiethnic society that evolved as a result; Chile's Independence Day on September 18 (El Dieciocho); and Belize's Independence Day on September 21. Each year a different theme for the month is selected and a poster is created to reflect that theme.

Source: <https://diversitycentral.com/calendar/heritagemonthguide.php>

How to celebrate Hispanic-Latino Heritage Month:

- Support local Hispanic-owned businesses (and all year)
- Check out Hispanic arts and culture (Frida Kahlo's paintings are a good start)
- Learn/practice the Spanish language (at over 60 million people, the Hispanic population in the US is the largest minority population)
- Plan a fiesta!

Visit this link for some history on Hispanic-Latino Heritage Month and some great suggestions about how to recognize the month:
<https://nationaltoday.com/hispanic-heritage-month/>

Hispanic-Latino Heritage Month Events at KSU:

- Flashes of DEI Podcast: Hispanic Heritage Month (Tuesday, September 27th from 8:00 AM to 11:59 PM)
- Todos Unidos: A Hispanic Heritage Month Mixer (Wednesday, October 5th from 4:00 PM to 6:00 PM - Kent Student Center room 206)

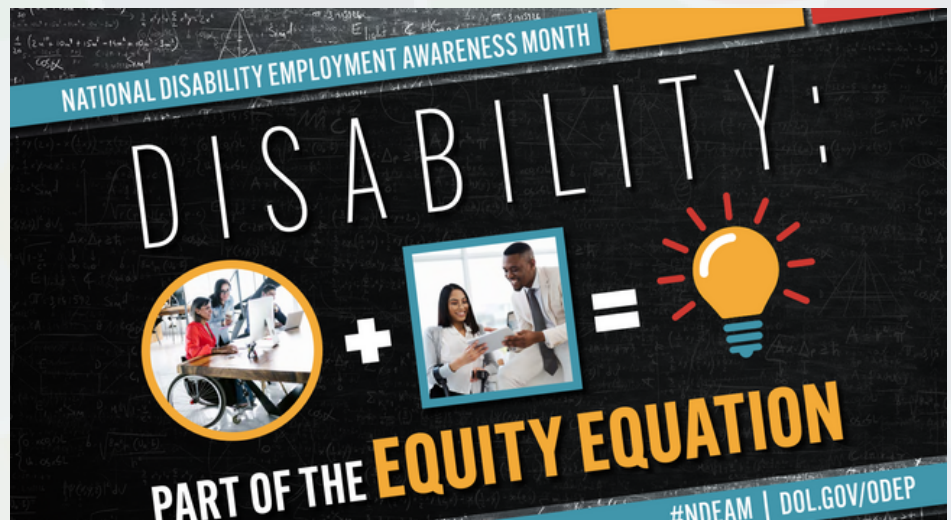
Visit this link for more information:
<https://www.kent.edu/smc/hispanicheritagemonth>



October: National Disability Employment Awareness Month

National Disability Employment Awareness Month (NDEAM) is officially led by the Department of Labor's Office of Disability Employment Policy, but the force behind the month is much less official and farther reaching.

NDEAM presents an ideal time to discuss the topic of disability employment and learning about work opportunities.



Graphic source: <https://www.dol.gov/agencies/odep/initiatives/ndeam>

For more information, see this link:
<https://www.whatcanyoudocampaign.org/celebrate-ndeam/>

One event to check out is the HKS' 3rd Annual NDEAM Event.
This event is being held virtually on October 5th at 2:00 PM.

The event involves a keynote speaker and a panel of speakers discussing the vital role people with disabilities play in the American workforce.

For more information, see this link: <https://www.helenkeller.org/hknc/ndeam-2022>



October: National Italian American Heritage Month

October is also National Italian American Heritage Month.
Celebrate the contributions and achievements of Italian-Americans (a current population of over 26 million).



America's name is Italian inspired (based on Amerigo Vespucci).
Christopher Columbus was Italian.
Giovanni de Verrazzano was the first European to map the Atlantic coast.
The Declaration of Independence has Italian inspiration.
Pope Leo XIII and Sister Francesca Cabrini sent specific aide to help Italian-American immigrants.

Source: <https://nationaltoday.com/italian-american-heritage-month/>

October: National Italian American Heritage Month



How to celebrate Italian-American Heritage Month:

- Support local Italian-owned businesses (and all year)
- Host an Italian potluck and invite your friends to make their favorite Italian-inspired dishes
- Try Italian foods like gelato (an excellent substitute for ice cream) or aperitivo
- Check out the Italian-American parade on Columbus Day in New York

Visit this link for some history on Italian-American Heritage Month and some great suggestions about how to recognize the month:

<https://nationaltoday.com/italian-american-heritage-month/>

Kent State's Anti-Racism Conference

October 6th and 7th

Kent State University Anti-Racism Conference invites its students, faculty, staff and administrators to attend panels, roundtables, workshops, and arts and performances presentations that address any of the conference goals and themes as part of its first annual conference on anti-racism.

The conference will examine, through an intersectional lens, how racism intersects with other forms of oppression based on gender and other identities such as LGBTQ+, disabilities, languages, veteran status, international/ immigrant /refugee backgrounds, socio-economic status, religion, and first-generation students, among others. This conference is primarily virtual, with the exception of some events.

For the source of this information and additional information, see this link:

<https://www.kent.edu/antiracism efforts/anti-racism-conference>

For more information, you can contact the MDC Chair, Emily Rabinowitz, erabinow@kent.edu, or Faculty Liason, Dr. Mary Himmelstein (mhimmels@kent.edu).

Acknowledgments: *The MDC would like to thank all graduate students and faculty for contributing to this issue. This issue was edited by Dan Scheibe.*