

Have a few things on your mind this week?



Join Us!

Flash Away Your Stress! Stress-Free Zone

Finals Week (December 12th to 15th) from 12 to 2 p.m.

in the Student Lounge

Monday

**Stress Ball
Creation and
Massage**

Tuesday

**Healthy Snacks
and Inspiration**

Wednesday

**Aromatherapy
and Breathing
Techniques**

Thursday

**Cartoons
and Popcorn**

Sponsored by:

