STUDENT RESOURCES

Because positions and contact information change, please contact your campus reception desk to contact individuals or receive current information for the following resources:

Care Team
Diversity Council
LGBTQ Advocates
University Stewards

Center for Adult and Veteran Services
P: 330-672-7933
W: www.kent.edu/cavs

Counseling and Wellness Services
P: 330-337-4287
E: counselingcolumbianaco@kent.edu
W: www.kent.edu/columbiana/counseling-and-wellness-services

Lesbian, Gay, Bisexual, Transgender and Queer Student Center
P: 330-672-8580
W: www.kent.edu/lgbtq

Multicultural Center
P: 330-672-3560
W: www.kent.edu/smc

Office of Sexual and Relationship Violence Support Services [SRVSS]
P: 330-672-8016
W: www.kent.edu/srvss

Office of Student Conduct
P: 330-672-4054
W: www.kent.edu/studentconduct

Office of the Student Ombuds
P: 330-672-9494
W: www.kent.edu/studentaffairs/student-ombuds

FACULTY/STAFF RESOURCES

Campus Security at East Liverpool
P: 330-382-7480

Campus Security at Salem
P: 330-337-4111

Human Resources
P: 330-672-2100
W: www.kent.edu/hr

IMPACT Employee Assistance and Work/Life Program
P: 800-227-6007
W: www.kent.edu/hr/benefits/employee-assistance-program-impact-solutions

24-HOUR RESOURCES

Emergency ... 911

Kent State 24-Hour Hotline
P: 330-382-7444

Columbiana County Mental Health and Recovery Services Board
P: 330-424-0195
W: www.ccmhrsb.org

Crisis Text Line
Txt: 4hope to 741741
W: www.crisistextline.org

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East Liverpool and Salem Campus Resources

This card will assist you in determining how to respond to distressed, disruptive or at-risk individuals. On the reverse side, you will find the Columbiana County Campuses Response Guide, which is divided into three categories: situations requiring immediate assistance, situations requiring some assistance and situations you can address on your own. You will also find signs and symptoms, examples and action steps for each of these categories.

The colored symbols below designate resources that can be utilized in the following types of situations:

- Requires immediate assistance; imminent risk to self or others
- Requires assistance; possible risk to self or others
- Address and make referrals; minimal risk to self or others
- Mental health resources

Student Accessibility Services
P: 330-337-4214
W: www.kent.edu/columbiana/sas

National Domestic Violence Hotline
P: 800-799-7233

National Suicide Prevention Lifeline
P: 800-273-TALK (8255)

Police (nonemergency)
East Liverpool P: 330-385-1234
State Highway Patrol [Salem Campus] P: 330-424-7783
Salem [City Center] P: 330-387-7811

The Counseling Center, Columbiana County
P: 330-424-0195
W: www.ccmhc.org

Veterans Crisis Line
P: 800-273-8255 [Press 1]
Txt: 838255
W: www.veteranscrisisline.net

The Trevor Lifeline: Preventing Suicide Among LGBTQ Youth
P: 866-488-7386
W: www.thetrevorproject.org

Crisis Text Line
Txt: 4hope to 741741
W: www.crisistextline.org

Emergency ... 911

Kent State 24-Hour Hotline
P: 330-382-7444

Columbiana County Mental Health and Recovery Services Board
P: 330-424-0195
W: www.ccmhrsb.org

Crisis Text Line
Txt: 4hope to 741741
W: www.crisistextline.org

Help Hotline Crisis Center
P: 330-424-7767
[Columbiana County]
P: 330-747-2696
[Mahoning County]
For information and referrals, dial 211 or use your county contact number.
### Minimal risk to self or others

**Types of signs and symptoms:**
- Individual does not express or indicate issues of risk to self or others.
- Only a few indicators of distress are evident (e.g., difficulty focusing, troubles with sleep).
- Disrespectful or inappropriate language.
- Visible distress, academic difficulties, sleep or eating problems, emotional outbursts, social withdrawal.
- Issue is typically impacting only one area of the individual’s life (e.g., family, academic or social).

