

Presenters

Dr. Christina Schnyders currently serves as an Assistant Professor of Counseling and Human Development at Malone University in Canton, Ohio. She is also a counselor at We Care Counseling, Inc. in North Canton, Ohio.

Dr. Cassandra Storlie is an assistant professor in the CHDS program at KSU. With a background as a psychiatric nurse, Dr. Storlie is cognizant of the important aspects of understanding psychopharmacology and working with clients.

Emily L. Dennis received her M.A. in Art Therapy and Counseling from Ursuline College and is currently a doctoral student in the CHDS program at KSU. Emily has clinical experience working with individuals suffering with different types of trauma including physical abuse, sexual abuse and neglect as well as those with traumatic medical experiences.

Dr. Betsy Page is an Associate Professor in the CHDS program at KSU. She regularly teaches Diagnosis in Counseling and has spent the past year adapting the course to the new DSM-V.

Dr. Jeff Mostade is an Assistant Professor in the CHDS program at KSU. He has recently taught Psychopathology and incorporated the changes made in the DSM-V.

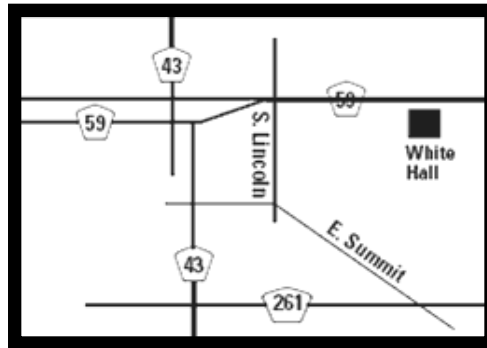
Dr. Jason McGlothlin is an Associate Professor in the CHDS Program at KSU. He has extensive experience in the field of suiciology and mental health including numerous presentations and publications..

Jennifer Waugh is currently a doctoral candidate in the CHDS program at KSU. She has experience in both community behavioral health agencies and private practice. She has supervised residential and vocational programs for clients with Severe and Persistent Mental Illness over the course of her career.

Dr. Paul Schoenberg is a full-time outpatient counselor at a community mental health center, clinical supervisor and adjunct professor at Kent State. His professional interests include Gestalt Therapy, trauma work and treatment of personality disorders.

All seminars will be from 9am to 12pm in either room 107 or room 200 (see workshop description) of White Hall on the Kent State University Main Campus in Kent, OH.

Kent University is located 11 miles east of Akron, 33 miles southeast of Cleveland, 40 miles west of Youngstown, and 28 miles north of Canton. Once in Kent, look for White Hall at the intersection of Terrace and Main Street (State Route 59). Please park in the White Hall parking lot.



If you have any questions regarding the seminars, feel free to contact the Counseling and Human Development Center at 330-672-2208 or Jason Miller directly at jmille4@kent.edu.

For additional information about the Counseling and Human Development Center, check out our website at: www.kent.edu/ehhs/chdc

The Counseling and Human Development Center at Kent State University is approved by the *Ohio Counselor, Social Worker, and Marriage and Family Therapist Board* to offer continuing education credits to professional Counselors.
CE Provider #: RCX031002

KENT STATE
UNIVERSITY



Continuing Education for Counselors

**Board Approved 3 hour
Seminars in Counseling**

Sponsored by:
The Kent State University CACREP Accredited Counseling and Human Development Services Program and the Counseling and Human Development Center

2014 – 2015 CHDC CE Workshop Series

1. Emerging Adult Counseling: Trends, Tips, and Best Practices for Counseling Individuals through the Transition to Adulthood

Christina M. Schnyders, Ph.D., PC-CR
September 19, 2014 9am-12pm
Room 107 White Hall, KSU

This workshop will explore the dynamics and characteristics associated with emerging adulthood, a stage of development that occurs for individuals between the ages of 18-29. In this session, we will discuss the ways that this stage is distinct from both adolescence and young adulthood in order to better understand the unique clinical and relational needs of emerging adults. This session will also explore methods and tools that can be used for assessment, diagnosis, and treatment planning when working with emerging adults in counseling sessions.

