

***Planning Grant for the Expansion of
the Comprehensive Community
Mental Health Services for Children
and their Families***

January 22, 2015
Kent State University, Stark
University Center

Today's Meeting

- Welcome and Overview (Patti Fetzer)
- Organization Self-Assessment (Jeff Hallam)
- Project Organization and Subcommittees (Jeff Hallam)
 - Trauma-Informed Care Learning Community (Stephanie Kutcher)
 - Cultural and Linguistic Competence (Jessica Zavala)
 - Social Marketing (Joy Raub)
 - Other Committees (Patti Fetzer and Jeff Hallam)
- Breakout to Subcommittees
 - identify subcommittee composition
 - Identify potential focus areas for improvement/expansion

System of Care (SOC) Expansion Planning Grant

- ▶ Mental Health & Recovery Services Board of Stark County was awarded ***The Substance Abuse and Mental Health Services Administration (SAMHSA), Center for Mental Health Services Planning Grant for Expansion of the Comprehensive Community Mental Health Services for Children and their Families***
- ▶ ***Purpose:*** To develop a comprehensive strategic plan for improving, expanding and sustaining services provided through a system of care (SOC) approach for children and youth with serious emotional disturbances and their families.

A System of Care is...



A **spectrum** of effective, community-based services and supports for children and youth with or at-risk for mental health or other challenges and their families, that is

- ▶ organized into a **coordinated network**,
- ▶ builds meaningful **partnerships** with families and youth, and

▶ addresses their **cultural and linguistic needs**,
in order to help them to **function better** at home, in school, in the community, and throughout life.

Core Strategies that are *Essential* for Expanding and Sustaining Systems of Care

- 1) Implementing policy, regulatory, and partnership changes
- 2) Developing or expanding services and supports based on system of care philosophy and approach
- 3) Creating and improving financing strategies
- 4) Providing training, technical assistance, and coaching
- 5) Generating support for system of care expansion through strategic communications.

▶ Friedman and Stroul

Consultants to Help Us on Our Planning Journey

- ▶ Kent State University School of Public Health
- ▶ National Council on Behavioral Health
- ▶ Georgetown Center on Cultural Competence
- ▶ Coming Together Stark County/Remel Moore
- ▶ Young Adult Consultant/Joy Raub
- ▶ Youth and Families with Lived Experience As Past and Present Consumers in our System of Care Organizations
- ▶ SAMHSA System of Care Technical Assistance

Setting the Stage for Our System of Care Strategic Plan Development:

- ▶ Trauma Informed
- ▶ Culturally and Linguistically Informed
- ▶ Youth and Young Adult Informed
- ▶ Family Informed
- ▶ Multi-Sector Informed
- ▶ Data and Research Informed

Phases of the Journey

- ❖ Stakeholder Invitation to the Process
- ❖ Assessment (Begins Today)
- ❖ Planning
- ❖ Strategic Plan Development
- ❖ Strategic Plan Review
- ❖ Strategic Plan Finalization
- ❖ Application for SAMHSA System of Care Implementation Grant



be

truthful,

gentle

and

fearless.

-gandhi

Organizational Self Assessment

- This assessment is designed as a self-administered tool to explore the implementation of an array of strategies to expand the system of care approach, with the goal of implementing the system of care philosophy and approach

Organization Self Assessment

- No organization is expected to use all of the strategies. Rather, each county will employ the mix of strategies deemed more appropriate and effective in their unique context and environment.
- Further, this self-assessment process is not intended to be used as an evaluation.
- It is a technical assistance tool to identify comprehensive strategic plan for expanding the system of care approach.
- It is intended to measure progress in implementing each strategy.

Example Item

Incorporating the system of care philosophy and approach into memorandum of understanding and interagency agreements.

None



Some



Moderate



Significant



Extensive



Not Sure



Notes:

Organization Self Assessment

- Two ways to complete the self assessment
 - Paper and Pencil: Mail it back
 - Online: we will send you the link in an email
- Please complete the assessment by January 31

Please complete the assessment only one time

Organization

SOC Grant Management Team



SOC Core Expansion Leadership Team



SOC Expansion Leadership Team



Sub Committees

Social
Marketing

Cultural
Competency

Trauma
Informed Care

Treatment

Prevention &
Resiliency

Family Support &
Empowerment

Youth and
Young Adults

Expectations of Subcommittees

- Is to ensure that the Stark County System of Care develops a strategic expansion plan that:
 - effectively disseminates information
 - raises awareness about the System of Care Expansion Planning Grant using communication technology with particular emphasis on social media platforms
 - assists in formulating a strategic plan that is both cultural competent and Trauma-Informed.

Composition of Subcommittees

- The Core Expansion Leadership Team should identify, recruit and select members for the Subcommittee with input from representatives of the youth and family populations served by the Stark County System of Care.
- The individuals that comprise this committee are influential members of the community and hold decision-making authority.

Recommended Composition of Subcommittees

- Two family members representing two different families
- Two young people (ages 14-21) from two different families
- One representative from each organization included in the System of Care Expansion Planning Team
- Members of the community, including faith-based leaders and cultural representatives, who represent the population of individuals currently serviced by the System of Care
- MHR SB staff members
- MHR SB Director of Marketing, Communications & Community Relations
- MHR SB Young Adult Consultant
- KSU Young Adult Consultant

Goals and Responsibilities

- Conduct demographic analysis, and identify priorities for the System of Care strategic plan.
- Develop policy recommendations and monitor outcomes related to the System of Care Subcommittee findings and relevant research.
- Develop and disseminate quarterly status report of the actions steps and activities completed by the Stark County System of Care Subcommittees.

Subcommittees

- Will meet approximately once a month (see calendar)
 - We will identify which Thursday goes with which subcommittee within the next week.
- Meet on Thursday afternoons and other times as needed
- Meet at University Center, Kent State University, Stark

Breakout to Subcommittees

- Please go to the table for the subcommittee you would like to participate with today
- Subcommittee
 - Cultural Competency (Jessica)
 - Social Marketing (Joy)
 - Prevention and Resiliency (Jeff)
 - Treatment (Ryan)
- Subcommittee not meeting at today's meeting
 - Youth and Young Adults
 - Trauma Informed Care Learning Community
 - Family Support and Empowerment