The KSUCPM Pre-Matriculation program is designed to help **PREPARE** students for the rigors of medical school:

**REVIEW** science content, **LEARN** new study strategies, **DEVELOP** wellness practices, and **GAIN** the critical skills and self-efficacy necessary to meet the demands of the medical school curriculum.
KSUCPM Pre-Matriculation Program

Kent State University College of Podiatric Medicine’s Pre-Matriculation Program is an intensive three-week course designed to provide members of the Class of 2023 an extensive orientation to the school and local area, and to the demands of the first year medical school curriculum. Students will learn how to navigate the volume, pace and rigor of the curriculum at KSUCPM, while brushing up on pre-clinical science concepts and participating in lab-based workshops.

The Pre-Matriculation program will be presented by faculty members and educational specialists to help students master strategies such as time management, metacognitive skills, test-anxiety reduction strategies, test-taking strategies, success strategies, mindfulness practice, learning skills and mindset coaching. Participating students will receive the benefit of learning vital skills rarely taught within a medical education curriculum.

### Schedule, Content and Assessment

#### Schedule:
- Monday through Friday, 8:30 - 3:00pm, July 2019 (Exact Dates TBD)
- KSUCPM Campus, Independence, Ohio
- Daily lunches provided
- Some activities in the evening ranging from casual, social activities to team-building.
- A complete schedule will be available in Spring 2019 and included on the website.

#### What You Can Expect:
- Rigorous instruction in medical terminology, anatomy, cardio-respiratory, neuro-endocrine
- Practical pod-med skills such as x-ray interpretation, patient interviewing, physical assessment and Unna boot application
- Daily challenges that include reflective practice and mindfulness
- Metacognitive learning skills, mindset, motivation and energy management
- Social acclimation, team building and leadership development
- Engaging speakers

### Application Process

Students admitted into the KSUCPM Class of 2023 may apply for participation in the program online: [https://www.kent.edu/cpm/ksucpm-pre-matriculation-program](https://www.kent.edu/cpm/ksucpm-pre-matriculation-program).

Admission to this program will be on a “First Come, First Served” basis. Only 40 spots are available. The deadline to apply is June 14, 2019. Applicants who do not have a strong background in the medical sciences, non-traditional or career-changing students, as well as minority students, are encouraged to apply. Additional information about the program and the research component of this program can be found on the website.

### Questions?

For more information about the KSUCPM Pre-Matriculation Program, please contact Viveka Jenks, Education Innovations & Learning Design Manager, at vjenks@kent.edu or 216-916-7479.