

Wendy A. Umberger (aka Lewandowski)

Rank: Professor

CURRICULUM VITAE

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VI. Licensures and Certifications

Current RN Licensure Number and State	RN143418 COA02104-NS	Ohio Board of Nursing
Current Certification Date of Expiration	Clinical Nurse Specialist in Adult Psychiatric Mental Health Nursing (Expiration 12/31/2018)	American Nurses Credentialing Center

VII. Education

Institution	Date	Degree	Major
Case Western Reserve University Cleveland, OH	May 2002	PhD	Nursing
Kent State University Kent, OH	May 1986	MSN	Nursing
Kent State University Kent, OH	December 1982	BSN	Nursing
St. Alexis School of Nursing Cleveland, OH	May 1976	Diploma	Nursing

VIII. Professional Work Experience

A. Academic Full-time

Dates	Institution	Position
August 2015-Present	Kent State University College of Nursing Kent, OH	Associate Dean, Graduate Programs
August 2014-Present	Kent State University College of Nursing Kent, OH	Professor
August 2008-August 2014	Kent State University College of Nursing Kent, OH	Associate Professor
August 2006-August 2013	Kent State University College of Nursing Kent, OH	Director, Graduate Psychiatric Mental Health Nursing
August 2002-August 2006	Kent State University College of Nursing Kent, OH	Assistant Professor

B. Clinical Full-time

Dates	Institution	Position
August 1987-August 2002	Akron Visiting Nurse Service Akron, OH	Clinical Nurse Specialist
June 1986-July 1987	University Hospitals of Cleveland Cleveland, OH	Clinical Nurse Specialist
September 1984-May 1986	University Hospitals of Cleveland Cleveland, OH	Staff Nurse
December 1982-August 1984	University Hospitals of Cleveland Center for the Critically Ill Cleveland, OH	Research Assistant
August 1979-December 1982	University Hospitals of Cleveland Cleveland, OH	Staff Nurse
August 1973-August 1979	St. Alexis Hospital Cleveland, OH	Staff Nurse

C. Part-time and Adjunct Positions

Dates	Institution	Position
August 2004-August 2015	Cleveland Clinic Foundation Chronic Pain Rehabilitation Program Cleveland, OH	Clinical Nurse Specialist
August 1990-August 1993	St. Vincent Charity Hospital Psychiatric Emergency Room Cleveland, OH	Staff Nurse
August 1991-May 1992 January 1989-May 1989 January 1988-May 1988	Kent State University College of Nursing Kent, OH	Clinical Instructor
June 1986-August 2002	Case Western Reserve University Frances Payne Bolton School of Nursing Cleveland, OH	Adjunct Professor
September 1984-May 1986	Free Medical Clinic	Mental Health Counselor

IX. Honors and Awards

Date	Name of Award	Institution/Organization
2014	Scholar of the Month	Kent State University
2011	Who's Who in Medicine and Healthcare	Marquis Who's Who
2007	Hyundai Motors American Scholar	American Nurses Foundation
1999	American Nurses Foundation Scholar	American Nurses Foundation
1995	Ellis Merit Award	Case Western Reserve University
1992	Dean's Scholar Award	Case Western Reserve University
1986	Linnea Henderson Award	Kent State University
1984	David B. Smith Fellowship	Kent State University
1984	NIMH Traineeship	National Institute of Mental Health
1982	Summa Cum Laude	Kent State University
1976	Valedictorian	St. Alexis Hospital School of Nursing

X. Funded Research

Gere, J., **Umberger, W.**, & Cichy, K. (April, 2019 – March, 2023). *Accuracy and bias in chronic non-cancer pain patients' and their partners' daily perceptions*. \$1,474,260. National Institute of Nursing Research. (Role: Co-I) **In review.**

Umberger, W., & Risko, J. (May, 2013 - May, 2014). *Tailoring an intervention for adolescents living with parental chronic pain*. \$1,927. Kent State University Research Council. (Role: PI)

Lewandowski, W., & Jacobson, A.F. (March, 2011 - November, 2012). *Pilot study of guided imagery effects for total knee replacement*. \$23,763. Ohio Board of Regents Research Incentive. (Role: Co-PI)

Lewandowski W., & Jacobson, A.F. (March, 2011 - April, 2014). *Pilot study of guided imagery effects for total knee replacement*. \$1,500. Sigma Theta Tau Delta Xi Chapter. (Role: Co-PI)

Jacobson, A.F & **Lewandowski, W.** (March, 2011 - December, 2012). *Pilot study of guided imagery effects for total knee replacement*. \$4,988. Sigma Theta Tau International. (Role: Co-PI)

Jacobson, A., **Lewandowski, W.**, Palmieri, P., Myerscough, R., & Draucker, C. (March, 2011 - April, 2014). *Factors Affecting Guided Imagery Response in Total Knee Replacement*. \$566,366. National Institute of Health. (Role: Co-I)

Jacobson, A.F & **Lewandowski, W.** (September, 2010 - April, 2014). *Pilot study of guided imagery effects for total knee replacement.* \$1,500. Kent State University College of Nursing Dean's Research Award. (Role: Co-PI)

Lewandowski, W. & Jacobson, A. (September, 2010 - April, 2012). *Pilot study of guided imagery effects for total knee replacement.* \$10,000. Collaborative Health Research Award, Kent State University. (Role: Co-PI)

Jacobson, A. & **Lewandowski, W.** (July, 2010 - April, 2014). *Pilot study of guided imagery effects for total knee replacement.* \$3,000. Laboone-Steporche Research Fund, Kent State University College of Nursing. (Role: Co-PI)

Palmieri, P., Jacobson, A., **Lewandowski, W.**, & Myerscough, R. (June, 2010 - December, 2011). *Pilot study of guided imagery effects for total knee replacement.* \$15,331. Summa Health Systems. (Role: Co-I)

Jacobson, A. & **Lewandowski, W.** (April, 2010 - April, 2014). *Pilot study of guided imagery effects for total knee replacement.* \$3,500. Kent State University Research Council. (Role: Co-PI)

Lewandowski, W., Jacobson, A., Alexander, T., & Zeller, R. (November, 2007 - November, 2009). *Guided imagery and chronic non-cancer pain: Effects on neuroendocrine and immune functioning.* \$51,786. Kent State University Research Council and Kent State University College of Nursing. (Role: PI)

Lewandowski, W., Jacobson, A., Alexander, T., & Zeller, R. (September, 2007 - March, 2009). *Guided imagery and chronic non-cancer pain: Effects on neuroendocrine and immune functioning.* \$7,500. American Nurses Foundation. (Role: PI)

Lewandowski, W., Calabro, M., Drew, B., & Risko, J. (July, 2007 - July, 2010). *Living with parents experiencing chronic nonmalignant pain: Perspectives of their adult children.* \$1800. Delta Xi Chapter Sigma Theta Tau. (Role: PI)

Lewandowski, W., Jacobson, A., Alexander, T., & Zeller, R. (May, 2007 - December, 2008). *Guided imagery and chronic non-cancer pain: Effects on neuroendocrine and immune functioning.* \$8,000. Summa Center for the Treatment and Study of Traumatic Stress. (Role: PI)

Lewandowski, W., Calabro, M., Drew, B., Risko, J. (February, 2007 - April, 2010). *Living with parents experiencing chronic nonmalignant pain: Perspectives of their adult children.* \$2466. Kent State University Research Council. (Role: PI)

Ross, R., Draucker, C., **Lewandowski, W.**, Chiang-Hanisko, L., & Martsolf, D. (March, 2007 - March, 2008). *Experiences of advanced practice nurses (APNs) in caring for men*

and women who have experienced sexual violence. \$1,500. Dean's Faculty Research Incentive Grant, College of Nursing, Kent State University. (Role: Co-I)

Lewandowski, W. (June, 2007 - August, 2007). *Living with parents experiencing chronic nonmalignant pain: Perspectives of their adult children.* \$6500. Kent State University Research and Graduate Studies. (Role: PI)

Lewandowski, W. (April, 2006 - December, 2008). *A systematic review of clinically focused CNS practice as reported in published literature, conference proceedings and dissertation/thesis abstracts.* \$1500. National Association of Clinical Nurse Specialists. (Role: PI)

Lewandowski, W., Draucker, C., Covington, E., Good, M., Scheman, J., & Zeller. (October, 2005 - October, 2006). *Changing the chronic pain experience with guided imagery: Is β -endorphin a mediating variable?* \$1000.00. Dean's Incentive Research Grant, Kent State University College of Nursing. (Role: PI)