**Examples:**
- Individual reports being depressed or anxious and denies suicidal or homicidal thoughts.
- Individual sends an email with profanity demanding immediate response.
- Individual appears to have distorted body image and frequently references a desire to lose weight.
- Student will not put away a laptop when requested by an instructor.
- Student raises voice at the office receptionist and demands assistance.
- Individual is stressed about upcoming exam and discloses a desire to lose weight.
- Body image and frequently references a desire to lose weight.

**What you can do:**
**Offer information and resources**
- Share your concern. Offer campus and/or community resources. Consult this resource guide or Step Up Speak Out folder for specific resources.
- Consider following up with the individual to express concern and see if help is needed getting connected to campus resources.
- Consult with supervisor; for student conduct, see assistant dean.
- Consult with the mental health counselor and/or refer individual to Counseling and Wellness Services.

### Possible risk to self or others

**Types of signs and symptoms:**
- Individual reports a history of self-injurious behavior (e.g., cutting or burning self) and reports the urge to engage in this behavior again.
- Student has not followed an employee’s repeated requests to stop the disruptive behavior and is ignoring the employee’s request that the student leave the office.
- Individual sends an email with profanity demanding immediate response.
- Individual states that if a situation is not resolved appropriately “you will pay for it.”
- Individual threatens immediate danger to self (e.g., threatens to shoot self, take pills, jump off a building).
- Individual is unconscious, unresponsive or tells you that pills were ingested.

**Examples:**
- Individual exhibits behavior that seems disorganized or paranoid. Individual may not be in touch with reality.
- Individual reports a history of self-injurious behavior (e.g., cutting or burning self) and reports the urge to engage in this behavior again.
- Student threatens immediate danger to self (e.g., threatens to shoot self, take pills, jump off a building).
- Student in the classroom is yelling, does not respond to the instructor’s attempts to de-escalate the situation, and begins to throw a chair.
- Individual is unconscious, unresponsive or tells you that pills were ingested.

**What you can do:**
**Consult with a resource about your concerns**
- Review Step Up Speak Out folder.
- Complete a Care Team Report.
- For guidance or support, contact campus assistant dean:
  - East Liverpool: 330-382-7417
  - Salem: 330-337-4203
- For ‘potential’ disruption after business hours, contact reception desk for security officer on duty:
  - East Liverpool: 330-385-3805
  - Salem: 330-332-0361
- When available, consult with Counseling and Wellness Services. E: counselingcolumbianaco@kent.edu W: www.kent.edu/columbiana/counseling-and-wellness-services P: 330-337-4287 (leave voice message)

### Imminent risk to self or others

**Types of signs and symptoms:**
- Situation presents an immediate threat of harm to self or others (e.g., individual has a weapon, verbal threats are being made).
- Individual discloses intent to harm others or take own life.
- Multiple indicators of distress are evident (e.g., difficulty focusing, decreased appetite or weight loss, poor class attendance, can’t sleep and appears exhausted).
- Issue is impacting multiple areas of an individual’s life (e.g., family, academic, social, personal).

**Examples:**
- Individual exhibits behavior that seems disorganized or paranoid. Individual may not be in touch with reality.
- Individual states that if a situation is not resolved appropriately “you will pay for it.”
- Individual threatens immediate danger to self (e.g., threatens to shoot self, take pills, jump off a building).
- Individual is unconscious, unresponsive or tells you that pills were ingested.

**What you can do:**
**Contact an emergency resource**
**STEP**
1. Dial 911 when the individual poses an immediate danger to self or others.
2. If possible, contact Reception Desk:
   - East Liverpool: 330-385-3805
   - Salem: 330-332-0361
3. Complete documentation; file an incident or Care Team Report.

**NOTE:** If possible, stay with person(s) until campus security or emergency services arrives.