PEERS® for ADOLESCENTS CERTIFIED SCHOOL-BASED TRAINING SEMINAR COURSE OUTLINE (TENTATIVE)

PRESENTER:

Dr. Elizabeth Laugeson  
Associate Clinical Professor, UCLA  
Founder and Director, UCLA PEERS® Clinic  
Director, The Help Group-UCLA Autism Research Alliance  
Training Director, UCLA Tarjan Center UCEDD

UCLA PEERS® Clinic  
Website: www.semel.ucla.edu/peers  
Phone: 310-267-3377  
Email: peersclinic@ucla.edu  
Facebook and Twitter: UCLA PEERS

Day 1

Training: 9:00 AM – 5:00 PM

Introduction, Research Overview, Getting Started, PEERS® Lessons 1-2

9:00 – 9:30 AM  Introduction
9:30 – 10:00 AM  Overview of Agenda & Materials
10:00 – 11:00 AM  Research Overview Part I
11:00 – 11:15 AM  Break
11:15 AM – 12:30 PM  Research Overview Part II
12:30 – 1:30 PM  Lunch
1:30 – 2:30 PM  Getting Started (p. 1)  
Organization of the Manuals and Parent Book (p. 2)  
Daily & Weekly Lesson Formats (p. 2)  
Composition of the Class (p. 6)  
Required Personnel, Physical Facilities, & Materials Needed (p. 7)  
Teaching Methods & Behavioral Management Techniques (p. 9)  
Parents as Social Coaches (p. 13)  
Tracking Progress (p. 14)
Day 1:

**PEERS® Lesson 1: Introduction and Trading Information (p. 21)**
- Day One: Introduction (p. 24)
- Day Two: Didactic Lesson – Trading Information (Role-Plays) (p. 28)
- Day Three: Lesson Review and Behavioral Rehearsal (p. 35)
- Days Four and Five: Teen Activity – Jeopardy (p. 39)
- Parent Handout (p. 44)

Day 2:

**Break**

**Day 2**

**Training: 9:00 AM – 5:00 PM**

**PEERS® Lessons 3-8**

**9:00 – 10:00 AM**

**PEERS® Lesson 3: Electronic Communication (p. 77)**
- Day One: Homework Review (p. 78)
- Day Two: Didactic Lesson – Electronic Communication (Role-Plays) (p. 80)
- Day Three: Lesson Review and Behavioral Rehearsal (p. 94)
- Days Four and Five: Teen Activity – Jeopardy (p. 98)
- Parent Handout (p. 103)

**10:00 – 11:00 AM**

**PEERS® Lesson 4: Choosing Appropriate Friends (p. 107)**
- Day One: Homework Review (p. 109)
- Day Two: Didactic Lesson – Choosing Appropriate Friends (p. 111)
- Day Three: Lesson Review and Behavioral Rehearsal (p. 117)
- Days Four and Five: Teen Activity - Personal Items (p. 121)
- Parent Handout (p. 125)

**11:00 – 11:15 AM**

**Break**

**11:15 AM – 12:30 PM**

**PEERS® Lesson 5: Appropriate Use of Humor (p. 131)**
- Day One: Homework Review (p. 133)
- Day Two: Didactic Lesson – Appropriate Use of Humor (Role-Plays) (p. 136)
- Day Three: Lesson Review and Behavioral Rehearsal (p. 142)
- Days Four and Five: Teen Activity - Personal Items (p. 147)
- Parent Handout (p. 151)

**12:30 – 1:30 PM**

**Lunch**
<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>1:30 – 2:30 PM</td>
<td><strong>PEERS® Lesson 6: Starting and Joining Conversations (p. 155)</strong></td>
</tr>
<tr>
<td></td>
<td>Day One: Homework Review (p. 157)</td>
</tr>
<tr>
<td></td>
<td>Day Two: Didactic Lesson – Starting &amp; Joining Convos (Role-Plays) (p. 160)</td>
</tr>
<tr>
<td></td>
<td>Day Three: Lesson Review and Behavioral Rehearsal (p. 170)</td>
</tr>
<tr>
<td></td>
<td>Days Four and Five: Teen Activity - Joining Conversations (p. 176)</td>
</tr>
<tr>
<td></td>
<td>Parent Handout (p. 181)</td>
</tr>
<tr>
<td>2:30 – 3:30 PM</td>
<td><strong>PEERS® Lesson 7: Exiting Conversations (p. 185)</strong></td>
</tr>
<tr>
<td></td>
<td>Day One: Homework Review (p. 187)</td>
</tr>
<tr>
<td></td>
<td>Day Two: Didactic Lesson – Exiting Conversations (Role-Plays) (p. 191)</td>
</tr>
<tr>
<td></td>
<td>Day Three: Lesson Review and Behavioral Rehearsal (p. 204)</td>
</tr>
<tr>
<td></td>
<td>Day Four: Teen Activity - Joining and Exiting Conversations (p. 210)</td>
</tr>
<tr>
<td></td>
<td>Day Five: Teen Activity - Joining and Exiting Conversations (p. 214)</td>
</tr>
<tr>
<td></td>
<td>Parent Handout (p. 218)</td>
</tr>
<tr>
<td>3:30 – 3:45 PM</td>
<td><strong>Break</strong></td>
</tr>
<tr>
<td>3:45 – 5:00 PM</td>
<td><strong>PEERS® Lesson 8: Good Sportsmanship (p. 221)</strong></td>
</tr>
<tr>
<td></td>
<td>Day One: Homework Review (p. 223)</td>
</tr>
<tr>
<td></td>
<td>Day Two: Didactic Lesson – Good Sportsmanship (Role-Plays) (p. 226)</td>
</tr>
<tr>
<td></td>
<td>Day Three: Lesson Review and Behavioral Rehearsal (p. 231)</td>
</tr>
<tr>
<td></td>
<td>Days Four and Five: Teen Activity - Good Sportsmanship (p. 236)</td>
</tr>
<tr>
<td></td>
<td>Parent Handout (p. 241)</td>
</tr>
</tbody>
</table>