Lewandowski, W. (June, 2003 - August, 2003). *Patterning of pain with guided imagery: Qualitative analysis of pain descriptions.* \$6500.00. Kent State University Research and Graduate Studies. (Role: PI)

Lewandowski, W. (September, 1999 - September, 2000). *Patterning of pain and power with guided imagery: An experimental design with persons experiencing chronic pain.* \$3500. American Nurses Foundation, Grant #99-71. (Role: PI)

XI. Unfunded Research

Williams, K., & **Umberger, W.** (October, 2018 – October, 2020). *School-based opioid and suicide risk screening using SBIRT and MI therapy: An intervention study.* \$100,000. American Foundation for Suicide Prevention. (Role: Co-I)

Kingsley, J.D., Gunstad, J., & **Umberger, W.** (April, 2015 – May, 2016). *Cognition in women with fibromyalgia and/or chronic fatigue syndrome.* Kent State University Research Council. (Role: Co-I)

Jacobson, A., **Lewandowski, W.,** Palmieri, P., & Myerscough, R. (June, 2010). *Pilot study of guided imagery effects for total knee replacement.* \$5,000. Sigma Theta Tau International. (Role: Co-PI)

Palmieri, P., Jacobson, A., **Lewandowski, W.,** & Alexander, T. (December, 2009). *Pilot study of guided imagery effects for total knee replacement.* \$27,399.00. Summa Health Systems. (Role: Co-I)

Lewandowski, W., Jacobson, A., Draucker, C., & Alexander, T. (July, 2009). *Changing the chronic pain experience with guided imagery: A mixed methods study.* \$1,724,972. National Institute of Nursing Research. (Role: PI)

Jacobson, A., **Lewandowski, W.**, Palmieri, P., Myerscough, R., & Draucker, C. (July, 2008). *Factors Affecting Guided Imagery Response in Total Knee Replacement*. \$584,796. National Institute of Health. (Role: Co-I)

Draucker, C., **Lewandowski, W.**, Martsof, D., & Drew, B. (February, 2008). *Pathways of adolescent depression: Development of a mid-range theory*. \$1,461,264. National Institute of Nursing Research. (Role: Co-I)

Lewandowski, W., Jacobson, A., Alexander, T., & Zeller, R. (July, 2007). *Guided imagery and chronic non-cancer pain: Effects on neuroendocrine and immune functioning*. \$19,426. American Pain Society. (Role: PI)

Lewandowski, W., Jacobson, A., Draucker, C., & Zeller, R. (July, 2006). *Changing the chronic pain experience with guided imagery: A mixed methods study*. \$1,366,159.00. National Institute of Nursing Research. (Role: PI)

Lewandowski, W., Draucker, C., Covington, E., Good, M., Scheman, J., & Zeller. (October, 2005). *Changing the chronic pain experience with guided imagery: Is β -endorphin a mediating variable?* \$58,948.00. Ohio Board of Regents Research Challenge, Kent State University Research and Graduate Studies. (Role: PI)

Lewandowski, W., Draucker, C., & Zeller, R. (June, 2005). *Changing the chronic pain experience with guided imagery: A mixed methods study*. \$1,475,244.00. National Institute of Nursing Research. (Role: PI)

Lewandowski, W. (May, 1986). *The family of the cancer patient: Nursing behaviors with family members throughout the course of living with cancer*. Thesis, Kent State University.

XII. Training Grants

Onesko, L., & **Umberger, W.** (August, 2018 – August, 2020). *JONAS scholars*. \$10,000. JONAS Nursing and Veterans Healthcare. **Funded**. (Role: Co-I)

Williams, K., & **Umberger, W.** (July, 2018 - July, 2019). *Advanced practice psychiatric mental health nursing*. \$15,000. Ohio Department of Mental Health. **Funded**. (Role: Co-I)

Umberger, W., Warner-Stidham, A., & Williams, K. (September, 2017 – September, 2021). *Building interdisciplinary teams and preparing psychiatric mental health (PMH) nurse practitioners to provide PMH treatment in integrated primary care settings*. \$1,128,868.10. Health Resources and Services Administration. **Funded**. (Role: Co-PI)

Williams, K., & **Umberger, W.** (July, 2017 - July, 2018). *Advanced practice psychiatric mental health nursing*. \$15,000. Ohio Department of Mental Health. **Funded**. (Role: Co-I)

Umberger, W., & Drew, B. (January 2017 – December 31, 2018). *Expanding the base of advanced practice PMH nursing in northeast Ohio.* \$70,000. The Margaret Clark Morgan Foundation. **Funded.** (Role: Co-PI)

Drew, B., **Umberger, W.,** & Echeverry, L. (January 2017 – December 31, 2018). *Margaret Clark Morgan Foundation Scholar Program.* \$30,000. The Margaret Clark Morgan Foundation. **Funded.** (Role: Co-I)

Drew, B., & **Umberger, W.** (July, 2016 - July, 2017). *Advanced practice psychiatric mental health nursing.* \$15,000. Ohio Department of Mental Health. **Funded.** (Role: Co-I)

Drew, B., **Umberger, W.,** & Fisher, J. (July, 2016 – July, 2017). *FY2016 MEDTAPP Healthcare Access Expansion Project.* \$58,133.80. Ohio Medicare Technical Assistance & Policy Program (MEDTAPP) Healthcare Access Initiative. **Funded.** (Role: Co-I)

Drew, B., & **Umberger, W.** (July, 2015 - July, 2016). *Advanced practice psychiatric mental health nursing.* \$15,000. Ohio Department of Mental Health. **Funded.** (Role: Co-I)

Drew, B., & **Umberger, W.** (November, 2015 – July, 2016). *FY2016 MEDTAPP Healthcare Access Expansion Project.* \$45,550. Ohio Medicare Technical Assistance & Policy Program (MEDTAPP) Healthcare Access Initiative. **Funded.** (Role: Co-I)

Umberger, W., & Drew, B. (July, 2015 - July, 2017). *Advanced practice psychiatric mental health nursing.* \$89,470. Ohio Medicare Technical Assistance & Policy Program (MEDTAPP) Healthcare Access Initiative. **Funded.** (Role: PI)

Drew, B., & **Umberger, W.** (July, 2014 - July, 2015). *Advanced practice psychiatric mental health nursing.* \$15,000. Ohio Department of Mental Health. **Funded.** (Role: Co-I)

Umberger, W., Webster, S., & Drew, B. (November, 2013 – November, 2015). *Expanding the base of advanced practice psychiatric mental health nursing in northeast Ohio.* \$70,000. Margaret Clark Morgan Foundation. **Funded.** (Role: Co-PI)

Umberger, W., & Drew, B. (July, 2013 - July, 2015). *Advanced practice psychiatric mental health nursing.* \$139,439.62. Ohio Medicare Technical Assistance & Policy Program (MEDTAPP) Healthcare Access Initiative. **Funded.** (Role: Co-PI)

Drew, B., & **Umberger, W.** (July, 2013 - July, 2014). *Advanced practice psychiatric mental health nursing.* \$15,000. Ohio Department of Mental Health. **Funded.** (Role: Co-I)

Drew, B., & **Umberger, W.** (July, 2012 - July, 2013). *Advanced practice psychiatric mental health nursing*. \$15,000. Ohio Department of Mental Health. **Funded.** (Role: Co-I)

Umberger, W., & Drew, B. (March, 2012 - July, 2013). *Preparing Advanced Practice Psychiatric Mental Health Nurses for Providing Mental Health Services in High Need and Non-Traditional Settings*. \$97,363. Ohio Medicare Technical Assistance & Policy Program (MEDTAPP) Healthcare Access Initiative. **Funded.** (Role: Co-PI)

Drew, B., & **Lewandowski, W.** (July, 2011 - July, 2012). *Advanced practice psychiatric mental health nursing*. \$15,000. Ohio Department of Mental Health. **Funded.** (Role: Co-I)

Lewandowski, W., & Drew, B. (July, 2011 - July, 2013). *Expanding the base of advanced practice psychiatric mental health nursing in northeast Ohio*. \$100,000. Margaret Clark Morgan Foundation. **Funded.** (Role: Co-PI)

Lewandowski, W., Dzurec, L., Drew, B., & Webster, S. (December, 2008 – July, 2011). *Advanced practice psychiatric mental health nursing*. \$66,000. Margaret Clark Morgan Foundation. **Funded.** (Role: Co-PI)

XIII. Peer Reviewed Publications

Shahrour, G., **Umberger, W.**, & Delahanty, S. (in review, 2018). Cognitive and emotional empathy in adolescents with ADHD: Are comorbidities, gender, and parental acceptance-rejection important factors?

Hamash, K., **Umberger, W.**, Aktas, A., Walsh, D., & Cheruvu, V. (in review, 2018). The effect of constipation and pain on the psychoneurological symptom cluster and performance in women diagnosed with advanced breast cancer.

Umberger, W., Draucker, C., & Jacobson, A. (in review, 2018). Guided imagery for total knee replacement: Audiobook placebo treatment provides attention control and benefit.

Hamash, K., **Umberger, W.**, Aktas, A., Walsh, D., & Cheruvu, V. (in press, 2018). The effect of the pain symptom cluster on performance in women diagnosed with advanced breast cancer: The mediating role of the psychoneurological symptom cluster. *Pain Management Nursing*.

Umberger, W. (2017). Community mental health. In J. Fitzpatrick & M. Wallace (Eds.), *Encyclopedia of nursing research* (4th ed.). New York: Springer Publishing.

Jacobson, A.F., **Umberger, W.A.**, Palmieri, P.A., Alexander, T.S., Myerscough, R. P., Draucker, C. B., Steudte-Schmiedgen, S., & Kirschbaum, C. (2016). Guided imagery for total knee replacement: A randomized placebo-controlled pilot study. *The Journal of Alternative and complementary Medicine*, 22, 563-575.

Umberger, W., & Risko, J. (2016). 'It didn't kill me. It just made me stronger and wiser: Silver linings for children and adolescents of parents with chronic pain. *Archives of Psychiatric Nursing*, 30, 138-143.

Draucker, C.B., Jacobson, A., **Umberger, W.**, Myerscough, R., & Sanata, J. (2015). Acceptability of a guided imagery intervention for individuals undergoing a total knee replacement. *Journal of Orthopedic Nursing*, 34, 356-364.

Umberger, W., Risko, J., & Covington, E. (2015). The forgotten ones: Needs of children and adolescents living with parental chronic non-cancer pain. *Journal of Pediatric Nursing*, 30, 498-507.

Umberger, W., Martsolf, D., Jacobson, A., Risko, J., Patterson, M., & Calabro, M. (2014). Ways of understanding parental chronic pain: A typology. *Pain Management Nursing*, 15, 854-863.

Umberger, W. (2014). Children of parents with chronic non-cancer pain: A comprehensive review of the literature. *Journal of Child and Adolescent Psychiatric Nursing*, 27, 26-34.

Umberger, W., Martsolf, D., Jacobson, A., Risko, J., Patterson, M., & Calabro, M. (2013). The shroud: Ways adolescents manage living with parental chronic pain. *Journal of Nursing Scholarship*, 45, 344-354.

Lewandowski, W. & Jacobson, A. (2013). Bridging the gap between mind and body: A bio-behavioral model of the effects of guided imagery on pain, pain disability, and depression. *Pain Management Nursing*, 14, 368-378.

Posadzki, P., **Lewandowski, W.**, Rohini, T, Ernst, E., & Stearns, A. (2012). Guided imagery for non-musculoskeletal pain: A systematic review of randomized clinical trials. *The Journal of Pain and Symptom Management*, 44 95-104.

Umberger, W., & Higgins, M. (2012). Culture. In W. Mohr (Ed.), *Psychiatric-Mental Health Nursing* (8th ed.) (pp. 93-115). New York: Lippincott, Williams & Wilkins.

Lewandowski, W. (2012). Family theories and interventions. In W. Mohr (Ed.), *Psychiatric-Mental Health Nursing* (8th ed.) (pp. 265-382). New York: Lippincott, Williams & Wilkins.

Lewandowski, W. (2012). Community mental health. In J. Fitzpatrick & M. Wallace (Eds.), *Encyclopedia of nursing research* (3rd ed.) (pp. 77-79). New York: Springer Publishing.

Lewandowski, W., Jacobson, A., Palmieri, P., Alexander, T., & Zeller, R. (2011). Biological mechanisms related to the effectiveness of guided imagery for chronic pain. *Biological Research for Nursing*, 14, 364-375.

Jacobson, A., **Lewandowski, W.**, Palmieri, P., & Myerscough, R. (2011). Feasibility trial of guided imagery and control interventions in mock subjects. *Applied Nursing Research*, 24, 45-52.

Ross, R., Draucker, C., Martsof, D., Adamle, K., Chiang-Hanisko, L., & **Lewandowski, W.** (2010). The bridge: Providing nursing care for survivors. *Journal of the American Academy of Nurse Practitioner*, 22, 361-368.

Lewandowski, W. & Adamle, K. (2009). Substantive areas of clinical nurse specialist practice: A comprehensive review. *Clinical Nurse Specialist: The Journal of Advanced Practice Nursing*, 23(2), 73-90.

Lewandowski, W. (2008). Family theories and interventions. In W. Mohr (Ed.), *Psychiatric-Mental Health Nursing* (7th ed.), (pp.261-279). New York: Lippincott, Williams & Wilkins.

Lewandowski, W., Morris, R., Draucker, C., & Risko, J. (2007). Chronic pain and the family: Theory-driven treatment approaches. *Issues in Mental Health Nursing*, 28, 1019-1043.

Lewandowski, W. & Good, M. (2007). Chronic pain: A nursing perspective. In D. Beltrutti, S. Kreitler, A. Lamberto, & D. Niv. (Eds.), *Handbook of chronic pain*, (pp. 361-378). New York: Springer Publishing.

Lewandowski, W. (2006). Psychological factors in chronic benign pain: Implications for pain assessment and treatment planning. *Directions in Psychiatric Nursing*, 12(2), 21-31.

Lewandowski, W., Good, M., & Draucker, C. (2005). Changes in the meaning of pain with guided imagery. *Pain Management Nursing*, 6(2), 58-67.

Lewandowski, W. (2005). Community mental health. In J. Fitzpatrick & M. Wallace (Eds.), *Encyclopedia of nursing research* (2nd ed.), (pp. 95-97). New York: Springer Publishing.

Lewandowski, W. (2004). Patterning of pain and power with guided imagery. *Nursing Science Quarterly*, 17, 233-241.

Lewandowski, W. (2004). Psychological factors in chronic pain: A worthwhile undertaking for nursing? *Archives of Psychiatric Nursing*, 18(3), 97-105.

Lewandowski, W. (1996). Crisis intervention. In S. Lego (Ed.), *Handbook of psychiatric nursing* (2nd ed.), (pp. 73-79). Philadelphia: J.B. Lippincott Company.

Lewandowski, W. (1996). Designing a crisis intervention unit. In S. Lego (Ed.), *Handbook of psychiatric nursing* (2nd ed.), pp. 353-359. Philadelphia: J.B. Lippincott Company.

Youngblut, J.M., **Lewandowski, W.**, Casper, G.R., & Youngblut, W. (1994). Vibration in metal and non-metal incubators. *Biomedical Instrumentation & Technology*, 28, 476-480.

Sabo, K.A., Kraay, C., Rudy, E., Abraham, T., Bender, M., **Lewandowski, W.**, Lombardo, B., Turk, M., & Dawson, D. (1989). ICU family support group sessions: Family members' perceived benefits. *Applied Nursing Research*, 2, 82-89.

Lewandowski, W., & Jones, S. (1988). The family with cancer: Nursing interventions throughout the course of living with cancer. *Cancer Nursing*, 11, 313-321.

McClish, D.K., Russo, A., Franklin, C., Jackson, D., **Lewandowski, W.A.**, & Alcover, I. (1985). Profile of medical ICU vs. ward patients in an acute care hospital. *Critical Care Medicine*, 13, 381-386.

Lewandowski, W.A., Daly, B., McClish, D.K., Juknialis, M.A., & Youngner, S.J. (1985). Treatment and care of 'do not resuscitate' patients in a medical intensive care unit. *Heart & Lung*, 14, 175-181.

Youngner, S.J., **Lewandowski, W.A.**, McClish, D.K., Juknialis, M.A., Coulton, C., & Bartlett, E.T. (1985). 'Do not resuscitate' orders: Incidence and implications in a medical intensive care unit. *JAMA*, 253, 54-57.

XIV. Research Presentations

Umberger, W., Draucker, C., & Jacobson, A. (April, 2018). Guided imagery for total knee replacement: Audiobook placebo treatment provides attention control and benefit, *accepted* poster presentation at the Midwest Nursing Research Society Conference, Cleveland, OH.

Risko, J., **Umberger, W.**, Stephenson, P., & Benaz, G. (April, 2018). A leap of faith: Adolescent experiences in an intensive interdisciplinary pediatric chronic pain rehabilitation program, poster presentation at the Midwest Nursing Research Society Conference, Cleveland, OH.

Hamash, K., Umberger, W., Aktas, A., Walsh, D., & Cheruvu, Vinay. (October, 2017). *Pain symptom cluster's (SC) effect on the psychoneurological SC and performance in advanced breast cancer*, paper presentation at the 44th Sigma Theta Tau International Biennial Convention, Indianapolis, IN.

Risko, J., & **Umberger, W.** (2016, May). *"It didn't kill me. It just made me stronger and wiser": Resiliency and growth in children living with a parent with chronic pain*, poster presentation at University Hospital of Cleveland Nurse's Week Celebration, Cleveland, OH.

Jacobson, A.F., **Umberger, W.**, Draucker, C., Myerscough, B.R., Schneiter, R., & Sanata, J. (2015, May). *Guided imagery intervention for total knee replacement: Patient perceptions*, poster presentation at National Association of Orthopaedic Nurses 35th Annual Congress, Nashville, TN.

Umberger, W., Risko, J., & Covington, E. (2015, April). *The forgotten ones: Challenges and needs of children living with disabling parental chronic non-cancer pain*, poster presentation at the 11th Annual Cleveland Clinic Nursing Research Conference, Cleveland, OH.

Risko, J., & **Umberger, W.** (2015, April). *"It didn't kill me. It just made me stronger and wiser": Resiliency and growth in children living with a parent with chronic pain*, poster presentation at the 11th Annual Cleveland Clinic Nursing Research Conference, Cleveland OH.

Umberger, W., Jacobson, A.F., Alexander, T., Palmieri, P., Kirschbaum, C., Steudte-Schmiedgen, S. (2015, April). *A longitudinal study on the effect of guided imagery on long-term cortisol secretion for persons undergoing total knee replacement*, paper presentation at the Midwest Nursing Research Society Conference, Indianapolis, IN.

Jacobson, A.F., **Umberger, W.A.**, Palmieri, P., Draucker, C., & Myerscough, R. (2015, April). *Mixed methods, feasibility pilot of guided imagery for total knee replacement*, paper presentation at the Midwest Nursing Research Society Conference, Indianapolis, IN.

Risko, J., & **Umberger, W.** (2015, April). *"It didn't kill me. It just made me stronger and wiser": Resiliency and growth in children living with a parent with chronic pain*, poster presentation at the Midwest Nursing Research Society Conference, Indianapolis, IN.

Sanata, J., Draucker, C., Jacobson, A., **Umberger, W.**, & Myerscough, R., (2015, April). *Acceptability, benefits, burdens, and feasibility of a guided imagery intervention for persons undergoing a total knee replacement*, paper presentation at the 2015 Kent State University Graduate Research Symposium, Kent, OH.

Sanata, J., Draucker, C., Jacobson, A., **Umberger, W.**, & Myerscough, R., (2015, April). *Patient experience in a mixed methods pilot study of guided imagery vs placebo intervention*, poster presentation at the 2015 Charting the Course for New Knowledge, Innovations, and Improvements Conference, Akron, OH.

Jacobson, A.F., **Umberger, W.A.**, & Davis, J. (2015, January). *Mixed method design increases information yield from a randomized controlled trial of guided imagery*, paper

presentation at the 2014-2015 Engagement Series, Kent State University College of Nursing.

Jacobson, A.F., **Umberger, W.A.**, Draucker, C.B., Myerscough, R., & Davis, J. (2014, October). *Mixed method design increases information yield from a randomized controlled trial of guided imagery*, paper presentation at 20th Qualitative Health Research Conference, Victoria, British Columbia, Canada.

Umberger, W., Risko, J., & Covington, E. (2014, September). *The forgotten ones: Needs of children living with parental chronic pain*, poster presentation at the Council for the Advancement of Nursing Science, Washington, DC.

Huffman, K. L., Mathews, M., Sweis, G. W., Shella, E., Taton, V. M., **Umberger, W.**, Scheman, J., & Covington, E. C. (2014, May). *Suboxone decreases the odds of opioid resumption in patients with opioid addiction following treatment in a chronic pain rehabilitation program including opioid weaning*, poster presentation at the 33rd American Pain Society Annual Scientific Meeting, Tampa, FL.

Umberger, W., Martsolf, D., Jacobson, A., Risko, J., Patterson, M., & Calabro, M. (2013, May). *Ways adolescents manage living with parental pain: A typology*, **invited** paper presentation at the Delta Xi Chapter Sigma Theta Tau Fall Program, Kent State University, Kent, OH.

Umberger, W., Martsolf, D., Jacobson, A., Risko, J., Patterson, M., & Calabro, M. (2013, March). *Ways adolescents understand parental pain: A typology*, paper presentation at the Midwest Nursing Research Society Annual Meeting, Chicago, IL.

Umberger, W., Martsolf, D., Jacobson, A., Risko, J., Calabro, M., & Patterson, M. (2012, September). *Ways adolescents manage living with a parent experiencing chronic non-cancer pain*, paper presentation at the Council for the Advancement of Nursing Science, Washington, DC.

Lewandowski, W. & Jacobson, A. (2012, March). *Bridging the gap between mind and body: A biobehavioral model of the effects of guided imagery on pain, pain disability, and depression*, poster presentation at the International Society of Psychiatric Nursing Annual Meeting, Atlanta, GA.

Jacobson, A., **Lewandowski, W.**, Draucker, C., Palmieri, P., Kepley, R., Alexander, T., Myerscough, R., & Speering, L. (2012, March). *Biobehavioral model for a mixed method pilot/feasibility study of guided imagery effects in total knee replacement*, poster presentation at the Midwest Nursing Research Society Annual Meeting, Dearborn, MI.

Lewandowski, W. (2011, March). *Living with parents experiencing chronic pain: Perspectives of their adult children*, paper presentation at the Midwest Nursing Research Society Annual Meeting, Columbus, OH.

Lewandowski, W. & Jacobson, A. (2010, November). *Bridging the gap between mind and body: A biobehavioral model of the effects of guided imagery on pain, pain disability, and depression*, poster presentation at Cytokines in the Sand - The Links between Stress, Inflammation, & Disease Conference, Clearwater, FL.

Lewandowski, W. & Jacobson, A. (2010, November). *Bridging the gap between mind and body: A biobehavioral model of the effects of guided imagery on pain, pain disability, and depression*, poster presentation at No Health Without Mental Health Conference, Kent State University College of Nursing, Kent, OH.

Lewandowski, W., Jacobson, A., Zeller, R., & Alexander, T. (2010, November). *Biological mechanisms related to the effectiveness of guided imagery for chronic pain*, poster presentation at No Health Without Mental Health Conference, Kent State University College of Nursing, Kent, OH.

Lewandowski, W., Jacobson, A., Zeller, R., & Alexander, T. (2009, October). *Guided imagery and chronic non-cancer pain: Effects on neuroendocrine and neuroimmune functioning*, paper presentation at the 23rd Annual American Psychiatric Nurses Association Conference, Charleston, SC.

Lewandowski, W., Jacobson, A., Zeller, R., & Alexander, T. (2009, September). *Biological mechanisms related to the effectiveness of guided imagery for chronic pain*, poster presentation at Summa Research Forum, Akron, OH.

Lewandowski, W., Jacobson, A., Zeller, R., & Alexander, T. (2009, March). *Guided imagery and chronic non-cancer pain: Effects on neuroendocrine and neuroimmune functioning*, paper presentation at the Midwest Nursing Research Society Annual Meeting, Minneapolis, MN.

Ross, R., Draucker, C., Martsof, D., Adamle, K., Chiang-Hanisko, L., & **Lewandowski, W.** (2009, March). *The bridge: Providing nursing care for survivors*, paper presentation at the Midwest Nursing Research Society Annual Meeting, Minneapolis, MN.

Lewandowski, W. (2008, November). *Changing the chronic pain experience with guided imagery: Research and practice implications*, **invited** paper presentation at Delta Xi Chapter Sigma Theta Tau Fall Program, Kent State University, Kent, OH.

Lewandowski, W. (2008, November). *Guided imagery in pain*, **invited** paper presentation at the 11th Annual Innovations in Neuroscience Nursing, Cleveland Clinic Foundation, Cleveland, OH.

Ross, R., Adamle, K., Chiang-Hanisko, L., Martsof, D., **Lewandowski, W.**, & Draucker, C. (2008, March). *Routine screening for sexual violence in hospitalized patients: Nurse managers' perspectives*, paper presentation at the Midwest Nursing Research Society 32nd Annual Conference, Indianapolis, IN.

Ross, R, Adamle, K., Chiang-Hanisko, L., Martsof, D., **Lewandowski, W.**, & Draucker, C. (2007, April). *Routine screening for sexual violence in hospitalized patients: Nurse managers' perspectives*, poster presentation at Akron General Medical Center, Akron, OH.

Lewandowski, W. (2005, February). *Changes in the meaning of pain with the use of guided imagery*, paper presentation at the 6th International Interdisciplinary Conference Advances in Qualitative Methods, Edmonton, Alberta, Canada.

Lewandowski, W. (2004, March). *Changes in pain with the use of guided imagery*, poster presentation at the Midwest Nursing Research Society Annual Meeting, St. Louis, MO.

Lewandowski, W. (2003, April). *Patterning of pain and power with guided imagery: An experimental study with persons experiencing chronic pain*, paper presentation at the Midwest Nursing Research Society Annual Meeting, Grand Rapids, MI.

Lewandowski, W. (2006, July). *Mixed methods in clinical trials: Understanding the effects of guided imagery for chronic pain using a concurrent nested design*, paper presentation at the Sigma Theta Tau International 17th International Nursing Research Congress: Focusing on Evidence-Based Practice, Montreal Quebec.

Lewandowski, W. (2006, March). *Changes in the chronic pain experience with the use of guided imagery*, **invited** paper presentation at Andrews University, Sigma Theta Tau Eta Zeta Chapter, Spring Research Event, Berrien Springs, MI.

Lewandowski, W. (2005, November). *Changes in the meaning of pain with the use of guided imagery*, **invited** paper presentation at University Hospitals of Cleveland Nursing Grand Rounds, Cleveland, OH.

Lewandowski, W. (2005, April). *Changes in the meaning of pain with the use of guided imagery*, poster presentation at the 11th Annual Celebration of Scholarship, Kent, OH.

Lewandowski, W. (2005, February). *Changes in the meaning of pain with the use of guided imagery*, paper presentation at the 6th International Interdisciplinary Conference Advances in Qualitative Methods, Edmonton, Alberta, Canada.

Lewandowski, W. (2004, March). *Changes in pain with the use of guided imagery*, poster presentation at the Midwest Nursing Research Society Annual Meeting, St. Louis, MO.

Lewandowski, W. (2003, April). *Patterning of pain and power with guided imagery: An experimental study with persons experiencing chronic pain*, paper presentation at the Midwest Nursing Research Society Annual Meeting, Grand Rapids, MI.

Lewandowski, W. (2000, March). *Patterning of pain and power with guided imagery: An experimental study with persons experiencing chronic pain*, poster presentation at the Midwest Nursing Research Society Annual Meeting, Detroit, MI.

Sabo, K.A., Kraay, C., Rudy, E., Abraham, T., Bender, M., **Lewandowski, W.**, Lombardo, B., Turk, M., & Dawson, D. (1987, November). *Intensive care unit family support group session: Family members' perceived benefits*, poster presentation at the Second Annual Mellen Conference, Cleveland, OH.

Lewandowski, W. (1987, May). *The family with cancer: Nursing interventions throughout the course of living with cancer*, poster presentation at University Hospitals of Cleveland Nurses' Week.

Lewandowski, W., Youngner, S.J., McClish, D.K., Juknialis, M.A., Coulton, C., & Bartlett, E.T. (1984, May). *DNR orders in a MICU: Incidence and implications*, paper presentation at the 13th Annual Society of Critical Care Medicine Symposium, San Francisco, CA.

XV. Professional Presentations

Drew, B., & **Umberger, W.** (2015, February). *MEDTAPP: Workforce development and quality improvement initiatives for mothers and infants, older adults, and people with mental illness*, paper presentation at the 2014-2015 Engagement Series, Kent State University College of Nursing. (Accepted)

Umberger, W., Sedlak, C., & Washko, P. (2013, October). *Human subjects research: The nitty gritty of the IRB process before and after study implementation*, presentation at 2013-2014 Engagement Series, Kent State University College of Nursing, Kent, OH.

Umberger, W. (2013, August). *Pilot studies: Making the most of your time, energy, and resources*, presentation at PhD Bootcamp, Kent State University, College of Nursing, Kent, OH.

Horton-Deutsch, S., **Umberger, W.**, Love, R., Soltis-Jarrett, V., & Thomas, D. (2013, April). *Dancing with the changes: Advocating for and transitioning our advanced practice psychiatric nursing workforce*, paper presentation at the International Society of Psychiatric Nursing Annual Meeting, Atlanta, GA.

Umberger, W. (2013, March). *Incorporating neuroendocrine variables into biobehavioral research models*, **invited** paper presentation at the University of Cincinnati College of Nursing, Cincinnati, OH.

Umberger, W., Drew, B., Webster, S., Kenney-Murphy, B., & Carroll, E. (2013, March). *Planning and implementation of a Psychiatric Mental Health Family Nurse Practitioner concentration: Meeting the priorities of the MEDTAPP Health Care Access Initiative*, poster presentation at the 11th All Ohio Institute on Community Psychiatry, Cleveland, OH.

Umberger, W., & Maleki, J. (2012, November). *Living with pain*, **invited** paper presentation at the 15th Annual Innovations in Neuroscience, Cleveland, OH.

Umberger, W. (2012, August). *Psychiatric mental health advanced practice nursing: Past, present and future*, **invited** paper presentation at the Case Western Community Psychiatry Fellowship Lecture Series, Cleveland, OH.

Jacobson, A., Sheehan, D., & **Umberger, W.** (2012, April). *The real world of conducting a research study: Life after funding*, panel discussion at the 2011-2012 Engagement Series, Kent State University, College of Nursing, Kent, OH.

Lewandowski, W. (2011, April). *Psychological factors related to the experience of chronic pain*, brown bag presentation at Kent State University College of Nursing, Kent, OH.

Lewandowski, W. (2010, July). *Mood disorders: A look at combination therapy*, **invited** paper presentation at the Neurological Institute Advanced Practice Nursing Conference, Cleveland Clinic Foundation, Cleveland, OH.

Lewandowski, W. (2010, April). *Substantive areas of clinical nurse specialist practice*, **invited** paper presentation at the annual Northeast Ohio Clinical Nurse Specialist Program Validation and Collaboration in CNS Practice, Cleveland, OH.

Lewandowski, W. & Imani, J. (2010, April). *Management of chronic pain: Current state of the science*, **invited** paper presentation at the Chronic Illness: Delivering Interpersonal Care Conference, University of Akron, Akron, OH.

Lewandowski, W. (2009, November). *Psychological factors related to the experience of chronic pain*, paper presentation at Stow-Glen Extended Care Facility, Stow, OH.

Lewandowski, W. & Jacobson, A. (2008, April). *Theory and validity aspects of intervention studies*, **invited** paper presentation at the Linnea Henderson Lecture Series, Kent State University College of Nursing, Kent, OH.

Lewandowski, W. (2007, March). *Describing and disseminating outcomes of CNS practice*, **invited** paper presentation at the National Association of Clinical Nurse Specialists 2007 Conference CNS Outcomes: Ensuring Safety and Quality, Phoenix, AZ.

Jacobson, A., Draucker, C., & **Lewandowski, W.** (2006, November). *Mixed methods in research*, **invited** paper presentation at the Linnea Henderson Lecture Series at Kent State University, College of Nursing, Kent, OH.

Lewandowski, W. (2002, October). *Alternative routes: Using complementary therapies. Dealing with painful issues*, **invited** paper presentation at the Third Annual Seminar,

Hospice of Visiting Nurse Service, Moving On: Using Pain as a Road to Healing, Akron, OH.

Lewandowski, W. (1987, November). *Families in crisis: An overview of theory and intervention*, **invited** paper presentation at the Second Annual Mellen Conference, Cleveland, OH.

Lewandowski, W. (1987, September). *Psychotherapy in the home setting: Some practice issues*, **invited** paper presentation at Kent State University College of Nursing, Kent, OH.

