This qualitative phenomenological study explored the interaction between the constructs of spirituality and religiosity of Orthodox Judaism with marriage. Eight participants were selected to be interviewed for this study. All of the participants were from the Greater Cleveland area and considered themselves to be members of the Orthodox Jewish faith.

The interviews were conducted using the responsive interviewing method, allowing for the participants to offer data in expected and unexpected areas of interest. From these interviews, the data was analyzed using a four step process and organized into four major themes: (a) the experience of Orthodox Judaism enhances marriage, (b) marriage enhances the experience of Orthodox Judaism, (c) the experience of Orthodox Judaism detracts from marriage, and (d) marriage detracts from the experience of Orthodox Judaism. These themes were each supported by two or more sub-themes that detailed specific ways each of the themes is substantiated from the interview data. Additionally, two minor themes were found: (a) the community’s role in the Orthodox Jewish experience of marriage, and (b) differing roles and foci of marriage partners in Orthodox Judaism.
This study revealed that Orthodox Judaism interacts with marriage in a bidirectional manner, with these constructs enhancing each other in various ways and detracting from each other as well. Further research might look at how these constructs interact in those of various faiths, sampling from more specific populations within Orthodox Judaism, and use of a more anonymous methodology to gather data.