Emily L. Ribnik, PCC-S, is a licensed clinical counselor and is available to provide brief, solution focused counseling to students. She is also available to provide crisis support and intervention to any student, staff or faculty member if in crisis on campus. She is also a certified A.L.i.C.E. Instructor, and a member of the CARES Team.

**Services for Students:**

- Individual and group counseling – the student must attend at least 50% of their classes at the KSU Stark campus
- Scheduled and walk-in appointment options
- Crisis support and intervention/referral
- Educational workshops and on-campus programs/events
- Collaboration with other student services offices as needed
- Referrals to off-campus services for additional treatment
- Interviews and class presentation information by request

**How Students Can Access Services:**

- Submit an online appointment request form (located on the website)
- Email starkcounseling@kent.edu – remind students to include contact information
- Call 330-244-5048 to schedule a first appointment
- Stop by the office to schedule a first appointment

**Referring a Student:**

- Provide the student with the contact information above.
- Email or call Emily to notify her that you have referred a student. Make sure to tell her the student’s name and the reason for the referral.
- If the student is visibly distressed or in crisis, please call Emily and then walk the student over to see her. If you are unable to leave, help the student find a trusted person that they can walk over with.
- If you refer a student that is not in crisis, understand that unless sanctioned through an appeal or Student Conduct, they cannot be forced into pursuing counseling.
- Emily may be able to confirm she had contact with a student, but due to confidentiality, she will not be able to tell you details of the contact unless the student signs a release.
**Services for Faculty:**
- Classroom presentations or discussions by request (see suggested topics below)
- Collaboration with events or program planning by request
- Can assist with referrals to outside providers and EAP
- Available to consult about concerns about students or other community members
- Educational workshops and programs

**Trainings for Faculty:**
- Scheduled throughout the semester or done by request
- A.L.i.C.E. Training
- Identifying Students in Distress
- Handling Disruptive Students
- De-Escalation of Intense Interactions with Students
- Gatekeeper Training
- Other topics can be tailored for your needs, including classroom management, communication with students and setting boundaries, stress management for faculty, LGBTQ issues, veterans on campus, and mental health issues facing college students

**Class visit/presentation topics:**
- Any specific mental health diagnoses including severe mental health disorders
- Stress management and burn-out
- Self-talk, how we guide ourselves in decisions, behaviors and actions
- Communication and conflict management
- Team or group management skills
- Relationship issues, mindfulness, emotion management
- Grief/loss
- A.L.i.C.E. Training for students or faculty
- Other classes have also asked for: signs of child mental health concerns, safety and security, suicide prevention/intervention, psychosis, trauma, working with individuals with terminal medical issues, veteran issues, psychology and counseling profession. Please don’t hesitate to call or email to brainstorm topics or ideas!