XVI. Selected Citations (English) – 2008-2018

Barreto, M., Garcia-Vivar, & Marcon, L. Methodological quality of grounded theory research with families living with chronic illness. *International Journal of African Nursing Sciences*, 8, 14-22.

Bay, S., Kuster, L., McLean, N., Byrnes, M., & Kuster, M.S. (2018). A systematic review of psychological interventions in total hip and knee arthroplasty. *BMC Musculoskeletal Disorders*, 19, 201-212.

Billquist, E.J., Michelfelder, A., Brincat, C., Brubaker, L., Fitzgerald, C.M., & Mueller, E.R. (2018). Pre-operative guided imagery in female pelvic medicine and reconstructive surgery: A randomized trial. *International Urogynecology Journal*, 29, 1117-1122.

Case, L.K., Jackson, P., & Kinkel, R. (2018). Guided imagery improves mood, fatigue, and quality of life in individuals with multiple sclerosis: An exploratory efficacy trial of healing light imagery. *Journal of Evidence-Based Integrative Medicine*, 23, 1-8.

Doody, O., Slevin, E., & Taggart, T. (2018). Families' perceptions of the contribution of intellectual disability clinical nurse specialists in Ireland. *Journal of Clinical Nursing*, 27, e80-e90.

Felix, M., Ferreira, M., Da Cruz, L., & Barbosa, M. (in press, 2018). Relaxation therapy with guided imagery for postoperative pain management: An integrative review. *Pain Management Nursing*.

Hadjibalassi, M., Lambrinou, E., Papstavrou, E., & Papathanassoglou, E. (2018). The effect of guided imagery on physiological and psychological outcomes of adult ICU patients: A systematic literature review and methodological implications. *Australian Critical Care*, 31, 73-86.

Jokiniemi, K., Meretoja, R., & Pietila, A. (in press, 2018). Constructing content validity of clinical nurse specialist core competencies: Exploratory sequential mixed-method study. *Scandinavian Journal of Caring Sciences*.

Srivali Teal, J., Rutledge, D., Robertson, S., & Cruz, E. (2018). Supportive care nursing clinical protocol incorporates holism in a public acute care hospital. *Holistic Nursing Practice, 32*, 182-188.

Swift, C., Hocking, C., Dickinson, A., Jones, M. (in press, 2018). Facilitating open family communication when a parent has chronic pain: A scoping review. *Scandinavian Journal of Occupational Therapy*.

Szeverenyi, C., Kekecs, Z., Johnson, Al., Elkins, G., Csernatony, Z., & Varga, K. (in press, 2018). The use of adjunct psychosocial interventions can decrease postoperative pain and improve quality of clinical care in orthopedic surgery: A systematic review and meta-analysis of randomized controlled trials. *The Journal of Pain*.

Tehan, R., Smith, C., Draucker, C., & Martsof, D. (2018). Use of a systematic consultation process to facilitate nursing research projects: An exemplar. *Clinical Nurse Specialist, 32*, 249-259.

Tick, H., Nielsen, A., Pelletier, K.R., Bonakdar, R., Simmons, S., Flich, R., Ratner, E., Lemmon, R.L., Way, P., & Zador, V. (2018) Evidence-based nonpharmacologic strategies for comprehensive pain care: The consortium pain task force white paper. *Explore, 14*, 177-211.

Westenberg, R.F., Zale, E.L., Heinhuis, T.J., Ozkan, S., Nazzal, A., Lee, S., Chen, N., & Vranceanu, A. (2018). Does a brief mindfulness exercise improved outcomes in upper extremity patients: A randomized controlled trial. *Clinical Orthopaedics and Related Research, 476*, 790-798.

Brosinski, C.M., Riddell, A.J., & Valdez, S.L. (2017). Improving triage accuracy: A staff development approach. *Clinical Nursing Specialist, 31*, 145-148.

Chad-Friedman, E., Talaei-Khoei, M., Ring, D., & Vranceanu, A. (2017). First use of a brief 60-second mindfulness exercise in an orthopedic surgical practice: Results from a pilot study. *The Archives of Bone and Joint Surgery, 5*, 400-405.

Lopatina, E., Donald, F., DiCenso, Al., Martin-Misener, R., Kilpatrick, K., Bryant-Lukosius, K., Carter, N., Reid, K., & Marshall, D.A. (2017). Economic evaluation of nurse practitioner and clinical nurse specialist roles: A methodological review. *International Journal of Nursing Studies, 72*, 71-82.

Polomano, R.C., Fillman, M., Giordano, N., Vallerand, Ap., Nicely, K.L., & Wiltse, K.L. (2017) Multimodal analgesia for acute postoperative and trauma-related pain. *American Journal of Nursing 117*, S12-S26.

Sastre-Fullana, P., Morales-Ascencio, J., Sese-Abad, A., Bennasar-Veny, M., Fernandez-Dominguez, J., & Pedro-Gomez, J. (2017). Advanced practice nursing competency assessment instrument (APNCAI): Clinimetric validation. *BMJ Open, 7*, 1-9.

Suba, S., Donesky, D., Scruth, E.A., & Carrieri-Kohlman, V. (2017). Association between clinical nurse specialist's presence and open visitation in US intensive care units. *Clinical Nurse Specialist, 31*, 30-35.

Akbari, F., Dehghani, M., Khatibi, A., & Vervoort, T. (2016). Incorporating family function into chronic pain disability: The role of catastrophizing. *Pain Research and Management, 1-9*.

Cheng, H. Y. (2016). Effects of a nurse-led heart failure clinic on hospital readmission and mortality in Hong Kong. *Journal of Geriatric Cardiology, 13*, 415-419.

Dobosz, Ł., Kaczor, M., & Stefaniak, T. J. (2016). Pain in pancreatic cancer: Review of medical and surgical remedies. *ANZ Journal of Surgery, 86*, 756-761.

Kilpatrick, K., Tchouaket, E., Carter, N., Bryant-Lukosius, D., & DiCenso, A. (2016). Structural and process factors that influence clinical nurse specialist role implementation. *Clinical Nurse Specialist, 30*, 89-100.

Kilpatrick, K., Tchouaket, E., Carter, N., Bryant-Lukosius, D., & DiCenso, A. (2016). Relationship between clinical nurse specialist role implementation, satisfaction, and intent to stay. *Clinical Nurse Specialist, 30*, 159-166.

Peerdeman, K. J., van Laarhoven, A. I., Keij, S. M., Vase, L., Rovers, M. M., Peters, M. L., & Evers, A. W. (2016). Relieving patients' pain with expectation interventions: A meta-analysis. *Pain, 157*, 1179-1191.

Pincus, D., & Sheikh, A. A. (2016). *Transformative imagery: Cultivating the imagination for healing, change, and growth*. Jessica Kingsley Publishers: Philadelphia, PA.

Saunders, M. M., Hale, D. L., & Harris, K. (2016). Clinical nurse specialists' perceptions of care for vulnerable patients. *Holistic nursing practice, 30*(2), 64-69.

Staples, E., Hannon, R., & Ray, S. L. (2016). *Canadian perspectives on advanced practice nursing*. Canadian Scholars' Press Inc: Toronto, Ontario.

Yafa, H., Rubinstein, D., & Riba, S. (2016). Gerontological nurse practitioners (GNPs) for the first time in Israel: Physicians' and nurses' attitudes. *Journal of the American Association of Nurse Practitioners, 28*, 415-422.

Bi, X., Moos, R. H., Timko, C., & Cronkite, R. C. (2015). Family conflict and somatic symptoms over 10 years: A growth mixture model analysis. *Journal of Psychosomatic Research, 78*, 459-465.

el-Guebaly, N. Carra, N., & Galanter, G. (2015). *Textbook of addiction treatment: International perspectives*. Springer: Milan, Italy.

Fulton, J. S., Mayo, A. M., Walker, J. A., & Urden, L. D. (2015). Core practice outcomes for clinical nurse specialists: A revalidation study. *Journal of Professional Nursing, 32*, 271-282.

Giacobbi, P. R., Stabler, M. E., Stewart, J., Jaeschke, A. M., Siebert, J. L., & Kelley, G. A. (2015). Guided imagery for arthritis and other rheumatic diseases: A systematic review of randomized controlled trials. *Pain Management Nursing, 16*, 792-803.

Higgins, K. S., Birnie, K. A., Chambers, C. T., Wilson, A. C., Caes, L., Clark, A. J., Lynch, M., Stinson, J., & Campbell-Yeo, M. (2015). Offspring of parents with chronic pain: A systematic review and meta-analysis of pain, health, psychological, and family outcomes. *Pain, 156*, 2256-2266.