**Day 3**

Training: 9:00 AM – 5:00 PM

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>9:00 – 10:00 AM</td>
<td><strong>PEERS® Lesson 9: Get-Togethers (p. 245)</strong></td>
</tr>
<tr>
<td></td>
<td>Day One: Homework Review (p. 247)</td>
</tr>
<tr>
<td></td>
<td>Day Two: Didactic Lesson – Get-Togethers (Role-Plays) (p. 250)</td>
</tr>
<tr>
<td></td>
<td>Day Three: Lesson Review and Behavioral Rehearsal (p. 260)</td>
</tr>
<tr>
<td></td>
<td>Days Four and Five: Teen Activity - Get-Togethers &amp; Good Sport (p. 266)</td>
</tr>
<tr>
<td></td>
<td>Parent Handout (p. 271)</td>
</tr>
<tr>
<td>10:00 – 10:45 AM</td>
<td><strong>PEERS® Lesson 10: Handling Arguments (p. 277)</strong></td>
</tr>
<tr>
<td></td>
<td>Day One: Homework Review (p. 279)</td>
</tr>
<tr>
<td></td>
<td>Day Two: Didactic Lesson – Handling Arguments (p. 281)</td>
</tr>
<tr>
<td></td>
<td>Day Three: Lesson Review and Behavioral Rehearsal (p. 288)</td>
</tr>
<tr>
<td></td>
<td>Days Four and Five: Teen Activity - Get-Togethers &amp; Good Sport (p. 292)</td>
</tr>
<tr>
<td></td>
<td>Parent Handout (p. 296)</td>
</tr>
<tr>
<td>10:45 – 11:00 AM</td>
<td><strong>Break</strong></td>
</tr>
<tr>
<td>11:00 – 11:45 AM</td>
<td><strong>PEERS® Lesson 11: Changing Reputations (p. 299)</strong></td>
</tr>
<tr>
<td></td>
<td>Day One: Homework Review (p. 301)</td>
</tr>
</tbody>
</table>
Day Two: Didactic Lesson – Changing Reputations (p. 303)
Day Three: Lesson Review and Behavioral Rehearsal (p. 307)
Days Four and Five: Teen Activity - Get-Togethers & Good Sport (p. 310)
Parent Handout (p. 314)

11:45 AM – 12:30 PM
PEERS® Lesson 12: Handling Teasing and Embarrassing Feedback (p. 317)
Day One: Homework Review (p. 320)
Day Two: Didactic Lesson – Teasing and Embarrassing Feedback (p. 322)
Day Three: Lesson Review and Behavioral Rehearsal (p. 329)
Days Four and Five: Teen Activity - Good Sportsmanship Outdoors (p. 333)
Parent Handout (p. 337)

12:30 – 1:30 PM
Lunch

1:30 PM – 2:30 PM
PEERS® Lesson 13: Avoiding Physical Bullying (p. 341)
Day One: Homework Review (p. 343)
Day Two: Didactic Lesson – Avoiding Physical Bullying (p. 346)
Day Three: Lesson Review and Behavioral Rehearsal (p. 351)
Days Four and Five: Teen Activity - Good Sportsmanship Outdoors (p. 354)
Parent Handout (p. 358)

2:30 – 3:30 PM
PEERS® Lesson 14: Handling Cyber Bullying (p. 361)
Day One: Homework Review (p. 363)
Day Two: Didactic Lesson – Handling Cyber Bullying (p. 366)
Day Three: Lesson Review and Behavioral Rehearsal (p. 370)
Days Four and Five: Teen Activity - Good Sportsmanship Outdoors (p. 374)
Parent Handout (p. 378)

3:30 – 3:45 PM
Break

3:45 – 4:30 PM
PEERS® Lesson 15: Minimizing Rumors and Gossip (p. 381)
Day One: Homework Review (p. 382)
Day Two: Didactic Lesson – Minimizing Rumors and Gossip (p. 385)
Day Three: Lesson Review and Behavioral Rehearsal (p. 393)
Day Four and Five: Teen Activity - Good Sportsmanship Outdoors (p. 398)
Parent Handout (p. 402)

4:30 – 5:00 PM
PEERS® Lesson 16: Final Review, Post-Testing, and Graduation (p. 405)
Day One: Homework Review (p. 407)
Day Two: Didactic Lesson – Final Review (p. 410)
Days Three and Four: Post-Test Assessment (p. 414)
Day Five: Graduation Party and Ceremony (p. 416)
Parent Handout (p. 419)