2. Psychopharmacology for the Counseling Professions: Current Issues & Trends

Cassandra A. Storlie, Ph.D., N.C.C.
September 26, 2014 9am-12pm
Room 107 White Hall, KSU

This workshop will address basic neurology, including the anatomy and physiology of the brain, in order to understand how psychotropic medications affect the client. Current trends in medications for Depression, Anxiety and ADHD will be addressed and considerations in how psychotropic medications affect special populations will be reviewed. Participants will learn how to best assist clients in monitoring the side effects and effectiveness of psychotropic medications.

3. “I’m Tired of Caring”: An Introduction to Vicarious Trauma and Compassion Fatigue in Counseling Professionals and Preventative Approaches

Emily L. Dennis, M.A., PC-CR
October 24, 2014 9am-12pm
Room 107 White Hall, KSU

THIS WORKSHOP PROVIDES 3 CE CREDITS IN LEGAL AND ETHICAL RESPONSIBILITIES

This workshop provides an exploration of the constructs of vicarious trauma and compassion fatigue. Those in attendance will learn about the physical, psychological and behavioral warning signs, and preventative approaches for vicarious trauma and compassion fatigue in counseling practitioners. Creative solutions and self-care practices will be explored during the workshop. The ethical implications of vicarious trauma and compassion fatigue for counselors will be addressed throughout the presentation.

To Register:

Please visit our website at

www.kent.edu/ehhs/chdc/registration

A registration form is available for you to print and mail, with your payment, to:

CHDC

Kent State University
150 Terrace Drive
325 White Hall
Kent, OH 44242

4. DSM5: Making Use of the New Assessments

Betsy Page, Ph.D., PCC-S; Jeff Mostade, Ph.D., PCC-S
January 30, 2015 9am-12pm
Room 200 White Hall, KSU

In this workshop, we will review the major changes to the DSM, including those things that have received substantial changes and those issues that have remained the same. We will focus on the use of two of the newly included Assessments, their ethical use and the effect on accurate diagnosis and treatment planning. There is a skills development focus and case studies to put new learning to clinical use. Participants will explore the utility of the new assessments in the DSM 5. **Please bring your copy of DSM 5 to the workshop with you.**

5. Assessing suicidality to avoid malpractice and ensure client care

Jason McGlothlin, Ph.D., PCC-s
February 6, 2015 9am-12pm
Room 200 White Hall, KSU

THIS WORKSHOP PROVIDES 3 CE CREDITS IN LEGAL AND ETHICAL RESPONSIBILITIES

This presentation provides clinicians with practical ways to assess suicidal clients across the lifespan. Specific attention is placed on avoiding malpractice and documentation of suicide assessments. Lastly, this presentation will provide clinicians with knowledge and skill in assessing clients from a holistic, systemic, and multi-professional lens.

6. Evidence-Based Treatments and Severe and Persistent Mental Illness

Jennifer Waugh, M.Ed., PCC-S, LICDC
March 6, 2015 9am-12pm
Room 200 White Hall, KSU

This workshop will provide an overview of prevalence and prognosis of Severe and Persistent Mental Illness (SPMI). Historical treatment methods used with SPMI population and current Best Practices and research outcomes with this specialty population will be reviewed. Participants will also be provided with direction for ways to find specialty training as a clinician with the SPMI population.

7. “Learning to Love Your Porcupine: How to help clients tolerate, accept and even embrace their traumatic history”

Paul Schoenberg, Ph.D., PCC-S
April 3, 2015 9am-12pm
Room 200 White Hall, KSU

Workshop attendees will learn an assortment of strategies for assisting clients who have trauma history manage that history effectively. The core philosophy behind these strategies is to move from avoidance towards full acceptance of those traumatic events. Strategies will focus on ways to accept traumatic events, make new meaning of those events, recognize and adjust to triggers from past trauma and explore opportunities for post-traumatic development and growth.