Hibbert, D., & Al-Dossari, R. R. (2015). Developing enterostomal therapy as a nursing specialty in Saudi Arabia: Which model its best? *Gastrointestinal Nursing, 13*, 41-48.

Isensee, C., & Kröner-Herwig, B. (2015). Influence of social modeling and learning on somatic, emotional and functional disability in children with headache. *The Internet Journal of Pain, Symptom Control and Palliative Care, 10*, 1-14.

Jallo, N., Salyer, J., Ruiz, R. J., & French, E. (2015). Perceptions of guided imagery for stress management in pregnant African American women. *Archives of Psychiatric Nursing, 29*, 249-254.

Jenkins, L., & Hepburn, A. (2015). Children's sensations as interactional phenomena: A conversation analysis of children's expressions of pain and discomfort. *Qualitative Research in Psychology, 12*, 472-491.

Jokiniemi, K., Haatainen, K., Meretoja, R., & Pietilä, A. M. (2015). The future of the clinical nurse specialist role in Finland. *Journal of Nursing Scholarship, 47*, 78-86.

Jokiniemi, K., Haatainen, K., & Pietilä, A. M. (2015). From challenges to advanced practice registered nursing role development: Qualitative interview study. *International Journal of Nursing Practice, 21*, 896-903.

Kubes, L. F. (2015). Imagery for self-healing and integrative nursing practice. *American Journal of Nursing, 115*, 36-43.

Martsof, G. R., Auerbach, D. I., & Arifkhanova, A. (2015). *The impact of full practice authority for nurse practitioners and other advanced practice registered nurses in Ohio*. RAND Corporation: Santa Monica, CA.

Onieva-Zafra, M. D. (2015). The impact of Martha Rogers' nursing science in Spain. *Journal of Nursing and Care, 4*, 1-3.

Onieva-Zafra, M. D., García, L. H., & del Valle, M. G. (2015). Effectiveness of guided imagery relaxation on levels of pain and depression in patients diagnosed with fibromyalgia. *Holistic Nursing Practice*, 29, 13-21.

Rew, L. (2015). Adolescents of parents with chronic pain whose parents were 'shut off' report more hardship and feelings of distance than those with a more open relationship. *Evidence Based Nursing*, 18, 13.

Schlagel, L. C., & Jenko, M. (2015). Creating a caritas culture in a community hospital setting: A labor of love. *International Journal for Human Caring*, 19, 66-72.

Spiva, L., Hart, P. L., Gallagher, E., McVay, F., Garcia, M., Malley, K., Kadner, M., Segars, A., Brakovich, B., Horton, S.Y., & Smith, N. (2015). The effects of guided imagery on patients being weaned from mechanical ventilation. *Evidence-Based Complementary and Alternative Medicine*, 2015, 1-9.

Tracy, M. F., & Soltis, L. M. (2015). Role of the clinical nurse specialist in improving patient outcomes after cardiac surgery. *AACN Advanced Critical Care*, 26, 35-42.

Wilson, A. C., & Fales, J. L. (2015). Parenting in the context of chronic pain: A controlled study of parents with chronic pain. *The Clinical Journal of Pain*, 31, 689-698.

Adachi, T., Fujino, H., Nakae, A., Mashimo, T., & Sasaki, J. (2014). A meta-analysis of hypnosis for chronic pain problems: A comparison between hypnosis, standard care, and other psychological interventions. *International Journal of Clinical and Experimental Hypnosis*, 62, 1-28.

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Colwill, J. P., O'Rourke, C., Booher, L., Soat, M., Solomon, D., & Albert, N. M. (2014). Capture of knowledge work of clinical nurse specialists using a role tracking tool. *Clinical Nurse Specialist*, 28, 323-331.

Csaszar, N., Bagdi, P., Stoll, D. P., & Szoke, H. (2014). Pain and psychotherapy in the light of evidence of psychological treatment methods of chronic pain based on evidence. *Journal of Psychology and Psychotherapy*, 4, 145.

Culley, L., Law, C., Hudson, N., Denny, E., Mitchell, H., Baumgarten, M., & Raine-Fenning, N. (2014). The social and psychological impact of endometriosis on women's lives: a critical narrative review. *Human Reproduction Update*, 19, 625-639.

Czamanski-Cohen, J., Sarid, O., Huss, E., Ifergane, A., Niego, L., & Cwikel, J. (2014). CB-ART-The use of a hybrid cognitive behavioral and art based protocol for treating pain and symptoms accompanying coping with chronic illness. *The Arts in Psychotherapy, 41*, 320-328.

Dysvik, E., Kvaløy, J. T., & Furnes, B. (2014). A mixed-method study exploring suffering and alleviation in participants attending a chronic pain management programme. *Journal of Clinical Nursing, 23*, 865-876.

Fulton, J.S., Lyon, B.L., & Goudreau, K.A. (2014). *Foundations of clinical nurse specialist practice*. Springer: New York, NY.

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Kilpatrick, K., Kaasalainen, S., Donald, F., Reid, K., Carter, N., Bryant-Lukosius, D., ... & DiCenso, A. (2014). The effectiveness and cost-effectiveness of clinical nurse specialists in outpatient roles: A systematic review. *Journal of Evaluation in Clinical Practice, 20*, 1103-1123.

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Swift, C. M., Reed, K., & Hocking, C. (2014). A new perspective on family involvement in chronic pain management programmes. *Musculoskeletal Care, 12*, 47-55.

Edwardson, T., & Irvin, K. (2013). Key players in collaboration: Clinical nurse manager and clinical nurse specialist. *Nursing Management, 44*, 40-46.

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XVII. Dissertations, DNP Projects, Honors Theses

Date	Role	Department	Type	Student	Title of Study
2004	Committee Member	Nursing	Honors	Maureen Pike	Nursing students' pain management knowledge and attitudes across the curriculum
2006	Committee Chair	Nursing	Honors	Candace Wood	Impact of disclosure of childhood sexual abuse on depression and power in adult women
2006	Committee Member	Psychology	Dissertation	Stephen James	Do expectations and stereotype threat affect the cognitive test performance of people with schizophrenia?
2008	Committee Member	Nursing	Dissertation	Jennie Wood	Cognitive appraisal, coping behaviors, and decisional outcomes in women making a treatment decision for their increased risk of breast cancer
2009	Committee Member	Psychology	Dissertation	Emily Haigh	The relationship of rumination, negative mood, and decen-

					tering within a multi-level theory of mind
2012	Committee Member	Psychology	Dissertation	Crystal Gabert-Quillen	The efficacy of written emotional expression at reducing back and headache pain in college students
2013	Graduate Representative	Psychology	Dissertation	Rachel Hemphill	Disease-related collaboration and adjustment among couples coping with type 2 diabetes
2015	Graduate Representative	Psychology	Dissertation	Tracy Hammonds	The influence of the caregiver on healthcare outcomes in patients with chronic obstructive pulmonary disease
2015	Chair	Nursing	Dissertation	Kawther Hamash	The effect of pain symptom cluster on performance in women with advanced breast cancer: The mediating role of psychoneurological symptom cluster
2015	Member	Psychology	Dissertation	Edward Waldrep	Coping self-efficacy as a mechanism of resilience following traumatic injury: A linear growth model
2017	Member	Nursing	DNP Project	Deborah Cifani	Implementation of the University Hospitals Portage Medical Center falls bundle
2017	Member	Nursing	DNP Project	Ingrid Barcelona	

					Effects of dually certified APRN care to veterans
2017	Member	Nursing	DNP Project	Lynn Gaddis	New graduate APN fellowship program
2017	Chair	Nursing	Dissertation	Ghada Shahrour	Cognitive and affective empathy in adolescents with ADHD: Are comorbidities and parental acceptance-rejection important factors?
	Chair	Nursing	Dissertation	Nidal Harb	The effect of success stories on exercise self-efficacy, positive outcome expectations, and exercise adherence in cardiovascular patients in a cardiac rehabilitation program
2018	Chair	Nursing	Dissertation	Judy Risko	Adolescent experiences in an intensive interdisciplinary pediatric chronic pain rehabilitation treatment program
2018	Chair	Nursing	DNP Project	Eldora Lazaroff	Postnatal depression screening and practice implications
	Chair	Nursing	DNP Project	James Tudhope	Development and design of a competency-based curriculum for an integrated community

