Psychological Services provides high-quality personalized care by licensed psychologists.

Services are available to all students at the university.

All contacts with staff are strictly confidential.

University Health Services
Psychological Services
330-672-2487

Psychological Services
University Health Services
Second floor – DeWeese Health Center
Kent State University
Kent, Ohio 44242
330-672-2487
www.uhs.kent.edu

Other Resources:

ON CAMPUS
The Psychological Clinic
330-672-2372
Counseling and Human Development Center
330-672-2208
Medical Services
330-672-2322
KSU Nurse Line (24/7)
330-672-2326
KSU Police:
Emergency 911
Non-emergency
330-672-2212

OFF CAMPUS
24-Hour Stress, Suicide and Depression Crisis
Townhall II
24-hour Helpline
330-678-4357
1-888-449-8518
Coleman Professional Services
330-673-1347

Hours of Operation:
Monday, Tuesday, Thursday and Friday
8 a.m.-5 p.m.
Wednesday
9:30 a.m.-5 p.m.

Providing professional counseling and consultation services to the Kent State University community.
University faculty and staff may request professional consultation and counseling services on behalf of their students.

**Who to refer:**
- Students in psychological crisis
- Students displaying suicidal thoughts or behaviors
- Students with personal concerns (e.g., depression, stress/anxiety, eating disorders, interpersonal difficulties)
- Students with academic concerns
- Students who have suffered emotional, physical or sexual assault
- Students with disruptive behavior

**Specific counseling services include:**
- Students can learn coping skills to help deal with the pressures of college.
- Individual and Couple Counseling: for personal and relationship problems to enhance communication skills and relationship satisfaction.
- Crisis Intervention Counseling: for those times when intense, emergency situations arise.
- Consultation Services: for faculty, staff and students who need help in assisting students who have emotional and behavioral concerns.
- Psychological Testing: for clarifying issues and to facilitate the counseling process. We offer evaluations for substance abuse, attention deficit disorder and eating disorders.

**Suicide Prevention**
- Kent State faculty and staff are in a unique position to observe the signs of crisis in a student and make the referral to Psychological Services.

*In dealing with students, be aware of the WARNING SIGNS:*
- Talk about death or suicide
- Social withdrawal
- Say they can't make the sadness go away
- Experience a recent loss
- Loss of interest in hobbies, school, work, etc.
- Drastic changes in behavior
- Give away prized possessions
- Take unnecessary risks
- Previous suicide attempts
- Lack of attention to appearance and hygiene
- Can't sleep, eat or work
- Increased substance use

**Many Kent State students reported that they had felt so depressed at some time during the past year that it was difficult to function (data from National College Health Assessment, Fall 2004).**

**How to refer:**
Call our office at **330-672-2487**.
Inform the secretary of the reason for referral or need for consultation. Indicate if it's an emergency situation. Recommend that the student speak directly to the secretary to schedule an appointment.