the connect

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THE OFFICIAL NEWSLETTER FOR THE EHHS OFFICE OF DIVERSITY OUTREACH AND DEVELOPMENT
Halway There...

We know you’ve all been studying hard and handling your business, so we just want to say keep up the good work. Take time to reflect and make sure the choices you are making in life are aligning with your purpose and what you ultimately want to become. (You do know you have a purpose, right?)

ATTENTION FRESHMAN: With midterms recently ending, make sure you’re logging into Flashline to check your midterm grades. If you have any questions, now would be the time to talk to your professors and advisors.

The Classics

James Brown. The Godfather of Soul. The Archetype of Funk. Soul Brother Number One. The Hardest Working Man In Show Business. Mr. Dynamite. Mr. Please Please Please. The Minister of the New New Super Heavy Funk. Whatever you want to call him, it’s undeniable that when a James Brown song drops, you’ve got to move. Now we know that some of you may not be familiar, but rest assured, that’s what The Classics are for. When you get a chance, go and listen to the classic album Get On The Good Foot. The title makes for a dope song, and as is indicated - Get It Movin’!

FOOD FOR THOUGHT

Trying to succeed without much reading and studying would be like trying to build a house without hammer and saw.

-Bertie Charles Forbes

Use the hashtag #foodforthought and send us quotes @EHHS_DIV that inspire or motivate you. We’ll feature them in upcoming newsletters with your Twitter account attached.
UPCOMING EVENTS

Black Male Summit
April 11th-12th, 2014 // Akron Public Library Auditorium

Registration is now open for The University of Akron’s 7th Annual Black Male Summit being held April 11-12, 2014. featuring opening keynote speaker Steve Harvey. For more information visit: http://www.uakron.edu/ie/bms/schedule.dot Our office has 3 tickets available for the lunch on Friday at 11:30. Contact N.F. by April 4th if you would like to represent EHHS.

The Self-Made Man Speech by Frederick Douglass (Excerpt)

“Fortune may crowd a man’s life with fortunate circumstances and happy opportunities, but they will, as we all know, avail him nothing unless he makes a wise and vigorous use of them. It does not matter that the wind is fair and the tide at its flood, if the mariner refuses to weigh his anchor and spread his canvas to the breeze. The golden harvest is ripe in vain if the farmer refuses to reap. Opportunity is important but exertion is indispensable…

When we find a man who has ascended heights beyond ourselves; who has a broader range of vision than we and a sky with more stars in it than we have in ours, we may know that he has worked harder, better and more wisely than we. He was awake while we slept. He was busy while we were idle and was wisely improving his time and talents while we were wasting ours . . .”


7 TIME MANAGEMENT STRATEGIES FROM SOME BRILLIANT TEENAGE PRODIGIES

Every year, the Intel Science Talent Search brings 40 teenage scientists to Washington, D.C., to showcase their research. The projects are impressive. Eric Chen, for instance, just won the 2014 competition (and $100,000) with a project that used computer modeling to study endonuclease inhibitors, which can prevent viral replication. His work, Intel STS reports, “may lead to a new class of anti-flu medicines that could protect against a flu pandemic while new vaccines are being developed.” Zarin Rahman won seventh place for studying screen time and sleep among students, documenting that students who used devices late at night performed worse on various measures than their well-rested peers. That’s not bad for age 17. But what’s equally impressive to me is how these young people manage their time. Their original research requires hours of work on top of normal high school commitments, and these young people undertake vast extra-curricular activities too. When I chatted with Rahman and Chen on the phone recently, I learned that Rahman edits her school yearbook. Chen fences and does more community service than the vast majority of us will ever get around to. Yet it all fits in the 168 hours they (and we) have each week. Here are their strategies for taking on big projects in the midst of a busy life...