XVIII. Citizenship/Service

A. College of Nursing

Body	Dates	Role
Masters Curriculum Committee	2002-2004	Member
	2006-2007	Member
	2007-2008	Chair
	2008-2009	Member
Research Committee	2003-2007	Member
	2004-2006	Chair
	2010-2012	Member
Baccalaureate Admission & Progression Committee	2003-2006	Member
JDPN Council	2003-2015	Member
	2015-Present	Ex-officio
Search Committee, Tenure-Track Faculty	2005-2007	Member
	2012-2013	Member
	2014-2015	Member
	2015-2016	Chair
	2015-2016	Chair
	2015-2016	Chair
Search Committee, Associate Dean for Academics	2006-2007	Member
JPDN, Admission, Progression, and Graduation	2006-2013	Member
Graduate Admission, Progression, and Advising	2006-2011	Member
College Advisory Committee	2009-2015	Member
	2015-Present	Ex-officio
Reappointment, Promotion, Tenure Committee	2009-Present	Member
Coordinating Council Graduate	2011-2013	Member
Graduate Curriculum Committee	2011-2012	Member
	2012-2013	Chair

	2015-Present	Ex-officio
DNP Taskforce	2011-2012	Member
Academic Complaint Committee	2012-2013	Member
Baccalaureate Curriculum Committee	2014-2015	Member
Graduate Faculty Committee	2015-Present	Chair
NURS 10050 Revision Task Force	2014-2015	Member
College of Nursing Self Study Task Force	2014-2015	Member
Search Committee, RN to BSN Coordinator	2015-2016	Member
Search Committee, Grants Writer	2015-2016	Member
Search Committee, NTT Faculty	2015-2016 2015-2016 2016-2017 2016-2017	Member Member Member Chair
College of Nursing CIPR Taskforce	2015-2016	Member
College of Nursing CCNE Taskforce	2016-2018	Member
College of Nursing Opioid Taskforce	2017-Present	Member

B. Kent State University

Body	Dates	Role
Research Activity Appointments Review Committee University Research Council	Fall, 2003, 2007, 2013, 2014	Member Moderator
University Requirements Curriculum Committee	2003-2004	Member
Enrollment Planning Committee	2004-2006	Member
Institutional Review Board	2010-Present	Member
Initiative for Clinical and Translational Research Collaborative health Research Awards Committee	2010-2011 2011-2012	Member Member

All University Hearing Board	2011-2014	Member
Provost's Advisory Committee	2011-2012	Member
Joint KSU/NEOUCOM Research Work Group	2011-2012	Member
University Research Council	2012-2015	Member
Promotion Advisory Board	2013-2013 2015-2016	Member Member
Conflict of Interest Committee	2014-Present	Member
Tenure Advisory Board	2014-2015	Member
Undergraduate Research Symposium	2015-2016 2017-2018	Judge Judge
Graduate Research Symposium	2015-2016 2017-2018	Judge Judge
Administrative Review Committee for Dean Alemagno	2015-2016	Member
Institutional Review Board Policy Committee	2015-Present	Member
President's Administrative Council	2015-Present	Member
Graduate Studies Administrative Advisory Council	2015-Present	Member
Associate and Assistant Deans Council	2015-2017	Member
Graduate Deans Administrative Council	2015-Present	Member
Chairs and Directors	2015-Present	Member

C. Professional Organizations

Body	Dates	Role
Sigma Theta Tau Delta Xi Chapter	1982-Present	Member
Midwest Nursing Research Society		

Pain and Symptom Management Research Section	1996-Present	Member
<i>Archives of Psychiatric Nursing</i> Elsevier B.V. Publishing	2002-Present	Ad Hoc Reviewer
<i>Journal of the American Psychiatric Nurses Association</i> Sage Journals	2002-Present	Ad Hoc Reviewer
<i>Journal of Psychiatric and Mental Health Nursing</i> Wiley	2002-Present	Ad Hoc Reviewer
Sigma Theta Tau Delta Xi Chapter Research Committee	2005-2009	Chair
Cleveland Clinic Foundation Chronic Pain Rehabilitation Program Steering Committee	2004-2015	Member
American Psychiatric Nurses Association Nominating Committee	2005-2007	Member
Akron General Medical Center Institutional Review Board	2006-2010	Member
<i>European Journal of Pain</i> Wiley	2010-Present	Ad Hoc Reviewer
Cleveland Clinic Foundation Chronic Pain Rehabilitation Research Committee	2011-2014	Member
International Association for Psychiatric Nurses LACE Implementation Task Force	2011-2013	Chair
LACE Network Group American Association of College of Nursing	2012-2018	Member
PEPID, LLC	2012-2015	Board Member
International Society for Psychiatric Nurses Website Design/Management Committee	2013-2016	Member
International Society for Psychiatric Nurses CONNECTIONS: LACE Updates	2013-Present	Column Author
<i>Pain Management Nursing</i> Elsevier B.V. Publishing	2013-Present	Editorial Board
<i>Journal of Child and Adolescent Behavior</i>	2014-Present	

OMICS Publishing Group		Ad Hoc Reviewer
<i>Journal of Pediatric Nursing</i> Elsevier B.V. Publishing	2010-4-Present	Ad Hoc Reviewer
<i>Western Journal of Nursing Research</i> Sage Publications	2014-Present	Ad Hoc Reviewer
Council for the Advancement of Nursing Science 2014 CANS Conference, Washington D.C.	2014	Abstract Reviewer
Midwest Nursing Research Society	2014-2015	Grant Reviewer
Northeast Ohio Nursing Initiative (NEONI) Steering Committee	2015-Present	Member
<i>Disability and Rehabilitation</i> Taylor & Francis	2016-Present	Ad Hoc Reviewer
Dean's Roundtable	2015-Present	Member

XIX. Consultations

Northeast Ohio Medical University (2017). Community expert for BSMD Summer Community Health Practicum. *Opioid addiction and deaths in Portage County.*

Sage Publications (2014). Reviewed text, *Family therapy: Models and techniques.*

University of Cincinnati (2013). *Submission of R21 to the NIH: Feasibility study of intervention to enhance health behaviors in teens having experienced dating violence.*

University of Cincinnati (2013). *Integrating biological variables into bio-behavioral research designs.*

University of Cincinnati (2013). *Developing a graduate psychiatric mental health family nurse practitioner program targeting MEDTAPP funding.*

Cleveland Clinic Foundation (2012). *Screening for iatrogenic addiction in persons with chronic non-cancer pain in a Chronic Pain Rehabilitation Program.*

Cuyahoga Falls Pain Management Program (2010). *Development of an integrative therapy program for persons with chronic non-cancer pain.*

Cleveland Clinic Foundation (2009). *Implementing integrative therapies for persons with chronic non-cancer pain.*

Cleveland Clinic Foundation (2008-2009). *Program evaluation of “aftercare” for persons completing the Chronic Pain Rehabilitation Program.*

Jones & Bartlett Publishers (2008). Developed test bank questions for *Creative nursing leadership and management.*

Jones & Bartlett Publishers (2008). Developed test bank questions for *Nursing research. Reading, using, and creating evidence.*

Jones & Bartlett Publishers (2008). Developed test bank questions for *Psychiatric mental health nursing. An introduction to theory and practice.*

Pleasant View Extended Care Facility. (2007-2008). *Meeting the psychiatric mental health needs of older adults.*

Lippincott Williams & Wilkins. (2007). Reviewed text, *Psychiatric nursing: Contemporary practice.*

XX. Courses Taught at KSU (Last 8 Years)

Semester-Year	Name	Level	Delivery
Summer-2010, 2011, 2012, 2014, 2014	NURS 40030 Psychiatric Mental Health Nursing Care	BSN	Face-to-face
Spring-2010, 2011, 2012	NURS 60001/60004 Individual Psychotherapy	MSN	Face-to-face
Fall-2010	NURS 60003 Consultation Liaison Nursing	MSN	Face-to-face
Fall-2010	NURS 66692 PMHN Practicum III	MSN	Face-to-face
Spring-2010 Fall-2011, 2012, 2013, 2014, 2015	NURS 61003/61006/60051 Neurobiology and Psychopharmacology of Major Psychiatric Disorders	MSN DNP	Face-to-face Online (since 2011)
Spring-2010	NURS 65592 PMHN Practicum II	MSN	Face-to-face
Spring-2017	NURS 70725 Quantitative Research Methods in Nursing	PhD	Face-to-face

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