The purpose of the study was to discuss the reflective experiences of matriculated Black females from the Council for Accreditation of Counseling and Related Programs (CACREP) accredited doctoral programs. The study focused on issues such as significant experiences, academic and outside contributing factors to successful matriculation, non helpful environmental contributing factors related to matriculation, support systems, survival skills and the role of faculty and staff in the women’s programs.

The study was a qualitative study that investigated the reflective experiences and perceptions of four Black females who have matriculated from CACREP accredited doctoral programs.

The overall research question was: What are the reflective experiences of matriculated Black females from CACREP accredited doctoral programs?

The conclusions were discussed in four major themes gathered from the interviews. The first theme, Connectedness, involved concepts such as isolation, relationships and support from cohorts, and relationships with family and friends. The second theme was Mentoring Relationships. This theme consisted of topics such
as relationships and support from faculty members, relationships and support from outside faculty members and relationships and support with Black female faculty members. The third theme, Cultural Differences, discussed issues related to culture shock, collectivist culture and exposure. The last theme was Spirituality and Self-determination, in which the matters of prayer, spirituality, self assurance and commitment were discussed.