Read the entire article here: http://www.fastcompany.com/3027809/work-smart/7-time-management-strategies-from-some-brilliant-teenage-prodigies
Tupac Speaks On Wealth Disparity

LINK: http://www.youtube.com/watch?v=ZlFFMoSXIDg

Tupac Shakur shines a light on his upbringing, his struggle, and wealth disparity in America. Often considered controversial, watching this interview will give you a fresh new perspective on Mr. Shakur.

How to graduate college with a job you love & less debt: Jullien Gordon at TEDxMidwest

LINK http://www.youtube.com/watch?v=29tJAgc54RA

“We are essentially paying one dollar for every minute we set foot on campus.”
The Black Man's Responsibility

1. Fish teach fish how to swim. Birds teach birds how to fly. Black men must teach black boys how to become black men. Black boys learn from the examples in front of them. The father should play a vital role in the child's development.

2. Many black boys desire to be like their fathers. If the father has a positive self-image and lives his life as a positive example, it is easy for the son to emulate the ways of the father. If the father is absent for whatever reason, it becomes customary for the son to follow the ways of the world.

3. Black men must become the vanguard of their communities. This is necessary to eradicate the invading forces that dismantled the social fabric of the community. They must stop the liquor merchants, foreigners and anyone else who moves into their communities disguised as benevolent entrepreneurs who take valuable resources out of their community.

4. Black men must become father figures in the lives of black boys who have no father present. The more black boys see positive black men demonstrating acts of kindness, caring, nurturing, and giving to their communities, the more likely they are to practice the same behavior.

5. Black men must become builders of the community in which they live. It is paramount and prudent that black boys participate in these activities in order to build self-confidence. When black boys see white men building skyscrapers, houses and businesses, they have to wonder what their place is and if they're capable of doing the same thing.

6. Black men must be proud, responsible and willing to sacrifice for future generations so that black boys may have a better life. Black men must continue to overcome illiteracy in order to combat the social forces that plagued them daily.

7. Black men must be loving, positive and supportive of their daughters. They must be shining examples for their daughters so that their example can help their daughters to better understand how to choose a future husband.

8. Black men must set aside their religious differences and not be limited by religious affiliations. They must understand that we are “our brothers keeper” and that all black men are socially obligated to be the “elders of the village” in which they reside.

9. Black men must be faithful, honest, God-fearing, supportive, and financially stable before seeking a wife. He must be loving to his wife or partner who deserves a responsible mate.

10. Black men must communicate and share their feelings with their wives or partner. They must seek positive counsel from those in the community who have demonstrated positive worth. Black men must learn to express their fears and correct their shortcomings so that they may become “whole” and be at peace with themselves.

http://ajuma.org/newspapers/blackmansresponsibility.html
MEET OUR STUDENT HIGHLIGHT, MELVIN STITT

WHY DID YOU COME TO KENT STATE?
- I came to Kent State because a friend of mine recommend it to me and I wanted to go to a diverse university to meet new people outside of my own race.

WHAT IS YOUR ETHNICITY?
- African American

HOW DO YOU INTEND ON USING YOUR DEGREE FROM KENT?
- My major is exercise science so the degree I will be receiving is a bachelor of science degree and I plan on using it to advance my career and go to graduate school for physical therapy.

WHAT DO YOU LIKE ABOUT BEING A STUDENT HERE?
- The part I like most about being at Kent State is the diversity among the students. Gives you an opportunity to learn about other cultures and practices and make new friends from these experiences.

JOBS!

PEER ADVISOR POSITION
You will receive a stipend of $300 for the 3.5 day experience. Open to all majors, preference given to health science majors. The deadline is April 2, 2014, for all questions and concerns contact N.J. Akbar at nakbar@kent.edu, or 330.672.2537

SUMMER TUTORING POSITION
You will be receiving $8.50/hr working five hours a week. Education majors only (Successfully completed CULT 29535 with a B+ or higher). Your role will be essential to the success of the program and the college of education, health and human services partnership with Upward Bound. The deadline is April 2, 2014, for all questions and concerns contact N.J. Akbar at nakbar@kent.edu, or 330.672.2537